

Contents



List of Illustrations vii

Introduction 3

First Course: Foodstuffs

- 1 Divine Food: Making and Tasting Honey in the *Cantigas de Santa Maria* 29
RYAN D. GILES
- 2 European Perspectives on the *Olla podrida* and Other Early Modern Spanish Fare 45
CAROLYN NADEAU
- 3 The Politics of the Origins of Maize 69
JOHN SLATER

Second Course: What to Eat and How

- 4 Dietetic Prescriptions for the Ruling Elite of the Kingdom of Navarra during the First Half of the Sixteenth Century: The Cases of Juan Rena and Juan de Alarcón 97
FERNANDO SERRANO LARRÁYOZ
- 5 Etiquette on the Stage: Spanish Renaissance Theatre and the History of Manners (Juan del Enzina and Lucas Fernández) 121
JULIO VÉLEZ-SAINZ

- 6 Celestial and Transgressive Banquets in the Theatre of the Spanish Golden Age 139

FREDERICK A. DE ARMAS

Third Course: Modern Appetites and Culinary Fashions

- 7 Extravagant Appetites, Hunger, and Identity: Food in Bourbon Spain 177

JAMES MANDRELL

- 8 The Representation of Gastronomy and Urbanity in the Journalistic Articles of Mariano José de Larra (1808–1837): Analysis of a Modern Perspective 202

ÍÑIGO SÁNCHEZ-LLAMA

- 9 The Meaning of Meals in Benito Pérez Galdós's *El amigo Manso* 225

DOROTA HENEGHAN

- 10 The Palate of Memory: Gastronomy and Cultural Critique in Manuel Vázquez Montalbán 247

JOSÉ COLMEIRO

Contributors 279

Index 283