

List of Illustrations

- o.1. Yanira and a Spanish apprentice 2
- o.2. Professional midwifery student teaches a group of traditional midwives using dolls as props 11
- o.3. Traditional midwife with the baby and placenta model she has sewn by hand 12
 - 1.1. Sofia 30
 - 1.2. Liliana 31
 - 1.3. One example of artwork circulated through online networks by humanized-birth proponents (artist unknown) 35
 - 1.4. Mealtime entertainment for binational policy forum attendees 39
 - 1.5. Medicinal plants on display in the laboratory 40
 - 1.6. Herbal balms and shampoos for sale in the pharmacy 41
 - 1.7. Doña Eugenia 48
 - 1.8. Center for the Development of Traditional Indigenous Medicine 50
 - 1.9. *Temascal* 51
 - 1.10. Don Israel 52
 - 1.11. Doña Agustina giving a “*sobada*” (traditional massage) 53
 - 1.12. Having a cup of hot chocolate in the kitchen before bedtime 56
 - 1.13. After a baptism at which Doña Eugenia was “*la madrina*” (godmother) 57
- 2.1. The lobby of the private hospital dedicated to the integration of natural and holistic healing 67

- 2.2. Social networks: A gathering of families whose children were born via humanized birth **71**
- 2.3. Yasmin and her third son, born in water at a home birth. A staunch advocate of breastfeeding, Yasmin is wearing a shirt with the word “supply” across her chest while her son wears a matching shirt with the word “demand” across his chest. **76**
- 2.4. Pediatrician suction newborn’s mouth in the first minutes after birth **77**
- 2.5. Newborn tangled in measuring tape after post-birth evaluation by pediatrician **78**
- 2.6. Cesarean section in a public hospital **79**
- 2.7. From left to right: Josefa with Timoteo and Tobías, Tomás, and Celia **81**
- 2.8. The “bedroom” portion of the birthing suite at Dr. García’s clinic **88**
- 3.1. Panoramic views of San Miguel de Allende (photo 1) **108**
- 3.2. Panoramic views of San Miguel de Allende (photo 2) **109**
- 3.3. Flor and a fellow professional midwifery student, with a baby whose birth she attended **111**
- 3.4. Fermin preparing to perform an ultrasound on an indigenous patient **124**
- 3.5. Doña Eugenia listening to fetal sounds **127**
- 3.6. Doña Eugenia during a postnatal visit with a mother whose birth she attended **127**
- 3.7. Doña Eugenia, godmother and guest of honor at a baptismal banquet **129**
- 4.1. Meeting of Secretariat of Health officials about professional midwifery in public hospitals **132**
- 4.2. Anesthesiologist teaches professional midwife how to deliver medication through an IV drip **134**
- 4.3. Medical personnel teaching workshop in Zongólica, Veracruz **139**
- 4.4. Traditional midwives in attendance at the workshop **140**
- 4.5. Workshop on sexual and reproductive health, “required” by Oportunidades **144**
- 4.6. The area in her home that Pamela uses to attend births **150**

- 5.1. Dr. Maricelda with photos of the children whose births she has attended 157
- 5.2. Dr. García's garden-view birthing suite with Jacuzzi, skylight, and fountain 159
- 5.3. Participants at the workshop on "Traditional Mexican Midwifery" 168
- 5.4. Participants on a boat headed for a beach restaurant where the workshop was held that day 169
- 5.5. Using *rebozos* to manipulate the shape of the birth canal by applying pressure to the pelvis 169
- 5.6. Participants watching, filming, and photographing Adeli prepare herbal cosmetic balms 169
- 5.7. From left to right: Sagrario, María del Carmen, and Ignacio 175
- 5.8. Verónica's father-in-law talking to his son through the cell phone on the end of the wooden post 176
- 5.9. Verónica receives a prenatal exam from Sagrario and another professional midwife 177
- 5.10. Searching for María del Carmen and Ignacio's cabin in the woods 178
- 5.11. Ignacio helps María del Carmen sit up in the bedroom portion of the cabin 179
- 5.12. The inside of María del Carmen and Ignacio's cabin; their children and family members 179
- 6.1. Doña Eugenia preparing an IV to administer postnatal vitamin solution 194

THIS PAGE INTENTIONALLY LEFT BLANK