

# Contents

List of Figures	v
Notes on Contributors	vi
Acknowledgements	ix
Introduction: Rhythm and Vigilance <i>Vita Peacock</i>	1
<b>PART I Care and Wellbeing</b>	
1 Watching Our Selves: Fitness and Mindfulness as Practices of Self-Monitoring in Britain <i>Mikkel Keni Bruun</i>	25
2 'I Don't Have Time to Watch Everybody': Location-Based Monitoring, Timescapes, and Family Life in Germany <i>Claire Elisabeth Dungey</i>	43
3 Tinkering with Time and Technologies in Dementia Care <i>Astrid Meyer, Stinne Aaløkke Ballegaard, and Anders Albrechtslund</i>	61
<b>PART II Real-Time Monitoring</b>	
4 Divergent Temporal Dynamics and Time Work Among Delivery Workers in Denmark and Malta <i>Kalle Kusk</i>	85
5 Uncertain Times: Citizen App and Temporalities of Personalized Security in New York City <i>Alice McAlpine-Riddell</i>	99
6 Synchronizing Orbits and Deep Learning Algorithms: Satellite Surveillance and Civil Sea Rescue Missions in the Mediterranean <i>Andreas Stoiber</i>	116
7 Surveillance in Small Acts: Health Code Rituals during the COVID-19 Pandemic in Xiamen, China <i>Karolina Kupinska</i>	137

**PART III Systems Past, Present, and Future**

8	Privacy as Unfolding: German <i>Netzpolitik</i> and the Legacy of Colonial Registration <i>Vita Peacock</i>	159
9	Playtime: Monitoring and Surveillance in NFT Sociality <i>Matan Shapiro</i>	178
10	Growth's Imagination: Startups and the Cruel Intimacy of the Internet's Business Model <i>Lake Polan</i>	196
	Afterword: Watching, Waiting, Speculating <i>Sun-ha Hong</i>	216
	Index	225