

CONTENTS

<i>List of Illustrations</i>	ix
<i>Acknowledgments</i>	xiii
INTRODUCTION Tabletop Politics	3
Methodology: Fascism as Magnifying Glass	6
Mapping the Political Landscape	9
Narrative Trajectory	11
Book Overview	12
CHAPTER ONE Towards an Autarkic Italy	15
Birth More Infants, Farm More Food: Women's (Re)productivity under Fascism	16
Food Production for the National Body	30
Domestic Industry, Architecture, and Design	38
Autarky Elsewhere: Nazi Germany and Stalinist Russia	43
CHAPTER TWO Agricultural Labour and the Fight for Taste	47
Speed and Productivity in Rural Propaganda	49
Constructing Consent: From <i>Ricettari</i> to Photocollages	59
Who Were the <i>Mondine</i> ?	64
Culinary Protest Songs	71
Foraging and Food Theft	75
From Culinary to Political Resistance	79
Speeding Seasons, Rationalized Rurality, and the Flower of Revolt	83
CHAPTER THREE Raising Children on the Factory Line	87
Taylorist Breastfeeding and the Industrialization of Motherhood	89
Perugina: A Woman-Founded Factory under Fascism	97

The Industrial Biography of Luisa Spagnoli	102
The Perugina Factory I: Rationalized Production	108
The Perugina Factory II: Nurseries and Cafeterias	112
Industrial Artisans: The Paradox of Cottage Industry	115
Entrepreneurism in the Time of Fascism	117
CHAPTER FOUR Recipes for Exceptional Times	119
Merging Home and Home Front	122
Paths to Professionalization for Cookbook Authors	127
Narrating the Food Sanctions	133
How Wartime Privation Shaped Cooking and Taste	146
Translating Domestic Policy into Recipes	151
CHAPTER FIVE Model Fascist Kitchens	153
Rationalist Architecture in the Home	158
Shrinking Kitchens, Expanding Living Rooms	163
Hygiene: The Meaning of Gleam	167
Electric Servants for the Modern Hostess	169
Taylorist Work Triangles in Frankfurt Kitchens	178
Storage Space and the Meaning of Mess	185
Cooking Fire Protests in Public Housing Projects	190
The Problem with Rationalism	200
CONCLUSION From Feeding Fascism to Eating Mussolini	205
Americanization and the Economic Boom	207
Two Shifts: Industrial Food Products, Domestic Workforce	208
Agricultural Labour from Neorealism to Eataly	212
Debates in Italian Food and Politics	214
<i>A Note to Future Researchers</i>	217
<i>Notes</i>	225
<i>Bibliography</i>	247
<i>Index</i>	263