

Contents

Preface ix

Introduction: The Human Brain and Climate Change 1

Part 1: Neural Origins

- 1 Brain Evolution and the Anthropocene 13
- 2 Brain Rewards as a Design for Learning 24
- 3 The Universe of Human Rewards 55
- 4 Biophilia and the Brain 76

Part 2: The Twenty-First-Century Brain

- 5 An Acceleration of Consumption 97
- 6 Which Behaviors Matter Most 121

Part 3: Changing the Brain

- 7 Behaviors That Are Easy and Hard to Change 149
 - 8 Strategies for Pro-Environmental Shifts 164
 - 9 The Green Children's Hospital 205
- Conclusion: A Sustainable Brain 237

Notes 249 *Acknowledgments* 305 *Index* 307

