JAOA **federal update**

From HHS

Adult urinary incontinence guidelines issued

The US Agency for Health Care Policy and Research has issued guidelines for treating patients having urinary incontinence. These federal guidelines de-emphasize surgery as the initial treatment of choice.

Instead, physicians are advised to recommend treatments such as bladder-retaining, pelvic muscle–control exercises and medication. The guidelines were written by a 15-member panel of physicians appointed by the agency. These guidelines were written after panel members reviewed more than 7000 studies and held a public hearing to determine needs, current practices, and technologies used to treat this disorder. Peer-reviewed, the guidelines were tested in clinical settings before being finalized.

Earlier this year, similar guidelines were issued for postoperative pain management.

Physicians may obtain a free copy of the urinary incontinence and postoperative pain management guidelines by calling (800) 358-9295, or writing AHCPR Publications Clearinghouse, PO Box 8547, Silver Spring, MD 20907.

American Osteopathic Association—Continuing Medical Education

CERTIFICATION OF HOME STUDY

This is to certify that I, _____
(Please print)

completed the following activity for AOA CME credits.

Type of activity
(such as reading or listening): _____

Name of journal(s) or audiotape and date(s) of issue(s):

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(One-half CREDIT may be granted for each issue or tape)

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The **Home Study** form is intended to document individual reading of recognized scientific journals, listening to approved audio tapes, and other approved home study courses and programs under the criteria described for Category 2-B.

Only one type of home study, such as reading, should be indicated on a single form, though multiple issues of scientific journals may be listed.

This form should not be used, however, when CME quiz application forms and answer sheets for the AOA journal are submitted separately.

FOR OFFICE USE ONLY

Category 2-B Credits _____

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KEEP A DUPLICATE FOR YOUR RECORDS!

Please refer to the revised CME GUIDE for additional information.