



SCIENTIFIC PROGRAM

December 15th, Friday

- 09:15-09:30 Opening Ceremony
Chair: Cihan Coskun
TBS Istanbul Branch Chair
- Nurettin Yigit
Coordinating Chief Physician of Istanbul Başakşehir Cam and Sakura City Hospital
- 09:30-10:00 Opening Speech
Chair: Yesim Ozdemir
Memorial Health Group, Turkiye
- The Effect of Obesity on the Coronary Cardiovascular System and Early Complications After Coronary Bypass Surgery
Bingur Sonmez
Memorial Health Group, Turkiye
- 10:00-11:00 First Session
Moderator: Alper Gumus
Anti-inflammatory nutrition and its importance – Soycan Mizrak
- Devil's Triangle Chronic inflammation, Oxidative stress, SIBO -
Selahattin Kiyani (Online)
- 11:00-11:15 Coffee Break
- 11:15-12:15 Second Session
Moderator: Habib Ozdemir
The importance of genetic testing in dietary regulation – Yesim Ozdemir
- Epigenetic control of metabolism and epigenetic effects of nutrition – Murat Cihan
- 12:15-13:15 Lunch Break
- 13:15-14:15 Third Session
Moderator: Gunnur Dikmen
- Reflections of food supplements on the clinical laboratory- Aysun Bay Karabulut
How should we eat for our brain health? aminoacids and micro nutrient use - Nuray Yazihan
- 14:15-14:30 Coffee Break
- 14:30-15:30 Satellite Symposium - Biruni Laboratories
Food sensitivities and microbiota in healthy living - Semra Tamer Levent, Sureyya Şahinoglu



SCIENTIFIC PROGRAM

December 15th, Friday

15.30-16:30 Fourth Sesion

Moderator: Fulya Caglar Cirkin

Food additives and cancer relationship – Fatih Gültekin

Metabolic secrets of longevity – Halef Okan Doğan



SCIENTIFIC PROGRAM

December 16th, Saturday

09:15-09:30 First Session

Moderator: Hasip Cirkin

Biochemical approach to cancer metabolism and specific tests – Aslıhan Gürbüz

Cancer treatment and polyphenols – Oguz Ozturk

10:30-10:45 Coffee Break

10:45-11:45 Satellite Symposium - Ahenk Laboratory

Moderator: Beyazit Semih Yeşil

Histamine intolerance – Hasan Alacam

Food allergy and food sensitivity - Faruk Pekgul

11:45-12:45 Second Session

Moderator: Oguzhan Zengi

Basic principles of nutrition after bariatric surgery – Umut Firat Turan

Patient selection in bariatric and metabolic surgery (Online) – Mehmet Murat Cag

12:45-14:45 Lunch Break

13:45-14:45 Third Session

Moderator: Filiz Akbiyik

Omega-6 dominant dietary fats, arachidonic acid and inflammation:
What do we "know"? (Online) - Mustafa Atasoy

Nutrition and inflammation – Halit Tanju Besler

14:45-15:00 Coffee Break

15:00-16:00 Fourth Session

Moderator: Meltem Boz

What do we know about gut microbiota, dietary patterns and cancer? – Dilsat Bas

Microbiota metabolite; short chain fatty acids - Fatma Humeyra Yerlikaya Aydemir



ORAL PRESENTATION PROGRAM

December 16th, Saturday

09:45-10:45 Session 1 - Education Hall 3 - Chair: Kamil Taha Uçar

S001
Production and Characterization of Chitosan Nanoparticle Loaded with Coenzyme Q10 and St. John's Wort Methanol Extract for Diabetic Wound Treatment
Muhammet Sait Toprak

S002
Antioxidant Effects of Vitamin C Against H₂O₂ on Enterococcus faecium
Sibel Küçükyıldırım

S003
Evaluation of vitamin D levels in children with iron deficiency anemia: a case of Şırnak province
Veysel Tahiroğlu

S004
The oxidative phosphorylation metabolism is a novel determinant pathway in apoptotic resistance of glioblastoma cell lines
Ahmet Cingöz

10:45-11:45 Session 2 - Education Hall 3 - Chair: Alper Gumus

S005
The impact of Vitamin D administration on the liver of rats with metabolic syndrome associated with oxidative stress and pentose phosphate metabolisms
Duygu Aydemir

S006
Vitamin D supplement and blood pressure in postmenopausal women: a meta-analysis
Efsane Yavuz

S007
Oxidative stress markers in groups separated according to the Avicenna's temperament theory
Tuğba Kundakçı

S008
Macroprolactin Screening in a Routine Clinical Laboratory
Arzu Etem



ORAL PRESENTATION PROGRAM

December 16th, Monday

11:45-12:30 Session 3 - Education Hall 3 - Chair: Hasip Cirkin

S009

Correlation between serum vitamin D, vitamin B12, homocysteine, and folate levels and alsfrs-r scores in amyotrophic lateral sclerosis patients: a retrospective study

Şule Deveci

S010

The essential role of iron during the childhood and adolescent periods

Hacer Eroğlu İçli

S011

Development of biodegradable chitosan active packaging material as an alternative to plastic packaging to prevent harmful chemical migration into foods

Seda Çakır

S012

Effect of time restricted nutrition on lipid parameters

Muammer Özdemir



POSTER PRESENTATION PROGRAM

15th December, Friday - 16th December, Saturday

P001

Evaluation of the relationship between eating attitudes and sustainable nutrition

Hülya Demir, Elif Burcu Bali, Sinem Altunay

P002

Comparison of Tax4Fun2 and PICRUSt2 used to predictive funtional annotations in metagenomic data

Sibel Kucukyildirim

P003

Effects of meat and meat product consumption habits at breakfast on anthropometric measurements and blood lipid profiles

Kübra Aydın, Besim Ozyel

P004

Examination of two methods used to prevent lipemia interference in complete blood count

Havva Büyükyavuz, Berrak Güven, Ayça Görkem Mungan, Murat Can