

# CONTENTS

*Acknowledgments ix*

*Note on Transliteration xiii*

PROLOGUE: THE BRACELET

1

**1** SETTING UP: YOGA'S FLEXIBLE FORMS

3

**2** CONDUCTING MASS PRACTICE: INDIA'S  
VISION FOR YOGA

47

**3** ALIGNING BOTH HANDS: YOGA IN INDIAN FICTION

83

**4** ASSUMING CORPSE POSE: YOGA IN U.S.  
POPULAR CULTURE

113

**5** BENDING OVER BACKWARD: YOGA'S  
PRECARIOUS WORK  
141

**6** FRAMING NEW PARTS: YOGA THROUGH  
DIASPORIC CRITIQUE  
176

**7** LYING OUT: SPECTRAL YOGA  
208

EPILOGUE: THE MOON  
213

*Notes* 217

*Bibliography* 255

*Index* 281