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Luca Argenton, Psychologist and Ph.D. candidate at the University of Milano-Bicocca, he conducts research, training and consultancy in both sports and business field. His research interests include: flow, networked flow, positive leadership and talent development. With Marisa Muzio, he is the Project Leader of Flow For Excellence, a multi-professional network focused on the management and the development of human capital in competitive environments.

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Franco Cesaro, graduated in pedagogy, he is a freelancer in consulting personnel management in small and medium enterprises in North Italy. With his company, Cesaro and associated, he works for the promotion of the quality of social relations and of daily well-being in the workplace of small family-businesses. The model of the Flow of Consciousness is central to his method of work for over 25 years.

Mihalyi Csikszentmihalyi, is one of the fathers of Positive Psychology. He is known for his work in the study of happiness and creativity, but is best known as the architect of the notion of Flow of Consciousness and for his years of research and writing on the topic. He is the author of many books and over 120 articles or book chapters. His model inspired hundred of researcher all over the world to deal with positive psychology and to consider subjective well-being as a main variable in their domain of study.

Barbara Diana, Psychologist, she got her PhD at the University of Milano-Bicocca and she currently is a contract professor for the same institution. She collaborates with CESCO (Center for

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Marisa Muzio, Psychologist and former athlete of the National Swimming Team, she has integrated teaching and University research with both Sport and Organizational psychology. In 1996 with Sandro Gamba—Hall of Fame, former National Basketball CT—she organized the first Master of Sport Psychology in Italy. She has been working on the topic of flow for many years, creating Flow for Excellence, a multi-professional network focused on the management and the development of human capital in competitive environments.

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Nicola Rainisio Psychologist, PhD in Psychobiology, he collaborate since 2008 with the Research Group of Social Psychology of the University of Milan. His research interests concern the relationship between subjective well-being and the environment, and the implications that these relations may have on individual daily experience, social events and cultural transmission.

Eleonora Riva, Psychologist and Psychoterapist, Ph.D, in Psychology of communication and language, is Assistant Professor of Social Psychology at the University of Milan. Her research projects deal with the relation among subjective experience, culture and evolutionary processes. She is also Director of the School of Specialization in Transcultural Psychotherapy of Milan.

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ing in educational video games. Recent works include *Engaging Youth in Schools: Evidence-Based Models to Guide Future Innovations* (NSSE, Teachers College, Columbia University, 2014, with Janine Bempechat), and *Optimal Learning Environments to Promote Student Engagement* (Springer, 2013).