

| Compound                     | $N_0$<br>10 <sup>22</sup> molecules/m <sup>3</sup> | $\beta$<br>10 <sup>-15</sup> m/W | $n_2$<br>10 <sup>-21</sup> m <sup>2</sup> /W | $Im\chi^{(3)}$<br>10 <sup>-16</sup> esu | $Re\chi^{(3)}$<br>10 <sup>-16</sup> esu | $Im\gamma$<br>10 <sup>-35</sup> esu | $Re\gamma$<br>10 <sup>-35</sup> esu | $\sigma$<br>GM |
|------------------------------|----------------------------------------------------|----------------------------------|----------------------------------------------|-----------------------------------------|-----------------------------------------|-------------------------------------|-------------------------------------|----------------|
| Glass                        | –                                                  | 5.3 ± 0.2                        | 20.6 ± 0.7                                   | 1.92 ± 0.07                             | 29.4 ± 1.0                              | –                                   | –                                   | –              |
| DCM                          | –                                                  | 21.2 ± 1.0                       | 21.6 ± 1.0                                   | 6.9 ± 0.3                               | 27.3 ± 1.0                              | –                                   | –                                   | –              |
| SZ2080 <sup>TM</sup>         | 270.6                                              | 4.0 ± 0.3                        | 85.3 ± 6.0                                   | 1.5 ± 0.1                               | 121.7 ± 9.0                             | 1.4 ± 0.1                           | 110 ± 13.0                          | 5.7 ± 0.4      |
| IRG369                       | 164.7                                              | 17.2 ± 2.0                       | 15.6 ± 1.0                                   | 5.5 ± 0.7                               | 20.1 ± 1.0                              | 10.0 ± 0.6                          | 36.6 ± 2.0                          | 40.2 ± 5.0     |
| SZ2080 <sup>TM</sup> +IRG369 | 271.79                                             | 31.3 ± 3.0                       | 108.5 ± 4.0                                  | 11.3 ± 0.8                              | 154.8 ± 6.0                             | 10.2 ± 0.7                          | 139.9 ± 5.0                         | 44.4 ± 5.0     |
| BIS                          | 185.4                                              | 41.7 ± 2.0                       | 27.5 ± 2.0                                   | 13.6 ± 0.7                              | 35.4 ± 3.0                              | 22.0 ± 1.0                          | 57.3 ± 5.0                          | 86.8 ± 4.0     |
| SZ2080 <sup>TM</sup> +BIS    | 271.94                                             | 73.0 ± 6.0                       | 133.3 ± 8.0                                  | 26.4 ± 2.0                              | 171.4 ± 10.0                            | 24.2 ± 2.0                          | 154.8 ± 9.0                         | 103.6 ± 14.0   |

Table A1. Experimentally determined values using Z-scan (this study). NLO related parameters ( $\beta$ : nonlinear absorption coefficient,  $n_2$ : nonlinear refractive index,  $Im\chi^{(3)}$ : imaginary part of the third-order susceptibility,  $Re\chi^{(3)}$ : real part of the third-order susceptibility  $Im\gamma$ : imaginary part of second-order hyperpolarizability,  $Re\gamma$ : real part of second-order hyperpolarizability, and  $\sigma$ : two-photon absorption cross section [1 GM = 10<sup>-50</sup> cm<sup>4</sup>·s·photon<sup>-1</sup>] of pure SZ2080<sup>TM</sup>pre-polymer, and SZ2080<sup>TM</sup>pre-polymer with photosensitizers, and neat photosensitizers (IRG369 and BIS), under 240 fs, 515 nm laser excitation. The parameters are given in standard SI and cgs/esu units.

## 559 A. Supplementary Information

560 Table A1 shows the summary of the experimentally determined (Z-scan) parameters in the most popular  
561 presentations using formulae Eqns. 1–6. All data are obtained in this study using the same setup and sample  
562 preparation protocols.

563 Figure A1 shows CA Z-scans of SZ2080™ pre-polymer at higher intensity 1.8 TW/cm<sup>2</sup>. The clear sign  
564 reversal of  $n_2$  is observed. It is likely attributed to the onset of free carrier generation. As the free carrier  
565 density increases due to ionization, the refractive index decreases because  $\omega_p^2$  becomes larger, resulting in  
566 self-defocusing. More detailed studies are planned to explore the mechanism that changes material response  
567 from solid state to plasma using Z-scan at different PI doping.

568 The refractive index of plasma from the Drude model is given by  $n = \sqrt{1 - \omega_p^2/\omega^2}$ , where  $\omega_p = \sqrt{\frac{N_e e^2}{\epsilon_0 m_e}}$   
569 is the plasma frequency defined by the electron density  $N_e$ , where  $m_e$  is electron mass,  $e$  its charge and  
570  $\omega = 2\pi c/\lambda$  is the cyclic laser frequency,  $\epsilon_0$  is the dielectric constant (permittivity of free space). As electron  
571 density is increasing and approaching the critical plasma density  $N_{cr}$ :  $\frac{\omega_p^2}{\omega^2} = \frac{N_e}{N_{cr}}$ , light is reflected.

572 Figure A2 has summary results of OA and CA Z-scan of PI solutions and DCM solvent (1 mm thickness  
573 cuvette, 36  $\mu$ m diameter irradiation spots). The results confirm self-focusing with  $n_2 > 0$ .

574 Figure A3 presents the smallest achievable lateral feature size of line arrays fabricated using pure and  
575 photosensitized SZ2080™ resist. All formulations demonstrate sub-micron feature sizes ranging from  
576 330–350 nm.

577 **Case study of Two Photon Polymerisation (TPP).** Lets estimate the first nonlinear ( $I$ -dependent)  
578 contribution to the refractive index  $n = n_0 + n_2 I$  and absorption coefficient  $\alpha = \alpha_0 + \beta I$  for the pure  
579 SZ2080™ and with 1% wt. IRG369 and BIS at the typical 3D polymerisation intensity (average)  $I =$   
580  $1 \text{ TW/cm}^2$ . For the pure SZ2080™ resist, the linear index is  $n_0 = 1.50 \pm 0.02$  at visible wavelengths [45]  
581 and the absorption coefficient  $\alpha_0 \approx 1 \text{ cm}^{-1}$  at the transparency window (14  $\mu$ m-thick resist ; Fig. 2(b)).  
582 The threshold of strong absorption is defined by optical density  $\alpha d = 1$ , hence, the transmittance  
583  $T = I_T/I_0 = e^{-\alpha d} \equiv 1/e$ ,  $d$  is the thickness at which intensity of the beam reduces by  $e$  for linear absorption  
584 case. Notably, the scattering losses can be assumed to be due to absorption when measured in transmission.  
585 Two-photon nonlinearities of SZ2080™ resist:  $\beta \approx 0.4 \text{ cm/TW}$  and  $n_2 \approx 9 \times 10^{-4} \text{ cm}^2/\text{TW}$  (Table A1;  
586 units are changed to cm/TW and cm<sup>2</sup>/TW for easy estimates at intensities in TW/cm<sup>2</sup>). At  $1 \text{ TW/cm}^2$   
587 the nonlinear additions to  $\alpha_0$  and  $n_0$ :  $\beta I = 0.4 \text{ cm}^{-1}$  and  $n_2 I = 9 \times 10^{-4}$ , respectively. Hence, the  
588 absorption length  $d = 1/\beta I = 25 \text{ mm}$ , the nonlinear length is calculated by:  $L_n = \lambda/n_2 I = 0.57 \text{ mm}$ . The  
589 nonlinear length is the distance at which the phase will differ by  $2\pi$  due to nonlinear refraction. Therefore,  
590 for the nonlinear refraction to have an impact, the wave has to travel 0.57 mm, which is a considerable  
591 distance compared to the Rayleigh length of a tightly focused beam usually used in 3D photopolymerisation  
592 ( $NA > 0.7$ ). In laser-based 3D polymerization, the Rayleigh length typically ranges from  $\approx 1\text{--}2 \mu\text{m}$  for  
593  $NA = 0.7$  to  $\approx 300\text{--}400 \text{ nm}$  for  $NA = 1.4$ , assuming wavelengths around 500–800 nm. Meanwhile, a small  
594 amount of absorbed energy is sufficient to induce photopolymerization. This favors the energy deposition  
595 with high resolution and precision when high NA is used.

596 For SZ2080™ with 1%wt. IRG369, at  $0.4 \text{ TW/cm}^2$ , the absorption depth  $d=8 \text{ mm}$ ; and  $L_n = 0.23 \text{ mm}$ .  
597 Correspondingly, for SZ2080™ with 1%wt. BIS, at  $0.4 \text{ TW/cm}^2$ :  $d=3.4 \text{ mm}$  and  $L_n = 0.19 \text{ mm}$ . Again,  
598 distances are larger than the Rayleigh length of the tightly focused beam.

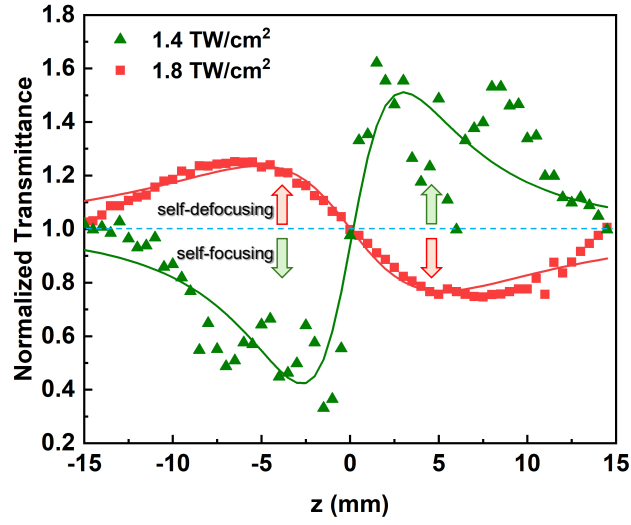


Fig. A1. CA Z-scans of SZ2080™ pre-polymer at a laser intensity of 1.4 TW/cm<sup>2</sup> (green triangles) and 1.8 TW/cm<sup>2</sup> (red squares). The sign reversal of  $n_2 \approx -5.6 \times 10^{-4} \text{ cm}^2/\text{TW}$  was observed. This indicates self-defocusing due to free carriers. As the free carrier density increases due to ionization, the refractive index decreases because plasma frequency  $\omega_p = \sqrt{\frac{N_e e^2}{\epsilon_0 m_e}}$  becomes larger, resulting in self-defocusing effect. Larger S/N ratio for self-defocusing is observed.

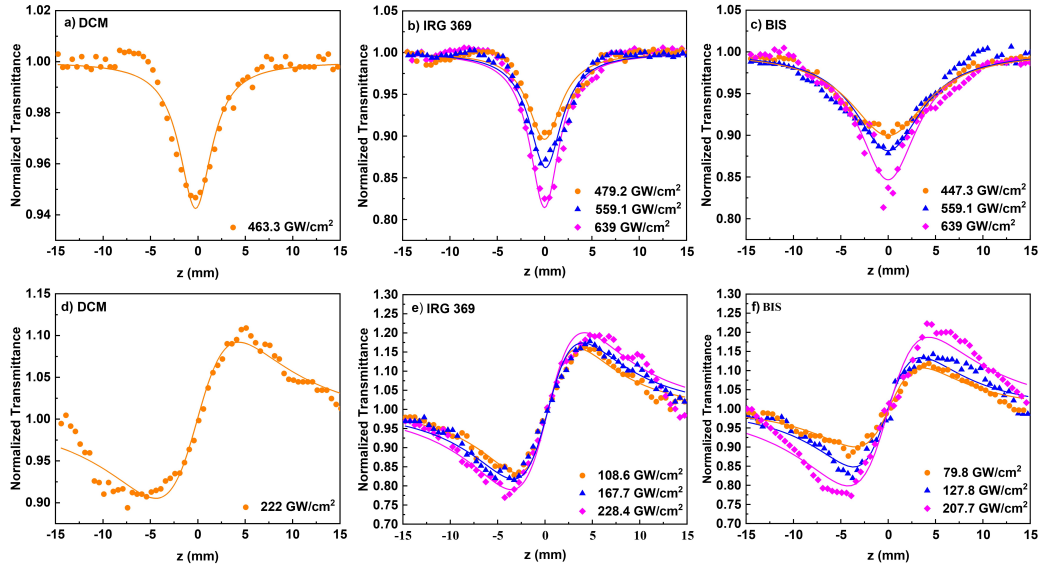


Fig. A2. (a-c) OA and (d-f) CA Z-scans of IRG369 and BIS solutions in DCM, under different laser excitation intensities.

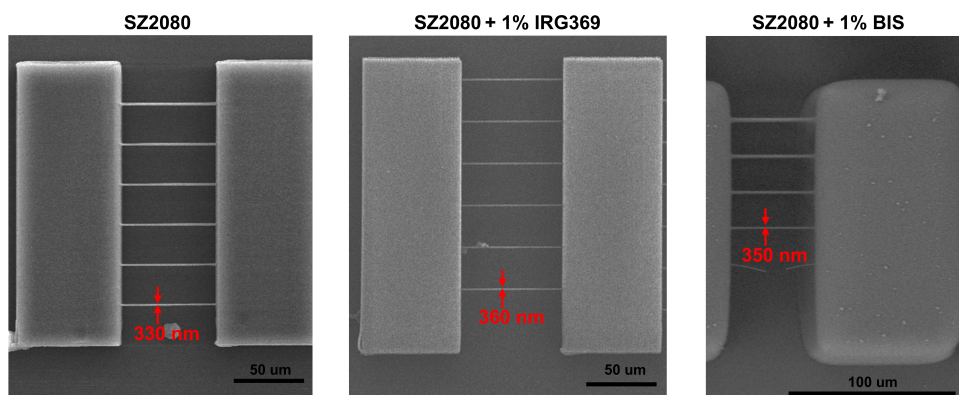


Fig. A3. SEM images of fabricated line arrays used for resolution characterization of SZ2080<sup>TM</sup>-based resists with and without photosensitizer. The minimum lateral feature size, defined as the line width at threshold conditions, is indicated for each material: (left) neat SZ2080<sup>TM</sup>, (middle) SZ2080<sup>TM</sup>+ 1% wt. IRG369, and (right) SZ2080<sup>TM</sup>+ 1% wt. BIS. Notably, all formulations attain sub-micron feature sizes ranging from 330–350 nm. Scale bars: 50  $\mu\text{m}$  (left and middle), 100  $\mu\text{m}$  (right).