

*Nile Nightshade*

CALIFORNIA STUDIES IN FOOD AND CULTURE

*Darra Goldstein, Editor*

# *Nile Nightshade*

---

AN EGYPTIAN CULINARY HISTORY  
OF THE TOMATO

*Anny Gaul*



UNIVERSITY OF CALIFORNIA PRESS

University of California Press  
Oakland, California

© 2025 by Anny Gaul

All rights reserved.

Library of Congress Cataloging-in-Publication Data

Names: Gaul, Anny, author  
Title: Nile nightshade : an Egyptian culinary history of the tomato /  
Anny Gaul.  
Other titles: California studies in food and culture 87.  
Description: Oakland, California : University of California Press, [2025] |  
Series: California studies in food and culture ; vol 87 | Includes  
bibliographical references and index.  
Identifiers: LCCN 2025026631 (print) | LCCN 2025026632 (ebook) |  
ISBN 9780520409132 cloth | ISBN 9780520409149 paperback |  
ISBN 9780520409156 ebook  
Subjects: LCSH: Cooking (Tomatoes) | Cooking, Egyptian | Tomatoes—  
Social aspects—Egypt  
Classification: LCC TX803.T6 G38 2025 (print) | LCC TX803.T6 (ebook) |  
DDC 641.6/56420962—dc23/eng/20250702  
LC record available at <https://lcn.loc.gov/2025026631>  
LC ebook record available at <https://lcn.loc.gov/2025026632>

Manufactured in the United States of America

GPSR Authorized Representative: Easy Access System Europe, Mustamäe tee  
50, 10621 Tallinn, Estonia, [gpsr.requests@easproject.com](mailto:gpsr.requests@easproject.com)

34 33 32 31 30 29 28 27 26 25  
10 9 8 7 6 5 4 3 2 1

publication supported by a grant from  
**The Community Foundation for Greater New Haven**  
as part of the *Urban Haven Project*



*For those who feed us*

