

Contents

List of Illustrations	ix
Introduction: Empowering Women for Health <i>Gita Sen</i>	i
SECTION ONE. SOCIOCULTURAL, EDUCATIONAL, AND HEALTH SERVICE INTERVENTIONS AS TOOLS OF EMPOWERMENT	
Introduction <i>Dallas Swendeman and Paula Tavrow</i>	19
1. Taking Services to the Doorstep: Providing Rural Indian Women Greater Control over Their Fertility <i>Pallavi Gupta, Kirti Iyengar, and Sharad Iyengar</i>	29
2. Obstetric Fistula in Kenya: A Holistic Model of Outreach, Treatment, and Reintegration <i>Lindsey Pollaczek, Paula Tavrow, and Habiba Mohamed</i>	57
3. Pathways to Choice: Delaying Age of Marriage through Girls' Education in Northern Nigeria <i>Daniel Perlman, Fatima Adamu, Mairo Mandara, Olorukooba Abiola, David Cao, and Malcolm Potts</i>	72

4. Early Empowerment: The Evolution and Practice of Girls’
“Boot Camps” in Kenya and Haiti

Karen Austrian, Judith Bruce, and M. Catherine Maternowska

93
5. Empowerment and HIV Risk Reduction among Sex
Workers in Bangladesh

Victor Robinson, Theresa Y. Hwang, and Elisa Martínez

117
6. Gender Roles in U.S. Women with HIV: Intersection with
Psychological and Physical Health Outcomes

*Leslie R. Brody, Sannisha K. Dale, Gwendolyn A. Kelso,
Ruth C. Cruise, Kathleen M. Weber, Lynissa R. Stokes, and
Mardge H. Cohen*

138
7. Examining the Impact of a Masculinities-Based HIV
Prevention and Antiviolence Program in Limpopo and
Eastern Cape, South Africa

*Shari L. Dworkin, Abigail M. Hatcher, Christopher Colvin, and
Dean Peacock*

159

SECTION TWO. STRUCTURAL (LEGAL/POLICY, ECONOMIC) INTERVENTIONS AS TOOLS OF EMPOWERMENT

- Introduction

*Shelly Grabe, Sheri Weiser, Shari L. Dworkin, Joanna Weinberg,
and Lara Stemple*

179
8. Empowering Adolescent Girls and Women for
Improved Sexual Health in Zimbabwe: Lessons
Learned from a Combined Livelihoods and Life Skills
Intervention (SHAZ!)

Megan S. Dunbar and Imelda Mudekunya-Mahaka

190
9. Is Microfinance Coupled with Gender Training Empowering
for Women? Lessons from the IMAGE Process Evaluation
in Rural South Africa

*Abigail M. Hatcher, Jacques de Wet, Christopher Bonell,
Godfrey Phetla, Vicki Strange, Paul Pronyk, Julia Kim, Linda
Morison, Charlotte Watts, John Porter, and James R. Hargreaves*

210

10. Older U.S. Women's Economic Security, Health, and Empowerment: The Fight against Opponents of Social Security, Medicare, and Medicaid	232
<i>Carroll L. Estes</i>	
11. Women's Health and Empowerment after the Decriminalization of Abortion in Mexico City	251
<i>Gustavo Ortiz Millán</i>	
12. Impact of a Grassroots Property Rights Program on Women's Empowerment in Rural Kenya	267
<i>Kate Grünke-Horton and Shari L. Dworkin</i>	
13. Land Tenure and Women's Empowerment and Health: A Programmatic Evaluation of Structural Change in Nicaragua	291
<i>Shelly Grabe, Anjali Dutt, and Carlos Arenas</i>	
Conclusions: A Twenty-First-Century Agenda for Women's Empowerment and Health	308
<i>Shari L. Dworkin and Lara Stemple</i>	
List of Contributors	317
Index	325

