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Antiviral and antitumor activities of the lectin extracted from *Aspidistra elatior*

Abstract: Lectins, a group of highly diverse proteins of non-immune origin and are ubiquitously distributed in plants, animals and fungi, have multiple significant biological functions, such as anti-fungal, anti-viral and, most notably, anti-tumor activities. A lectin was purified from the rhizomes of *Aspidistra elatior* Blume, named *A. elatior* lectin (AEL). In vitro experiments showed that the minimum inhibitory concentrations of AEL against the vesicular stomatitis virus, Coxsackie virus B4, and respiratory syncytial virus were all the same at about 4 µg/mL. However, AEL was ineffective against the Sindbis virus and reovirus-1. AEL also showed significant in vitro antiproliferative activity towards Bre-04, Lu-04, HepG2, and Pro-01 tumor cell lines by increasing the proportion of their sub-G₁ phase. However, AEL failed to restrict the proliferation of the HeLa cell line. Western blotting indicated that AEL induced the upregulation of cell cycle-related proteins p53 and p21. The molecular basis and species-specific effectiveness of the anti-proliferative and anti-viral potential of AEL are discussed.

Keywords: anti-proliferative activity; anti-virus activity; *Aspidistra elatior* lectin (AEL); cell cycle; inhibitory concentration.

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1 Introduction

Lectins, a group of highly diverse proteins of non-immune origin and are ubiquitously distributed in plants, animals and fungi, contain at least one non-catalytic domain, enabling them to selectively recognize and reversibly bind to specific free sugars or glycans present on glycoproteins and glycolipids without altering the structure of the carbohydrate [1, 2].

Most plant lectins can cause the programmed death of tumor cells by targeting both apoptotic and autophagic pathways [3]. TNF (tumor necrosis factor)-family [4], caspase-8 [5], mitochondrial membrane potential (MMP), caspase-3, apoptosis-associated factor-1 (Apaf-1) [6], Bcl-2 (B-cell lymphoma 2) family [7], MAPK (mitogen-activated protein kinase) signaling [8], SAPK (stress-activated protein kinase)/JNK(c-Jun N-terminal kinase) and p38 pathways, ERK (extracellular signal-regulated kinase) 1/2 pathway [9], and XIAP (X-linked inhibitor of apoptosis protein) [10] participate in lectin-induced autophagy. However, this activation of apoptosis is independent of p53 or p21 [11]. LC3 (microtubule-associated protein1 light chain 3)-II, BNIP3 (Bcl2/adenovirus E1B 19 kDa-interacting protein 3) [12], and ROS-p38-p53 [13] participate in lectin-induced apoptosis. The PI3K (phosphatidylinositol 3 kinase)-Akt (protein kinase B) pathway has been reported to act as negative regulator in lectin-induced autophagic cell death [14].

A few lectins, including those from *Helix pomatia* [15] and *Agaricus bisporus* [16], have been investigated for their use in tumor research and clinical therapy. As an important superfamily, monocot mannose-binding lectins have been isolated and characterized from various monocot families, including Liliaceae, Alliaceae, Orchidaceae, Amaryllidaceae, and Araceae [1]. *Aspidistra elatior* Blume, a member of Liliaceae, is a traditional Chinese medicinal herb and ornamental plant species. Its rhizomes and leaves trigger diuresis, abirritation, and detumescence in certain illnesses. For a long time, it has been used in China to cure injuries from falls, as well as rheumatic fever and rheumatism. In recent years, research into its biochemical constituents has mainly focused on the steroidal compounds [17]. However, there has been no report on the

bioactivities of lectin(s) from *A. elatior* on tumor cell cycle or virus replication. In our previous report, a lectin was purified from the rhizomes of *A. elatior* Blume, named *A. elatior* lectin (AEL). Its mannose-binding property and hemagglutinating activity were also studied [18]. In the work presented here, the antiviral and antitumor activities of AEL are further investigated. Possible anti-proliferative and anti-viral mechanisms are also discussed.

2 Materials and methods

2.1 Plant material, cell lines, virus strains, chemicals and reagents

The rhizomes of *A. elatior* Blume were collected on the campus of Sichuan University (Chengdu, China) in August. The Vero cell line (African green monkey kidney) and human tumor cell lines Pro-01 (prostate), Lu-04 (lung), Bre-04 (breast), HepG2 (liver), Hep3B (p53-null; liver), and HeLa (cervix) were purchased from Di'ao Group (Chengdu, China).

Vesicular Stomatitis Virus, Coxsacke Virus B4, Respiratory Syncytial Virus, Sindbis Virus, and Reovirus-1 were provided by the Medical Sciences Center of West China, Sichuan University, China. Meanwhile, (S)-9-(2,3-Dihydroxypropyl)adenine [(S)-DHPA] and ribavirin were purchased from Sigma-Aldrich (St. Louis, MO, USA). Carboxymethyl Sepharose™ and Sephacryl™ S-100 were purchased from Pharmacia (Uppsala, Sweden).

2.2 Purification of agglutinin from rhizomes of *A. elatior*

The procedure of Xu et al. [18] was followed. In brief, the 80% ammonium sulfate saturated crude protein extract from *A. elatior* Blume rhizomes, after dialysis against 20 mM Tris-HCl (pH 8.0), was applied to a diethylaminoethyl-Sepharose column equilibrated with the same buffer. Then, the proteins were eluted with a linear 0–0.5 M NaCl gradient. The fractions showing hemagglutinating activity were pooled, concentrated to approximately 4 mg/mL and then loaded on a Sephacryl S-100 column (2 cm×100 cm) equilibrated with 10 mM phosphate-buffered saline (PBS; pH 7.2).

2.3 Homogeneity of AEL and determination of molecular mass

Sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) was carried out in 15% (w/v) acrylamide gels. Protein bands were visualized by Coomassie Brilliant Blue R-250 staining. The molecular mass of the native lectin was determined to be 56 kDa by gel filtration chromatography on the same Sephacryl S-100 column that had been used for purification (see above). Two adjacent bands of 13.5 kDa and 14.5 kDa were seen in SDS-PAGE, representing the two subunits of AEL [18].

2.4 Anti-viral assay

Vero cells were grown in RPMI medium supplemented with 10% fetal calf serum (FCS), 100 µg/mL penicillin (Chongqing Yaoyou Pharmaceutical Co., China), and 100 µg/mL streptomycin (Shanghai 4th Pharmaceutical Co.). Vero cells were seeded onto a 96-well plate with a concentration of 5×10^4 cells per mL and a volume of 20 µL per well. After incubation at 37 °C with 5% CO₂ for 1 h, cells were then washed three times with phosphate buffered saline (PBS). Different concentrations of virus samples were then added to the cultures well in 1–10⁶ dilutions. AEL samples and other drugs were serially diluted with PBS, after which aliquots of each dilution were adsorbed on a Vero cell monolayer. At the end of the adsorption, the virus inoculum was removed and cells were replenished with fresh medium. After incubation at 37 °C with 5% CO₂ for 72 h, cells were observed and examined by a light microscopy. Virus replication in infected cells was assessed by the 50% tissue culture infection dose (TCID₅₀) [19].

2.5 In vitro anti-proliferative potential of AEL against human tumor cell lines

The inhibitory potential of AEL against various human tumor cell lines (Pro-01, Lu-04, Bre-04, HepG2, Hep3B, and HeLa) was tested using the method of Kaur et al. [20]. Cells were seeded at 10⁴ cells/well in 100 µL of RPMI 1640 medium containing 10% FCS in a 96-well tissue culture plate. Next, cells were suspended as single cells in the medium and incubated for 24 h in a CO₂ incubator. Subsequently, 100 µL of lectin solution (50 µg/mL), prepared in RPMI 1640 medium, was added to the cells, and the cultures were incubated for 48 h. After the incubation period, adherent cells were fixed in situ by adding 50 µL of 50% (v/v) trichloroacetic acid (final concentration 10%) and incubated for 1 h at 4 °C. Next, the supernatant was discarded and the plates were washed five times with deionized water before allowing them to dry. About 100 µL of sulforhodamine B (0.4% w/v in acetic acid) were added to each well, and the cultures were incubated for 30 min at room temperature. The unbound sulforhodamine was removed by washing with 1% acetic acid and the plates were air-dried. The dye bound to basic amino acids of the cell membrane was solubilized with Tris buffer (10 mM, pH 10.5), and the absorption was measured at 540 nm using an enzyme-linked immunosorbent assay reader. This was done to determine the relative viability in the treated and untreated cells.

2.6 Cell cycle measurement

Tumor cells were treated with or without 10 µg/mL AEL at 37 °C for 24 h and then harvested. FACSscan flow cytometry was performed as previously described [21]. The percentages of cells at different cell cycle phases, or those that were undergoing apoptosis, were evaluated using Calibur FACSscan flow cytometry (Becton Dickinson, Franklin Lakes, NJ, USA).

2.7 Western blot analysis

After treatments, tumor cells were collected and the cell pellets were resuspended in lysis buffer and lysed at 4 °C for 1 h. The lysis buffer

consisted of 50 mM Hepes, pH 7.4, 1% Triton X-100, 2 mM sodium orthovanadate, 100 mM sodium fluoride, 1 mM acetic acid, 1 mM phenylmethanesulfonyl fluoride (PMSF), 10 mg/L aprotinin, and 10 mg/L leupeptin (Sigma-Aldrich, St. Louis, MO, USA). After centrifugation at 12,000 g for 15 min, the supernatant protein content was determined using the Bio-Rad DC protein assay (Bio-Rad Laboratories, Hercules, CA, USA). Equal amounts of total protein were separated by 12% SDS-PAGE and transferred to nitrocellulose membranes, after which the membranes were soaked in blocking buffer (5% skim milk). Antibodies against p21, p53, and actin B were purchased from Santa Cruz Biotech (Santa Cruz, CA, USA). Proteins were visualized using horseradish peroxidase (HRP)-conjugated anti-rabbit or anti-mouse IgG and 3,3-diaminobenzidine tetrahydrochloride (DAB) as the HRP substrate [22].

2.8 Statistical analysis

All results presented here were confirmed in at least three independent experiments. Data were expressed as mean \pm SD. Statistical comparisons were made by Student's t-test, and the least-significant difference (LSD) test was used to estimate significant differences between the mean values of the treatments. A value of $p < 0.05$ was considered statistically significant.

3 Results

3.1 Anti-virus activity of AEL

On the one hand, treatments with 20 μ g/mL AEL caused microscopically detectable alterations of the normal cell morphology, thus indicating cytotoxicity. The minimum inhibitory concentrations (to reduce virus-induced cytopathogenicity by 50%) of AEL against Vesicular Stomatitis Virus, Coxsackie Virus B4, and Respiratory Syncytial Virus were all the same at about 4 μ g/mL. On the other hand, AEL was rather ineffective against Sindbis Virus and Reovirus-1 (Table 1). The minimum inhibitory concentrations for these two viruses were higher than 100 μ g/mL

(the minimum cytotoxic concentration; therefore, higher concentrations of AEL were not used).

Minimum inhibitory concentrations of two anti-viral drugs, (S)-DHPA [23] and ribavirin [24], were higher than those of AEL. The concentrations varied for the different viruses, but the variation patterns differed from that of AEL (Table 1). (S)-DHPA and ribavirin are ribonucleoside analogs that directly inhibit viral RNA polymerase activity [24], whereas AEL may inhibit virus replication through different mechanisms (see Discussion for details).

3.2 Observation of cellular morphology

Marked apoptotic morphological changes, such as membrane blebbing, cell volume reduction and rounding, were obvious in AEL-treated Bre-04, Lu-04, HepG2, and Pro-01 cells (Figure 1). However, AEL did not cause apoptotic morphology in HeLa or Hep3B cells (Figure 1). These results indicate that AEL selectively induced apoptosis in Bre-04, Lu-04, HepG2 and Pro-01 cells, but not in HeLa or p53-deficient Hep3B cells, respectively.

3.3 In vitro anti-proliferative potential of AEL on human tumor cell lines

The anti-proliferative effect of the lectin on human tumor cells was determined over a range of 10–50 μ g/mL. At 50 μ g/mL, AEL had the highest anti-proliferative effect against Bre-04 (76%), followed by Lu-04, HepG2 and Pro-01, in which 72%, 68% and 61% growth inhibitions were observed, respectively, at the 5th day (Figure 2). At a concentration of 25 μ g/mL, growth inhibition rates were 58%, 53%, 50%, and 20% for Bre-04, Lu-04, HepG2 and Pro-01, respectively. At 10 μ g/mL, the growth inhibitions were 42%, 40%, 28%, and 12% in Bre-04, Lu-04, HepG2 and Pro-01 cells, respectively. At 1 μ g/mL, AEL was almost

Table 1: Antiviral effects of AEL on several viruses in vitro.

Drugs, μ g/mL	Minimum inhibitory concentration					Minimum cytotoxic concentration
	Vesicular stomatitis virus	Coxsackie virus B4	Respiratory syncytial virus	Sindbis virus	Reovirus-1	
AEL	4 \pm 1 ^a	4 \pm 1 ^a	4 \pm 1 ^a	>100 ^c	>100 ^c	100 \pm 10 ^b
(S)-DHPA	30 \pm 5 ^a	140 \pm 15 ^c	70 \pm 10 ^b	210 \pm 30 ^c	150 \pm 20 ^c	500 \pm 50 ^d
Ribavirin	7 \pm 1 ^a	40 \pm 5 ^b	3 \pm 1 ^a	60 \pm 5 ^b	40 \pm 5 ^b	1000 \pm 100 ^c

Virus minimum inhibitory concentration (\pm SD) means the concentration required to reduce virus-induced cyto-pathogenicity by 50%.

Minimum cytotoxic concentration (\pm SD) means the required concentration to cause a microscopically detectable alteration of the normal cell morphology. Means within a single line followed by the same letter were not significantly different according to Duncan's multiplication range test at the 5% level.

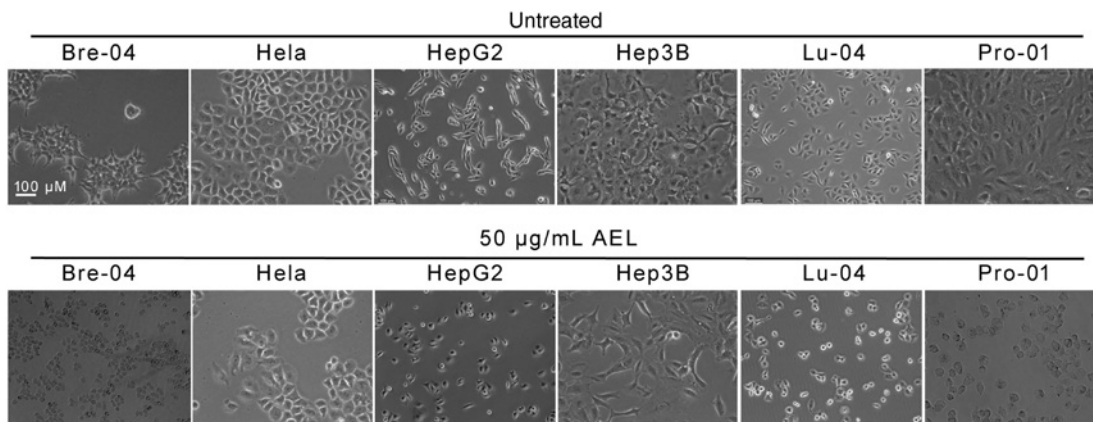


Figure 1: Effects of AEL on the morphology of human tumor cell lines.

The indicated human tumor cells were treated with or without 50 µg/mL AEL for 24 h, and their morphologies were examined under a phase contrast microscopy. We used size bar in one of the panels.

ineffective against all tumor cell lines. The lectin was found to be inactive against the HeLa or p53-deficient Hep3B cell lines at all concentrations and for the entire duration studies (Figure 2). This finding is consistent with the earlier reported variation in the anti-proliferative potential of a variety of lectins with tumor cell lines as a function of their doses [19, 21, 22].

occurred in these tumor cells. Moreover, as evident from Table 2, AEL also triggered G₂/M phase cell-cycle arrest. However, AEL neither enhanced the sub-G₁ proportion nor triggered G₂/M phase cell-cycle arrest in HeLa or p53-deficient Hep3B cells (Table 2).

3.5 Analyses of cell cycle related proteins

3.4 AEL arrested tumor cell cycles

As demonstrated in Table 2, AEL markedly increased the proportion of the sub-G₁ phase in Bre-04, Lu-04, HepG2 and Pro-01 cells, indicating that AEL-induced apoptosis

Due to the AEL-induced arrest of the sub-G₁ and G₂/M phase, respectively, the levels of cell cycle-related proteins were investigated. Western blot data demonstrated that treatment of Bre-04, Lu-04, HepG2, and Pro-01 cells with AEL resulted in upregulation of p53

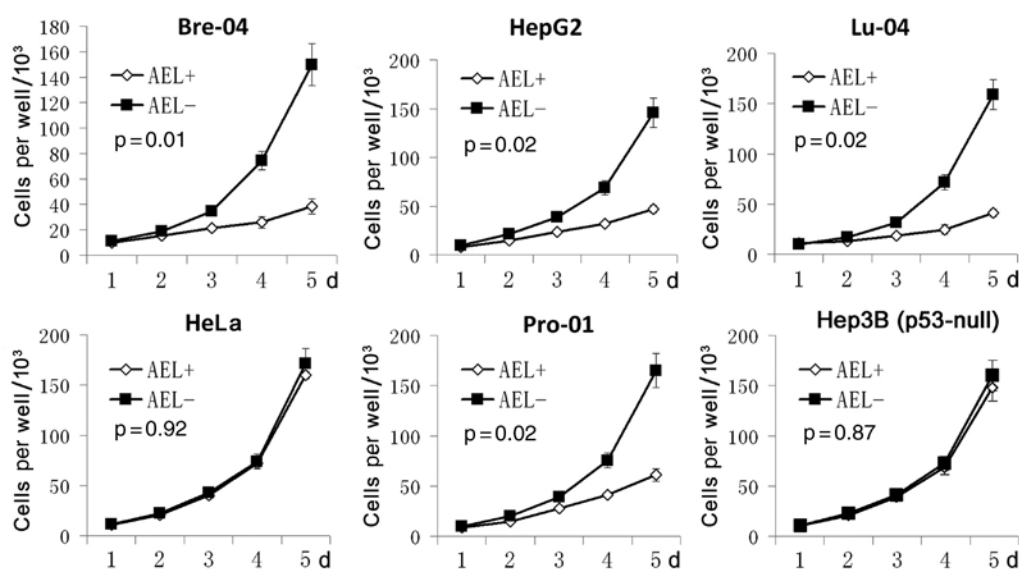


Figure 2: Anti-proliferative effect of 50 µg/mL AEL on human tumor cell lines as a function of time. Bars indicate SD.

Table 2: Effect of 10 µg/mL AEL on the cell cycle of various tumor lines.

Cell line	AEL±	G0/G1	G2	S
Lu-04	AEL+	58.69±6.2 ^a	21.54±3.3 ^b	19.77±2.9 ^e
	AEL-	52.31±6.8 ^c	23.68±3.8 ^a	24.01±3.0 ^c
Bre-04	AEL+	56.73±6.1 ^a	22.05±3.4 ^b	21.22±2.7 ^d
	AEL-	50.76±7.0 ^b	24.01±3.6 ^a	25.23±3.4 ^b
HepG2	AEL+	56.65±6.6 ^a	22.01±2.9 ^b	21.34±3.7 ^d
	AEL-	51.24±5.9 ^b	23.98±2.8 ^a	24.78±3.1 ^{b,c}
HeLa	AEL+	51.81±6.5 ^b	22.98±2.9 ^{a,b}	25.21±3.6 ^b
	AEL-	51.16±6.8 ^b	23.71±3.4 ^a	25.13±3.4 ^b
Pro-01	AEL+	55.40±5.6 ^a	21.59±2.7 ^b	23.01±2.9 ^c
	AEL-	50.26±7.1 ^b	23.53±3.3 ^a	26.21±3.8 ^a
Hep3B (p53-null)	AEL+	57.15±6.2 ^a	22.36±3.0 ^b	20.49±3.5 ^d
	AEL-	56.98±6.0 ^a	22.44±2.9 ^b	20.58±3.3 ^d

Percentages of each phase of the cell cycle are shown as mean±SD. Means within a single column followed by the same letter were not significantly different according to Duncan's multiplication range test at the 5% level.

(Figure 3). Considering that p53 is an important regulator of p21 [22], p21 levels were also assessed. As seen in Figure 2, p21 was increased in parallel to p53. No p53 and only a trace of p21 could be detected in the p53-deficient Hep3B cell line. Likewise, almost no changes in the levels of p53 and p21 were observed in HeLa or Hep3B cells, indicating their insensitivity to the lectin (Figure 3).

4 Discussion

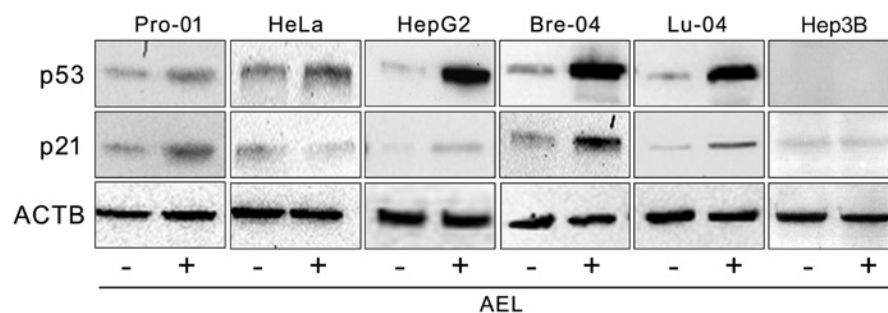
AEL2 is a member of the subfamily of strictly mannose-binding lectins, which are widespread among monocotyledonous plants. The monocotyledonous lectin subfamily is well-known to possess a broad range of biological functions [1, 2]. Herein, we mainly focused on exploring the anti-tumor and anti-viral activities of AEL. We further

found that AEL affected the cell cycle by promoting p53 and p21 expression.

Some mannose-binding lectins can bind to certain mannose-containing envelope proteins of a virus, blocking virus entry into target cells. This also prevents transmission of the virus and forces the virus to delete the glycan moiety in its envelope protein, thereby triggering the neutralizing antibody [25]. Lectins of the *Galanthus nivalis* agglutinin (GNA)-related lectin family exhibit significant anti-human immunodeficiency virus (HIV) and anti-herpes simplex virus (HSV) properties that are closely related to their carbohydrate-binding activities [19, 26]. Further comparative analyses indicated that the dimer-based super-structure may play a primary role in the anti-HIV property of PCL [26]. The *Yucca filamentosa* lectin and the *Polygonatum cyrtoneura* lectin (PCL) may possess anti-influenza properties via competitive binding to viral hemagglutinin (HA)-sialic acid complexes [27]. We may presume that the anti-viral properties of AEL are correlated with its carbohydrate-binding activity, as it is known for other mannose-binding lectins, but this needs to be further investigated.

Virus envelope proteins differ in their glycan groups. The structures of high-mannose N-glycans of virus envelope proteins determine their specific cell targets and their binding to particular types of lectins [28]. AEL was ineffective against Sindbis virus and reovirus-1. Therefore, to achieve broad-spectrum inhibition of a variety of viruses, a combination of different types of lectins may be adopted, but this has been studied only to some extent.

The anti-proliferative effect of AEL on human tumor cells was determined by analyzing their cell cycle and cell-cycle-related proteins. Lectin-induced p53 and p21 expression is tightly correlated with apoptosis in tumor cells [22]. Another example of lectin-induced apoptosis is that concanavalin A (ConA) induced apoptosis in human breast carcinoma MCF-7 cells via downregulation of ERK and JNK and upregulation of p53 and p21 [20]. It has previously

**Figure 3:** p53 and p21 protein levels of human tumor cells treated with or without 50 µg/mL AEL. Western blots of actin B (ACTB) were used as the loading control.

been found that p21 is induced by both p53-dependent and -independent mechanisms following stress; furthermore, p21 induction may cause cell cycle arrest [29]. *Sophora flavescens* lectin (SFL) treatment also decreased ERK and enhanced p53 and p21 expression. SFL has been reported to trigger G2/M phase cell-cycle arrest by upregulating p21 expression and downregulating the expression of cyclin-dependent kinases CDK1 and CDK2 [22]. Ineffectiveness of AEL against the p53-deficient and p21-less Hep3B cells also indicates the involvement of these p53/p21-mediated apoptosis pathways in its action.

However, the cell surfaces of tumors differ in their carbohydrate-containing macromolecules. The surface properties of tumor cells play a major role in tumor growth at the primary site, invasion into surrounding host tissue as well as dissemination, embolization, implantation at distant secondary sites to form metastases; they also determine the binding activities to particular types of lectins [30]. Thus, AEL significantly inhibited the proliferation of Bre-04, Lu-04 and HepG2 cells, but failed to inhibit the proliferation of the HeLa cell line.

In conclusion, AEL is a novel lectin with a low degree of similarity to other mannose-binding lectins from Liliaceae, Amaryllidaceae, Orchidaceae, and Alliaceae. It manifests potent anti-proliferative activity to human cancer cell lines and exhibits anti-virus activities. Further investigations are necessary to unravel the molecular basis of the anti-proliferative and anti-viral effects of the lectin.

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