

CONTENTS

| | |
|--|-----|
| List of Abbreviations | ix |
| Introduction | 1 |
| Chapter 1. This Is How a Movement Begins | 11 |
| Chapter 2. To Wage Our Own War of Liberation | 42 |
| Chapter 3. Consumers Who Understand Hunger and Joblessness | 71 |
| Chapter 4. More Mutual Respect than Ever in Our History | 106 |
| Chapter 5. A Natural Alliance of Poor People | 140 |
| Conclusion | 167 |
| Notes | 173 |
| Bibliography | 195 |
| Index | 209 |
| Acknowledgments | 221 |

This page intentionally left blank