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# Ginkgetin inhibits proliferation of human leukemia cells via the TNF- $\alpha$ signaling pathway

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Abstract: Ginkgetin is known to be an anticancer agent in many studies. However, its effectiveness in treating chronic lymphoblastic leukemia (CLL) remains unknown. The present study aimed to evaluate the effects of ginkgetin on the growth of the K562 cell line. The MTT assay was employed to examine the proliferation of K562, and a terminal deoxynucleotidyl transferase-mediated deoxyuridine triphosphate nick end labeling (TUNEL) staining was conducted to detect the apoptotic rates. Furthermore, changes of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) were detected by Western blot analysis. Ginkgetin inhibited the proliferation of K562 cells in a dose- and time-dependent manner. Concentrations of ginkgetin required to induce 50% death of K562 at 24, 48 and 72 h were 38.9, 31.3 and 19.2  $\mu$ M, respectively. Moreover, treatment of ginkgetin increased K562 apoptosis in vitro along with increased levels of TNF- $\alpha$ . Interestingly, anti-TNF- $\alpha$  antibody prevented ginkgetin-induced K562 cell apoptosis and growth inhibition via deactivation of caspase-8, caspase-9 and caspase-3. Concomitantly, downregulation of TNF- $\alpha$  by etanercept in vivo attenuated ginkgetin-induced inhibitory effects on the tumor growth in an xenograft mouse model. Our results indicate that ginkgetin effectively inhibits K562 cell proliferation, and TNF-α plays a key role in ginkgetininduced cell apoptosis.

**Keywords:** apoptosis; chronic lymphoblastic leukemia; ginkgetin; tumor necrosis factor- $\alpha$ .

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#### 1 Introduction

Chronic lymphoblastic leukemia (CLL) is one kind of leukemia, accounting for 25% of adult leukemia and 25% of non-Hodgkin's lymphoma [1]. The incidence of CLL in the United States is 4.5 cases per 100,000 people, and the overall 5-year survival rate is 81.7% [1, 2]. Currently, the first-line therapy of CLL is induction of chemotherapy, such as continuous infusion of chlorambucil and fludarabine. For patients with high risk of relapse, hematopoietic stem cell transplantation is usually applied. However, chemotherapeutic therapy kills the tumor cells with an impairment of the immune system, and not all patients are able to tolerate aggressive therapies [3, 4]. Thus, it is critical to develop a novel therapeutic agent that is less toxic and more specific to CLL.

Tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), produced by several types of cells, is a pleiotropic cytokine with important functions in the progression of inflammatory diseases [5]. Currently, several biologic agents targeting TNF- $\alpha$ have been approved to treat rheumatoid arthritis, inflammatory bowel disease, psoriasis, psoriatic arthritis and juvenile idiopathic arthritis [6]. The TNF- $\alpha$ /TNF- $\alpha$  receptor (TNF-R) signaling pathway affects the growth of tumor cells. Apoptosis, referred to as programmed cell death, is a basic manner to control the number of cells. It has been previously demonstrated that the interaction of TNF and TNF-R induces apoptosis through two distinct caspase-8 activation pathways [7, 8]. TNF-α stimulation causes apoptosis in tumor cells along with decreased levels of Bcl-2 and increased levels of Bax, cleaved caspase-3 and cleaved PARP [9]. Therefore, TNF-α increases apoptosis and causes growth inhibition of tumor cells.

A number of studies have suggested important roles of plant-derived active ingredients in the prevention of tumorigenesis. *Ginkgo biloba* has been used in medicine and as a source of food for a long time in Asia [10]. Ginkgetin is the active flavonoid isolated from the leaves and bark of *G. biloba*. In previous pharmacological reports [11–14], ginkgetin was demonstrated to exert anti-inflammatory, antifungal, anti-influenza and neuroprotective activities. Interestingly, some reports showed ginkgetin effectively inhibits tumor growth both in vivo and in vitro, such as prostate cancer, osteosarcoma, medulloblastoma

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and ovarian adenocarcinoma [15-18]. However, whether the antitumor effect of ginkgetin in solid tumor can be replicated in hematological malignancies has never been reported. Therefore, the present study was mainly conducted to investigate the effects of ginkgetin on the growth of human leukemia cells both in vivo and in vitro.

#### 2 Materials and methods

#### 2.1 Cell culture

The human CLL cell line K562 was obtained from the American Type Culture Collection (Manassas, VA, USA). The normal human peripheral blood mononuclear cells (PBMCs) were isolated from venous blood by the density gradient centrifugation method using Ficoll-Histopaque (Sigma-Aldrich, St. Louis, MO, USA). Informed consents were obtained from the donors of PBMCs, and ethical approval was obtained from the Ethics Committee of The First Affiliated Hospital of Zhejiang University in accordance with the Declaration of Helsinki. All cells were cultured in RPMI-1640 medium supplied with 10% fetal bovine serum, 100 U/mL penicillin, and 100 µg/mL streptomycin at 37 °C in a humidified incubator containing 5% CO<sub>2</sub>.

#### 2.2 MTT assay

To determine the cytotoxicity of ginkgetin (purity, >95%; Nanjing PuYi Biological Technology Co. Ltd., Nanjing, China), the cells  $(5 \times 10^3 \text{ cells/well})$  were seeded in a 96-well plate. Drugs were added to the medium at various concentrations. Following 24, 48 and 72 h of incubation, 10 μL of MTT solution (Sigma-Aldrich, St. Louis, MO, USA) was added to the cell culture supernatant and incubated at 37 °C for an additional 4 h. Finally, dimethyl sulfoxide (DMSO) (150 µL) was added to each well before the absorbance was measured at 570 nm. The cells' viability was calculated as follows: [OD (drug)/OD (control)]×100%. The 50% inhibitory concentration (IC<sub>50</sub>) was calculated using SPSS17.0 (SPSS Inc., Chicago, IL, USA). Three replications of each experiment were performed.

#### 2.3 TUNEL assay

K562 cell apoptosis was detected by the terminal deoxynucleotidyl transferase-mediated deoxyuridine triphosphate nick end labeling (TUNEL) assay with a TUNEL

Bright Green Apoptosis Detection Kit (Vazyme Biotech Co. Ltd., Nanjing, China). The cells stained with 4',6-diamidino-2-phenylindole (DAPI) (Beyotime, Shanghai, China) and fluorescein-12-dUTP-labeled DNA were visualized directly by fluorescence microscopy (TCS SP8, Leica Microsystems, Wetzlar, Germany). Average ratios of total TUNEL-positive cells were calculated from 10 random microscopic fields for each in all groups (magnification, ×400).

#### 2.4 Caspase activity analysis

Caspases-3, caspase-8 and caspase-9 activities were measured using caspase colorimetric assay kits (KeyGen BioTECH, Nanjing, China) according to a previously published paper [19]. Briefly, the cells were treated with ginkgetin for 48 h, and then the cultured solution was centrifuged to remove the supernatant. Finally, the cells were washed by ice-cold phosphate-buffered saline (PBS). K562 cells were lysed by the lysis buffer, and the extracted protein was quantified using a BCA kit. The samples were mixed with reaction buffer, and caspase-3, caspase-8 and caspase-9 substrates were added, respectively. Optical density (OD) values were measured at 400 nm by a spectrophotometer. Caspase-3, caspase-8 and caspase-9 activities were evaluated as follows: activity=[OD (drug)/OD (control)].

#### 2.5 Western blot analysis

K562 cells were treated with ginkgetin for 48 h, and cellular protein was extracted. Approximately 50 µg of protein was separated by electrophoresis on a 12% sodium dodecul sulfate (SDS)-polyacrylamide gel, transferred to a polyvinylidene difluoride (PVDF) membrane (Millipore, Bedford, MD, USA) and blocked with 3% bovine serum albumin (BSA). The membranes were further incubated with primary antibody of TNF- $\alpha$  (Santa Cruz Biotechnology, Santa Cruz, CA, USA) overnight at 4 °C. After washing, the bands were visualized using enhanced chemiluminescence (ECL) detection reagents (Pierce Biotechnology, Rockford, IL, USA) according to the manufacturer's instructions.

The quantification of proteins was analyzed by IPP software (Media Cybernetics, Rockville, MD, USA).

#### 2.6 Neutralization assay in vitro

To determine the effects of TNF- $\alpha$  on growth inhibitory effects by ginkgetin, K562 cells were treated with different concentration of TNF-α polyclonal antibody (PeproTech, Rocky Hill, NJ, USA) and 40 µM ginkgetin in vitro for 48 h. Afterward, the growth rates, apoptosis rates and caspases activity were evaluated.

#### 2.7 Antitumor activity assessment in vivo

Five-week-old male BALB/c nude mice were obtained from the animal department of Zhejiang University (Hangzhou, China). The mice were maintained under a 12-h light/ dark cycle and housed under controlled temperature (25±1°C) conditions. The animals were allowed access to laboratory food and water ad libitum. Institutional and national guidelines for the care and use of laboratory animals were followed. Moreover, the experiments in vivo were approved by the Ethics Committee of The First Affiliated Hospital of Zhejiang University. To induce tumors, K562 cells were suspended in serum-free RPMI-1640 and implanted into the axillary skin of the mice. Tumor volume was measured by an electronic caliper and calculated with the following formula: volume =  $1/2 \times length \times width^2$ . Animals with tumors greater than 6-9 mm in diameter were selected and randomly grouped as following: vehicle control, ginkgetin (20 mg/kg), ginkgetin (20 mg/ kg) + etanercept (6.25 mg/kg; Pfizer, Thousand Oaks, CA, USA), and ginkgetin (20 mg/kg) + etanercept (12.5 mg/kg). Ginkgetin was orally administrated to the mice daily for 2 consecutive weeks, while etanercept was given to the mice by intraperitoneal injection (once in 3 days). At the end of study, tumor-bearing mice were sacrificed, and the tumor masses were imaged and weighted.

#### 2.8 Statistical analysis

All experiments in vitro were performed in triplicate and repeated three times. Data were expressed as the mean ± standard deviation (SD). Student's t-test and one-way analysis of variance (ANOVA) (17.0 SPSS software; SPSS Inc., Chicago, IL, USA) were used for the assessment of the difference in different groups. A P-value < 0.05 was considered as statistically significant.

#### 3 Results

#### 3.1 Ginkgetin inhibits K562 cell growth in vitro

As seen in Figure 1A, ginkgetin significantly reduced the proliferation of K562 cells in a dose- and time-dependent manner (P<0.01). IC<sub>50</sub> values of ginkgetin at 24, 48 and 72 h were 38.9, 31.3 and 19.2 μM, respectively. Moreover, we found ginkgetin had no toxic effects on PBMCs even with a high concentration (80.0 µM). These results demonstrate that ginkgetin with antileukemia concentration does not harm healthy cells.

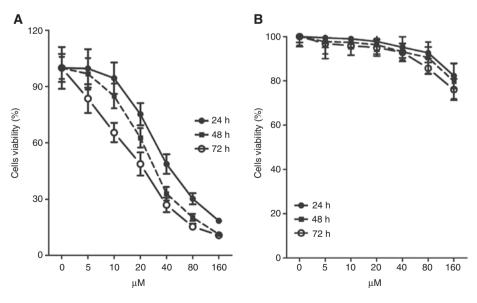


Figure 1: Effects of ginkgetin on the proliferation of K562 cells and PBMCs. (A) K562 cells. (B) PBMCs. K562 cells and PBMCs were treated with increased concentrations of ginkgetin. Cell viability is expressed as percentages of survival to vehicle controls. The data are shown as mean ± SD, n = 3. Drug concentration resulting in 50% inhibition of growth (IC<sub>so</sub>) was determined on the basis of the nonlinear regression analysis from survival curves.

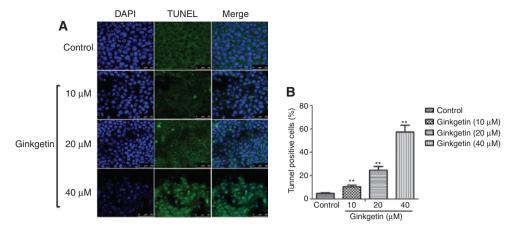


Figure 2: Effects of ginkgetin on the apoptosis of K562 cells. (A) Apoptosis of K562 cells was detected by DAPI/TUNEL staining. (B) Apoptosis rates are quantified and expressed as TUNEL-positive rates in K562 cells. The data are shown as mean  $\pm$  SD, n = 3. \*\*P< 0.01 as compared to the control (0  $\mu$ M).

### 3.2 Ginkgetin increases K562 cell apoptosis in vitro

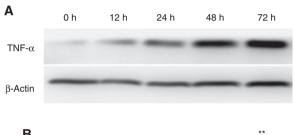
To study the effects of ginkgetin on apoptosis of K562 cells, the cells were treated with ginkgetin (10, 20 and 40  $\mu$ M) for 48 h. DAPI/TUNEL staining was utilized to assess the apoptotic rate of K562 cells treated with ginkgetin. The results revealed that K562 cells treated with ginkgetin showed a higher rate of TUNEL-positive staining as compared with untreated cells (P<0.01; Figure 2). These data indicate ginkgetin obviously induces apoptosis in K562 cells.

## 3.3 Ginkgetin increases TNF- $\alpha$ expression in K562 cells

TNF- $\alpha$ -mediated signaling pathway plays an important role in the proliferation of tumor cells. Here, we investigated whether ginkgetin affects the TNF- $\alpha$  level in K562 cells. The results showed K562 cells treated with ginkgetin for 24–72 h exhibited high levels of TNF- $\alpha$ , as compared with control cells (P < 0.01; Figure 3).

## 3.4 Neutralization of TNF-α attenuates inhibitory effects of ginkgetin on the growth of K562 cells

To determine the effects of TNF- $\alpha$  on ginkgetin-induced growth inhibition, we blocked the TNF- $\alpha$  signaling pathway using anti-TNF- $\alpha$  antibody. Our data showed that ginkgetin-induced growth inhibition and apoptosis



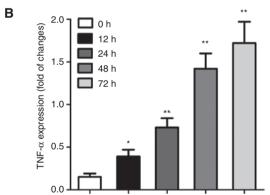


Figure 3: Effects of ginkgetin on the expression of TNF- $\alpha$  in K562 cells.

(A) The levels of TNF- $\alpha$  in K562 cells were measured by Western blotting. (B) Treatment with ginkgetin obviously increased TNF- $\alpha$  levels in K562 cells. The data are shown as mean  $\pm$  SD, n = 3. \*P<0.05, \*\*P<0.01 as compared to the 0 h.

could be significantly inhibited by increased levels of anti-TNF- $\alpha$  antibody (P<0.01; Figure 4A and B). Moreover, we observed ginkgetin treatment resulted in the activation of caspase-3, caspase-8 and caspase-9 in K562 cells (P<0.01; Figure 4C–E), which could be inhibited by TNF- $\alpha$  antibody (P<0.01; Figure 4C–E). Our results suggest ginkgetin activates both extrinsic and intrinsic apoptosis pathways in K562 cells.

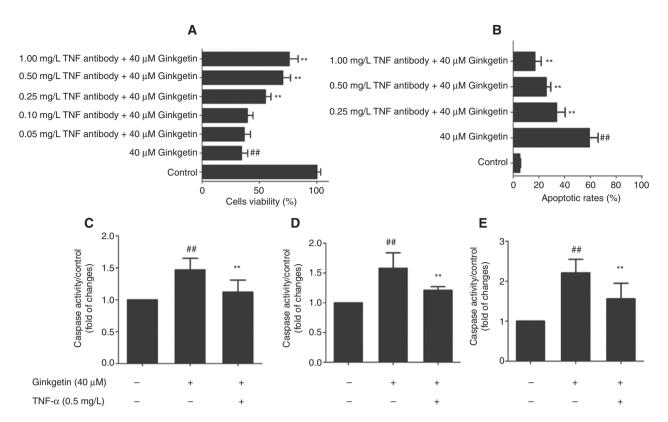


Figure 4: Effects of TNF-α-neutralizing antibody on the growth of ginkgetin-treated K562 cells. (A) Viability of K562 cells was measured by MTT assay. (B) Apoptosis rates of K562 cells were measured by DAPI/TUNEL staining. (C) Caspase-3, (D) caspase-8 and (E) caspase-9 activities of K562 cells. The data are shown as mean  $\pm$  SD, n = 3. \*\*P < 0.01 as compared to control; \*\*P < 0.01 as compared to ginkgetin.

#### 3.5 Etanercept attenuates anti-CLL activity of ginkgetin in a xenograft mouse model

To investigate anti-CLL effects of ginkgetin in vivo, K562 cells were subcutaneously transplanted into nude mice. As shown in Figure 5, ginkgetin treatment significantly suppressed tumor growth in the mice transplanted with K562 cells (P < 0.01; Figure 5). Moreover, we found that the mice that received etanercept and ginkgetin showed a greater size of tumor tissue as compared to the mice treated with ginkgetin alone (P < 0.01; Figure 5). Undoubtedly, reduction in the TNF- $\alpha$  expression attenuates inhibitory effects of ginkgetin on K562 growth in vivo.

#### 4 Discussion

Ginkgetin, as the major active constituents in G. biloba leaves, possesses several antitumor properties, such as in prostate cancer, osteosarcoma, medulloblastoma and ovarian adenocarcinoma [15-18]. However, whether ginkgetin could effectively inhibit CLL growth has not been studied. In the present study, we found ginkgetin

suppressed the growth of K562 cells in a dose- and timedependent manner and induced apoptosis in K562 cells. In previous reports, ginkgetin was reported to inhibit human ovarian adenocarcinoma cells with 50% inhibition occurring at 1.8 mg/mL [20]. Moreover, the concentrations of ginkgetin required to induce 50% death in HeLa and FS-5 were 5.2 and 8.3 mg/mL, respectively [18]. For inhibiting medulloblastoma cells, the IC<sub>50</sub> value was 14.65 µM [21]. In our research, we found the concentration of ginkgetin required to induce 50% death in K562 cells varied from 19.2  $\mu$ M (10.86 mg/L) to 38.9  $\mu$ M (22.0 mg/L). These data suggest K562 cells are more sensitive than HeLa and FS-5 in response to ginkgetin treatment. Moreover, the toxic effects of ginkgetin on human PBMCs are very low, even with a high concentration (80.0 μM). In in vivo research, ginkgetin was proved to reduce tumor size in a K562 transplanted mouse model. Ginkgetin treatment exhibited high selectivity to K562 cells rather than PBMCs, but we did not focus on the side effects of ginkgetin based on animal welfare in the present study. It is well known that side effects of the drug in tumor-bearing animals are affected by several factors, such as susceptibility differences in tumor and normal cells, activity,

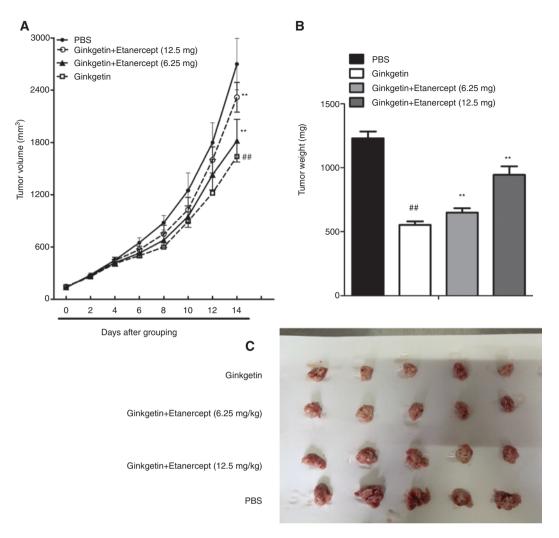


Figure 5: Effects of etanercept and ginkgetin on K562 growth in a xenograft mouse model. (A) Tumor volume. (B) Tumor weight. The mice implanted with K562 cells were treated with ginkgetin and etanercept. Tumors were removed at 2 weeks after drug administration. The images of tumor tissues are showed in (C). The data are shown as mean  $\pm$  SD, n=5. \*\*P<0.01 as compared to control (PBS); \*\*P<0.01 as compared to ginkgetin (20 mg/kg).

pharmacokinetic differences, and distribution of drug in the tumor tissue. Therefore, there is a continual need to identify side effects of ginkgetin in vivo, compared with that of first-line therapy of CLL, such as chlorambucil or fludarabine.

Apoptosis is the main form of cell death and served as a potential target for preventing the proliferation of malignant tumor cells [22]. Apoptosis can be triggered through either the extrinsic or intrinsic pathway. Briefly, the extrinsic pathway begins with the stimulation of death receptors on the cell membrane, and the intrinsic pathway is initiated by the dysfunction of mitochondria. Death receptors are members of the TNF-R superfamily. The receptors activate extrinsic apoptotic pathways in response to extracellular death signals, such as TNF- $\alpha$  and Fas ligand stimulation. The extrinsic pathway is activated along with caspase-8,

which directly cleaves and activates the effector caspase-3. In the intrinsic pathway, a variety of extra- and intracellular stresses, such as oxidative stress and cytotoxic drug treatment, promote activation of caspase-9, followed by cleaving and activation of caspase-3 [23]. The strategy to specifically activate the extrinsic pathway in malignant cells is attractive for cancer therapy. Unfortunately, the clinical application of TNF- $\alpha$  and Fas is hampered by severe side effects [24, 25]. In previous investigations, it was shown that apoptosis induced by ginkgetin is mediated through activation of caspases [18]. Moreover, several studies found ginkgetin inhibited signal transducer and activator of transcription 3 (STAT3) signaling pathway by induction of SHP-1 and phosphatase and tensin homolog (PTEN) proteins, thus attenuating STAT3 phosphorylation and tumorigenesis [15, 16, 26]. However, to the best of our knowledge, the underlying mechanisms of ginkgetin-induced apoptosis in CLL cells remain as yet unidentified. In the present study, we observed neutralization of TNF- $\alpha$  by antibody, and blocking the TNF- $\alpha$  signaling pathway by etanercept significantly attenuates ginkgetin-induced inhibitory effects on K562 cell growth both in vitro and in vivo. Therefore, our results indicate ginkgetin inhibits K562 cell proliferation via modulating of the TNF- $\alpha$  signaling pathway.

In conclusion, our results provide novel insights into the anti-CLL activity of ginkgetin, and supply a theoretical basis for its clinical application. Moreover, ginkgetininduced growth inhibition of K562 cells may be the result of activating the TNF-α pathway. Our conclusion further enriches the antitumor mechanism of ginkgetin.

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**Disclosure of interest:** The authors report no conflicts of interest.

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