CONTENTS

Preface vii Acknowledgments xv

Introduction 1

SECTION 1. INTERPRETIVE ACTING OUT

- Containing, Translating, and Interpretive Acting Out:
 The Quest for Therapeutic Balance 11
- 2. Slippery When Wet: The Imperfect Art of Interpretation $\,\,$ 33
- 3. Interpretive Acting Out: Unavoidable and Sometimes Useful 54
 - 4. Enactments, Interactions, and Interpretations 77

SECTION 2. DIFFICULT AND JAGGED: IMPERFECT CLINICAL SITUATIONS

- 5. Kleinian Couple's Treatment: A Complicated Case 99
 - 6. Failures, Successes, and Question Marks 122

vi Contents

SECTION 3. THE EMOTIONAL FOXHOLE

- 7. Different Ways of Controlling the Object 147
- 8. Taming, Restoring, and Rebuilding, or Sealing Off, Burying, and Eliminating the Object: Two Ways of Controlling the Other 162
- 9. Two Varieties of Psychic Retreat: The Struggle with Combined Paranoid and Depressive Conflicts 184
 - 10. Trapped in an Emotional Foxhole: Coping with Paranoid and Depressive Conflicts 205

Discussion 223
Bibliography 233
Index 239