Contents

Acknowledgments vii

Introduction 3	
Food Discourse and Francoist Spain: The State of the Scholarship 7	
Franco and Fascism 9	
Francoist Discourse and Control 10	
Francoist Biopolitics and Food 12	
Food Discourse and Resistance 15	
Censorship in Franco's Spain: Resistance, Oversight, and Food Texts	17
Overview of This Book: Autarky, Gender, and Centralist	
Nationalism 20	

- Food Discourse and the Production of Autarkic Subjectivities 26

 Eat More Oranges 28

 A Taste for Rice 34

 An Appetite for Culinary Patriotism 43

 Food Shortages and Culinary Abundance 48

 No Place at the Table for Hunger 51

 Pro-official Cookbooks in Times of Hunger 53

 Providing an Account of Hunger in Cookbooks 61

 Francoist Food Discourse: Autarky, Hunger, and Culinary

 Patriotism 69
- Beyond the Kitchen: Food Texts, Gender, and Compliance in Franco Spain 70
 Writing Women Back Into the Kitchen 70
 Constructing Subservient Subjectivities through Cookbooks 75
 Cookery Instruction and the Authority of the Sección Femenina 78
 The Authority of Modernity 81

vi Contents

Ana María Herrera and Manual de cocina: The Invisible Author 84
Sección Femenina Cookery Manuals and the Professional Domestic 89
The Gendering of Gastronomy: Sección Femenina and La Marquesa de Parabere 92
Breaking the Mould: Non-official Cookbooks 95
Mi recetario de cocina: Sarrau's Authorial Persona Emerges 100
La futura ama de casa: Constructing a Modern Spanish
Womanhood 102
A Broader Narrative of Franco-Era Cookbooks: Obedience and

A Broader Narrative of Franco-Era Cookbooks: Obedience and Resistance 103

3 A Recipe for Spain: The Production of a Unified Gastronomic Space and the Gendering of Gastronomy 105
Establishing the Borders of Spanish Food Culture 107
The Gendering of Gastronomy and Food Discourse 109
The Production of a Unified Gastronomic Space 110
The Male Gastronome and National Unity: Erasing Regional
Difference 115

Guía gastronómica de España: The Eradication of Regional Diversity and the Exclusion of Women 120 Cookbooks and Regional Ingredients in the National Recipe 124 Isabel de Trévis and the Authority of Male Gastronomes 130 Doménech's Food Discourse and Nationalism 134 Regional Cuisines: Minimized and Co-opted 138

Conclusion 139
Notes 147
Works Cited 155

Index 167