Thirty-Eighth Annual AOA Research Conference Abstracts, 1994: Addendum

The following abstracts were inadvertently omitted from the abstracts published in the August and September issues of JAOA.

Biomedical Sciences—Slide Presentation 026

Osteopathic Examination of the HIV-Positive Patient

ANTHONY H. DEKKER, D.O., Professor/Chairman, Department of Family Medicine, University of Health Sciences College of Osteopathic Medicine, Kansas City, Mo

Osteopathic physicians, in particular, need to become more aware of not only appropriate medical evaluation and care of HIV positive patients, but also the special osteopathic findings and modalities in treating this patient population. Inherent with the HIV infection are disease patterns and opportunistic infections that reflect pathology in the musculoskeletal system. Additionally, a holistic approach to this patient population is most appropriate as issues of medical, emotional, social, spiritual and financial aspects play an important role in the quality of life.

The pathogenesis of HIV infection includes not only the dysfunction of the immune system, but also a series of multisystem changes in the patient. These systems are intimately related to lymphatic flow, the foundational issue in Osteopathic medicine. The Osteopathic examination of the HIV-infected patient will be discussed in detail and specific findings will be discussed. Additionally, therapeutic modalities including lymphatic pump, general mobilization, and correction of osteopathic lesions will be reviewed.

The osteopathic physician's role in this patient population will be emphasized.

Biomedical Sciences—Poster Session P43

LASER-ASSISTED UVULOPALATOPLASTY (LAUP) FOR SNORING AND SLEEP DISORDERS

Thomas E. Turcotte, D.O., Charles A. Amenta, M.D. Olympia Fields Osteopathic Hospital & Medical Center, Olympia Fields, Illinois

Laser-assisted uvulopalatoplasty (LAUP) is a clinic procedure performed under local anesthesia. Its indications include "heroic" snoring and obstructive sleep apnea (OSA). LAUP has significant advantages over Uvulopalatopharyngoplasty (UPPP)—an older operating room procedure requiring general anesthesia with the same indications as LAUP. LAUP involves much less pain since the final anatomic result is achieved in stages. Patients typically can return to work in a day following LAUP. UPPP patients typically require two weeks or more. LAUP is about 90% effective in relieving snoring and about 50% effective in improving OSA. A laser is required—CO₂ or YAG. A good safety profile has been demonstrated.

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