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Research Article

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Serum uric acid to albumin ratio and C-reactive protein as predictive biomarkers for chronic total occlusion and coronary collateral circulation quality

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Abstract

Background – Coronary collateral circulation (CCC) plays a vital role in preserving myocardial perfusion in patients with chronic total occlusion (CTO). Reliable biomarkers for evaluating CCC are needed. This study aimed to investigate the combined diagnostic value of serum uric acid-to-albumin ratio (UAR) and C-reactive protein (CRP) in assessing the CCC status.

Methods – We enrolled 220 patients undergoing coronary angiography and categorized them into three groups: CTO (n = 80), coronary heart disease (CHD, n = 100), and controls (n = 40). Serum UAR and CRP levels were measured. Logistic regression and receiver operating characteristic curve analyses were performed to determine associations with CCC quality.

Results – UAR and CRP levels were significantly elevated in the CTO group compared to CHD and control groups. Among CTO patients, those with well-developed CCC had significantly lower UAR and CRP levels. Both biomarkers were identified as independent predictors of the CCC status. Combined use of CRP and UAR improved diagnostic specificity to 91.1%.

Conclusion – This is the first study to demonstrate the diagnostic utility of combining UAR and CRP for evaluating CCC in CTO patients. The dual-marker approach enhances

diagnostic accuracy and may support more precise clinical decision-making in coronary artery disease.

Keywords: chronic total occlusion of coronary arteries, coronary collateral circulation, uric acid/albumin ratio, Creactive protein

1 Introduction

Coronary artery disease (CAD) remains a leading cause of cardiovascular mortality worldwide, characterized by atherosclerotic plaque formation and progressive arterial stenosis [1–3]. With population aging and lifestyle changes, the incidence of CAD continues to rise, posing substantial challenges to global healthcare systems [4–6]. Chronic total occlusion (CTO), the most advanced form of CAD, involves complete coronary artery obstruction for more than three months [7–9]. CTO significantly impairs myocardial perfusion, resulting in ischemia or infarction and adversely affecting patient quality of life and prognosis [10–12]. Despite advancements in interventional cardiology, CTO remains a clinical challenge, with low revascularization success, high restenosis rates, and variable outcomes [13–15].

Coronary collateral circulation (CCC) serves as an adaptive mechanism that maintains myocardial perfusion in the setting of coronary artery obstruction. Well-developed CCC can reduce ischemic burden, preserve myocardial function, and improve long-term outcomes [16–18]. The extent of CCC development is closely associated with survival after myocardial infarction, recovery of cardiac function, and overall prognosis [19,20]. Clinically, CCC evaluation is essential for guiding CTO management and predicting therapeutic response [21,22]. However, its formation is influenced by various factors, including genetics, metabolic status, and comorbid conditions [23], highlighting the need for reliable biomarkers to assess CCC status.

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Recent advances in biomedical research have promoted the use of serum biomarkers in evaluating CTO and CCC [24]. Uric acid (UA), albumin (Alb), and C-reactive protein (CRP) have been studied for their pathophysiological relevance in cardiovascular disease [25,26]. UA is a marker of oxidative stress, which contributes to CAD progression [27,28]; decreased albumin reflects systemic inflammation and malnutrition [29], and elevated CRP indicates acute inflammatory activity [30]. Prior studies have shown that elevated UA levels are significantly associated with impaired CCC in patients with acute coronary syndrome, stable CAD, and CTO [3,31,32]. The UA-to-albumin ratio (UAR) has emerged as a composite biomarker integrating metabolic and inflammatory status [33]. However, the combined diagnostic value of UAR and CRP in assessing CCC remains underexplored.

Therefore, this study aimed to evaluate, for the first time, the combined utility of UAR and CRP in assessing CCC development in CTO patients. Based on clinical and biochemical data from 220 individuals undergoing coronary angiography, we investigated their potential as biomarkers to improve diagnostic accuracy and support personalized treatment strategies.

2 Materials and methods

2.1 Research subject

This study included patients who underwent coronary angiography at the First Affiliated Hospital of Jinzhou Medical University from January 2019 to December 2022

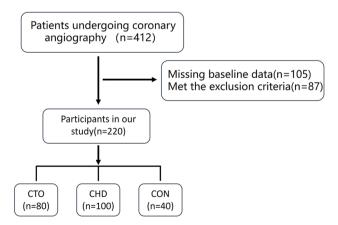


Figure 1: Flowchart of the participant inclusion and exclusion processes. Note: CTO: chronic total occlusion; CHD: coronary heart disease (stenosis); CON: control.

(Figure 1). Inclusion criteria were: age 18 years or older and complete baseline blood biochemistry data (including UA, albumin, CRP, triglycerides, etc.). The patients were divided into three groups: the CTO group (80 cases), where coronary angiography revealed at least one completely occluded vessel with an occlusion duration of more than three months; the coronary heart disease (CHD) group (100 cases), where angiography showed at least one vessel with more than 50% stenosis; and the normal control group (CON) (40 cases), where no significant stenosis was observed on angiography. The CHD group was included as an intermediate pathological state between normal coronary arteries and CTO, which helps to clarify the dynamic changes in UAR and CRP across different stages of CAD. This three-group comparison enhances the interpretive value of the study and supports the potential of UAR and CRP as stratified diagnostic biomarkers. Exclusion criteria included structural heart disease, malignant tumors, rheumatic or autoimmune diseases, liver or renal dysfunction, recent use of immunosuppressive drugs, neurodegenerative diseases, and recent acute inflammation or infection.

All sensitive personal information (e.g., name, ID number) was anonymized and replaced with unique identification codes to ensure patient privacy. Data were stored in the hospital's secure database, accessible only to core research team members, ensuring data security. The analysis results did not contain any personally identifiable information. This study was approved by the Clinical Ethics Committee of The Second Affiliated Hospital of Anhui Medical University (approved number: SL-YX(YS) 2023-SZR 092), and informed consent was obtained from all participants. The study strictly adhered to the principles outlined in the Declaration of Helsinki [34].

2.2 Research methods

Patient information, including name, gender, age, height, weight, body mass index (BMI), and medical history (hypertension, diabetes, stroke, smoking history), was collected. Within 24 hours of admission, fasting venous blood samples were obtained in the early morning and analyzed using a whole blood automated analyzer to measure white blood cell count (WBC), hemoglobin (Hb), and platelet levels. Additionally, an automated chemiluminescence immunoassay analyzer was used to measure alanine aminotransferase (ALT), aspartate aminotransferase (AST), blood urea nitrogen (BUN), glucose (Glu), UA, creatinine (CR), CRP, total cholesterol (TC), triglycerides (TG), total protein (TP), albumin (ALB), albumin/globulin ratio, and

UAR. Coronary angiography was performed using the Judkins method, and collateral circulation was classified into Rentrop 0 to 3 levels based on the coronary angiogram findings [35]: Grade 0 indicates no visible collateral vessels, Grade 1 indicates some filling of the side branch, Grade 2 represents partial filling of the epicardial vessel in CTO, and Grade 3 indicates complete filling of the epicardial vessel.

2.3 Statistical analysis

In this study, all statistical analyses were performed using SPSS 22.0 software. Continuous variables with a normal distribution were expressed as mean \pm standard deviation and compared between groups using t-tests or analysis of variance. Continuous variables with a non-normal distribution were expressed as the median and interquartile range, with group comparisons performed using the Mann–Whitney U test or Kruskal–Wallis test. Categorical variables were described as proportions, and group comparisons were conducted using the chi-square test (χ^2 test) or Fisher's exact test. Normality tests were performed for

all continuous variables, and Bonferroni correction was applied for multiple comparisons, with P < 0.05 considered statistically significant [36].

To explore the impact of CRP and UAR on CCC formation in CTO patients, binary logistic regression analysis was conducted to assess the independent predictive value of these biomarkers based on the correlation analysis. In the study, 80 CTO patients were divided into a low collateral circulation group (Rentrop grades 0-1) and a high collateral circulation group (Rentrop grades 2-3) according to the Rentrop grading. Collateral circulation formation (0 = low collateral circulation, 1 = high collateral circulation) was set as the dependent variable, while CRP, UA, and UAR were the primary independent variables. Variables with statistical significance (P < 0.05) were initially identified through univariate analysis and directly included in the regression model. The regression analysis employed the maximum likelihood estimation method, with results presented as odds ratios (OR) and their 95% confidence intervals (CI). The model's goodness-of-fit was evaluated using the Hosmer-Lemeshow test, and model independence was validated through residual analysis and standardized coefficients to ensure the robustness of the results.

 Table 1: Baseline characteristics comparison among normal, coronary heart disease, and chronic total occlusion groups

Project	CON group (<i>n</i> = 40)	CHD group (<i>n</i> = 100)	CTO group (<i>n</i> = 80)	H/χ² value
Age (years)	66.00 (56.75, 69.00)	65.50 (57.25, 71.75)	68.00 (55.25, 74.00)	1.706
BMI (kg/m²)	22.92 (20.63, 26.29)	23.30 (20.72, 26.10)	22.77 (20.30, 25.29)	1.414
Male patients/cases (%)	19	51	52	4.779
History of hypertension/cases (%)	22	58	54	2.402
History of diabetes/cases (%)	12	21	28	4.473
History of stroke/cases (%)	1	12	6	2.826
Smoking history/cases (%)	6	24	27	2.232
WBC (*10 ⁹)	6.39 ± 2.12	6.58 ± 2.04	6.43 ± 1.58	0.211
Hb (g/L)	131.00 (126.00, 137.50)	132.00 (124.25, 140.00)	130.00 (121.00, 140.00)	2.187
PLT (*10 ⁹)	239.00 (202.25, 300.25)	221.00 (175.25, 264.50)	210.50 (174.25, 264.50)	5.352
ALT (U/L)	38.97 ± 49.57	36.88 ± 72.88	44.06 ± 80.99	0.221
AST (U/L)	54.25 ± 78.94	38.86 ± 72.14	50.46 ± 67.30	0.910
BUN (mmol/L)	7.16 ± 3.06	7.70 ± 5.00	8.08 ± 3.43	0.659
Glu (mmol/L)	5.06 (4.57, 5.89)	5.04 (4.47, 5.59) [*]	5.43 (4.72, 6.81) [*]	6.693
UA (μmol/L)	254.00 (192.50, 287.50)	291.50 (242.50, 329.75)*	328.50 (277.39, 390.00)*#	30.182
CR (µmol/L)	59.00 (52.25, 67.00)	66.00 (59.25, 72.00)*	67.00 (59.25, 72.00)*	15.088
CRP (mg/L)	2.98 ± 2.17	7.83 ± 9.90 [*]	8.08 ± 3.43*	-3.019
TC (mmol/L)	3.72 ± 0.92	4.12 ± 1.05	4.32 ± 1.64	2.953
TG (mmol/L)	1.51 ± 0.89	1.58 ± 0.75	2.28 ± 2.12*#	6.505
TP (g/L)	63.95 (60.33, 68.88)	64.15 (59.33, 68.70)	65.10 (60.08, 69.05)	0.768
ALB (g/L)	38.60 (35.90, 40.95)	35.88 (36.03, 41.75)	40.15 (36.35, 42.40)	2.895
Albumin/globulin ratio	1.52 (1.30, 7.12)	1.51 (1.33, 1.78)	1.52 (1.36, 1.67)	2.312
UAR	6.57 (5.12, 8.03)	7.55 (6.20, 8.75) [*]	8.30 (7.55, 9.97) ^{*#}	20.826

Note: CTO: chronic total occlusion; CHD: coronary heart disease; CON: control, BMI: body mass index, WBC: white blood cell, PLT: platelet, ALT: alanine aminotransferase, AST: aspartate aminotransferase, BUN: blood urea nitrogen, Glu: glucose, UA: uric acid, CR: creatinine, CRP: C-reactive protein, TC: total cholesterol, TG: triglyceride, TP: total protein, ALB: albumin, UAR: uric acid-to-albumin ratio,*p < 0.05 vs CON group; #p < 0.05 vs CHD group.

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3 Results

3.1 Elevated biochemical markers in patients with CTO: Implications for pathophysiology and management

Baseline characteristics were compared among the CHD, CTO, and CON groups, as shown in Table 1. A total of 220 patients were included in this study, with 114 males (51.81%) and 106 females (48.19%), and a mean age of 63.35 ± 10.94 years. There were no statistically significant differences in age, gender, BMI, or histories of hypertension, diabetes, stroke, and smoking across the three groups, indicating comparable baseline characteristics.

No significant differences were observed in several biochemical parameters, including WBC, Hb, PLT, ALT, AST, BUN, TC, TP, ALB, and the albumin/globulin ratio. The glucose level in the CTO group (5.43 mmol/L) was significantly higher than in the CON group (5.06 mmol/L, p=0.03) (Figure 2a). The UA level in the CTO group (328.50 μ mol/L) was significantly higher than in the CHD (291.50 μ mol/L) and CON (254.00 μ mol/L) groups (p<0.001) (Figure 2b). Triglyceride levels were higher in the CTO group (2.28 mmol/L) than in the CHD and CON groups (p<0.01) (Figure 2c). CRP levels were significantly elevated in the CTO and CHD groups compared to the CON group (p<0.01) (Figure 2d). Creatinine levels in the CTO and CHD groups were higher than in the CON group (p<0.01) (Figure 2e). UAR levels were also significantly increased

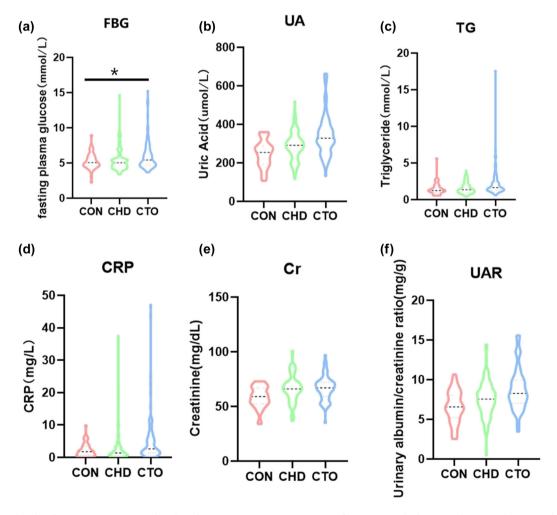


Figure 2: Violin plot illustrating variances in baseline data metrics. Note: Comparison of pre-test results between the CTO (chronic total occlusion) group, CHD (coronary heart disease) group, and CON (control) group for (a) fasting blood glucose, (b) uric acid, (c) triglycerides, (d) C-reactive protein, (e) creatinine, and (f) urinary albumin-to-creatinine ratio. Statistical significance: *p < 0.05, **p < 0.01, ***p < 0.001.

in the CTO group (8.30) compared to the CHD group (7.55) and the CON group (6.57) (p < 0.001) (Figure 2f).

3.2 Association of CRP and UAR levels with collateral circulation formation in CTO patients

Eighty CTO patients were categorized into the low collateral circulation group (Rentrop grades 0–1) and high collateral circulation group (Rentrop grades 2–3) based on the Rentrop classification (Table 2). There were no statistically significant differences in age, BMI, sex ratio, or histories of hypertension, diabetes, stroke, and smoking between the two groups (p > 0.05), indicating comparable baseline characteristics. No significant differences between the two groups were observed in WBC, Hb, PLT, ALT, AST, BUN, Glu, TC, TG, TP, or ALB levels. The high collateral circulation group had lower UA levels (303.50 μ mol/L vs 344.00 μ mol/L, p = 0.012), lower CRP levels (p = 0.001), and lower UAR values (7.22 vs 9.50, p = 0.001) compared to the low collateral group. Binary logistic regression analysis was

performed on variables with significant differences. CRP was identified as an independent predictor of collateral circulation (OR = 0.717, 95% CI: 0.582–0.882, p = 0.002), as was UAR (OR = 0.550, 95% CI: 0.317–0.953, p = 0.033). UA was insignificant in the regression model (p = 0.317) (Table 3).

3.3 Predictive values of serum CRP and UAR for collateral circulation in patients with CTO

Receiver operating characteristic (ROC) curves were constructed for CTO patients based on high collateral circulation. The results revealed that the area under the ROC curve for CRP was 0.777 (95% CI 0.223–0.324), with an optimal cutoff value of 3.19 mg/L, sensitivity of 66.70%, and specificity of 79.40%. The area under the ROC curve for UAR was 0.720 (95% CI 0.161–0.399), with an optimal cutoff value of 8.74, sensitivity of 80.00%, and specificity of 76.50% (Figure 3a). When both biomarkers were used for diagnosis, the combined area under the ROC curve was 0.844 (95% CI 0.759–0.928, P < 0.001), with an optimal cutoff

Table 2: Baseline data comparison of CTO patients with different levels of coronary collateral circulation

Project	Lower limb circulation group (n = 46)	Upper limb circulation group (n = 34)	<i>t/F</i> value	P value
Age (years)	65.02 ± 13.54	64.56 ± 10.06	0.175	0.861
BMI/(kg/m²)	22.51 (20.02, 26.51)	23.31 (20.13, 25.66)	0.168	0.851
Male patients/cases (%)	28 (60.87)	24 (70.59)	0.812	0.368
History of hypertension/case (%)	31 (67.39)	23 (67.64)	0.001	0.981
History of diabetes/cases (%)	19 (41.30)	9 (26.47)	1.891	0.169
History of stroke/cases (%)	3 (9.67)	3 (8.82)	0.149	0.699
Smoking history/cases (%)	18	9	1.401	0.236
WBC (*10 ⁹)	5.79 (4.85, 7.40)	6.87 (5.55, 8.03)	1.830	0.067
Hb (g/L)	129.00 (120.00, 135.00)	133.00 (122.00, 139.00)	1.694	0.090
PLT (*10 ⁹)	209.00 (176.50, 258.25)	512.50 (164.50, 259.00)	0.214	0.830
ALT (U/L)	44.41 ± 97.03	43.59 ± 53.53	0.049	0.961
AST (U/L)	50.70 ± 67.76	50.15 ± 67.69	0.360	0.972
BUN (mmol/L)	7.09 (5.49, 9.41)	7.95 (5.26, 10.13)	00.341	0.733
Glu (mmol/L)	6.01 ± 2.28	6.27 ± 2.16	0.515	0.608
UA (µmol/L)	344.00 (305.00, 393.00)	303.50 (238.50, 375.25)	2.501	0.012
CR (µmol/L)	65.50 (57.00, 71.25)	68.00 (64.00, 74.25)	1.300	0.193
CRP (mg/L)	8.04 ± 9.85	2.229 ± 2.07	3.347	0.001
TC (mmol/L)	4.13 ± 1.64	4.57 ± 1.61	1.121	0.230
TG (mmol/L)	2.63 ± 2.60	1.81 ± 1.04	1.946	0.056
TP (g/L)	67.10 (62.13, 69.80)	61.10 (65.43, 67.50)	1.956	0.050
ALB (g/L)	41.30 (37.10, 42.70)	38.60 (35.68, 41.90)	1.538	0.124
Albumin/globulin ratio	1.53 (1.38, 1.66)	1.49 (1.29, 1.69)	0.540	0.089
UAR	9.50 (9.11, 10.27)	7.22 (6.00, 8.74)	3.337	0.001

Note: CTO: chronic total occlusion, BMI: body mass index, WBC: white blood cell, PLT: platelet, ALT: alanine aminotransferase, AST: aspartate aminotransferase, BUN: blood urea nitrogen, Glu: glucose, UA: uric acid, CR: creatinine, CRP: C-reactive protein, TC: total cholesterol, TG: triglyceride, TP: total protein, ALB: albumin, And UAR: uric acid-to-albumin ratio.

Table 3: Binary logistic regression analysis of factors influencing collateral circulation in CTO patients

Project	CON group (<i>n</i> = 40)	CHD group (<i>n</i> = 100)	CTO group (<i>n</i> = 80)	Η/χ² value	P value
CRP	-0.559	0.106	9.886	0.717 (0.582-00.882)	0.002
UA	0.008	0.008	1.001	1.008 (0.993-1.023)	0.317
UAR	-0.559	0.281	4.548	00.550 (0.317-0.953)	0.033

Note: UA: uric acid, CRP: C-reactive protein, UAR: uric acid-to-albumin ratio, CTO: chronic total occlusion, CON: control group, and CHD: coronary heart disease.

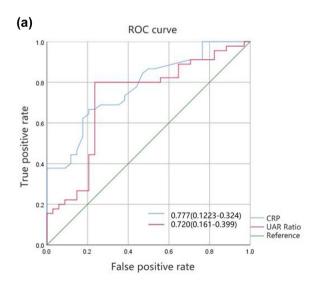
value of 0.61 mg/L, sensitivity of 64.70%, and specificity of 91.10% (Figure 3b).

4 Discussion

In the research field of cardiovascular diseases, studies on serum UAR and CRP as risk factors have been increasing [37,38]. Previous studies have indicated that UA, an oxidative stress marker, is closely associated with various cardiovascular events [39,40]. Furthermore, as a negative acute-phase protein, albumin is widely reported to decrease under inflammatory conditions [41–43]. As a sensitive inflammation marker, CRP is crucial in predicting cardiovascular diseases [42,44,45]. In comparison to previous studies, our research, for the first time, establishes a connection between UAR and CCC in CTO patients, suggesting UAR as a novel biomarker for evaluating the collateral circulation status of CTO patients. It differs from prior literature that solely focused on UA or albumin

as assessment indicators [37], providing a more comprehensive biochemical parameter analysis in our study.

Our study results demonstrate that UAR is significantly lower in the high collateral circulation group than in the low collateral circulation group, indicating that CTO patients with lower UAR may have better collateral circulation formation. The significant increase in UAR and CRP levels in the CTO group may reflect the combined effect of inflammation and oxidative stress in CTO patients. UA, as a marker of oxidative stress, may be elevated due to purine metabolism disorders, which could further exacerbate the progression of coronary atherosclerosis in CTO patients [26]. This finding is consistent with recent studies suggesting the dual role UA might play in cardiovascular health [46-48]. However, unlike other studies predominantly concentrating on the impact of UA at a single level [39], our research offers a new perspective by combining UA and albumin ratio to evaluate this relationship. Furthermore, our study further explores the connection between UAR and CTO and CCC formation, filling gaps in prior research.



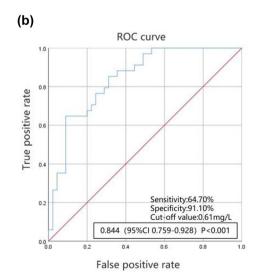


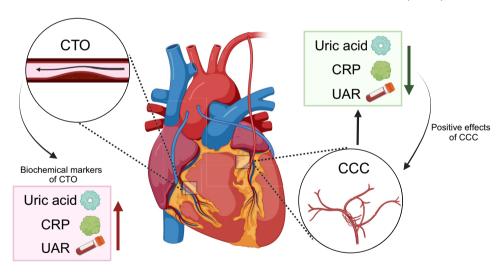
Figure 3: ROC curves of the logistic regression model. Note: (a) ROC curve for serum CRP and UAR in predicting the presence of CCC in CTO patients; (b) ROC curve for the combined prediction of CCC in CTO patients using serum CRP and UAR. CRP: C-reactive protein; CTO: chronic total occlusion; CHD: coronary heart disease (stenosis); CON: control; UAR: uric acid-to-albumin ratio.

In addition, CRP levels are closely associated with CTO and the formation of CCC. As a marker of the inflammatory response, elevated CRP may impair collateral vessel development by inhibiting endothelial cell function or enhancing vascular wall inflammation [49]. This finding is consistent with previous studies identifying CRP as a key inflammatory marker in cardiovascular disease [42,45,50]. While most existing research has focused on the relationship between CRP and cardiovascular event risk, our study further expands its potential clinical application in assessing collateral circulation in CTO patients [41,51,52]. Both CRP and UAR demonstrate good diagnostic value in predicting collateral vessel formation in CTO patients. Although CRP alone performs slightly better, its combined use significantly enhances diagnostic accuracy, improving sensitivity and specificity. Therefore, the combined measurement of CRP and UAR may offer a more reliable basis for evaluating CCC development in CTO patients, aiding in risk assessment and supporting individualized treatment strategies.

TG levels in CTO patients may aggravate coronary atherosclerosis and further impair collateral circulation formation, highlighting the role of lipid metabolism disorders in CTO pathophysiology [53]. Likewise, UAR was significantly higher in CTO patients, suggesting the combined influence of inflammation and metabolic dysfunction. As UAR reflects decreased albumin and elevated UA, impacting the disease state, its elevation may be clinically relevant [33]. Our findings show that combining UAR and CRP improves CTO and collateral circulation status diagnostic specificity. It offers a more precise tool for risk stratification and treatment planning. While prior studies have examined UAR and CRP individually as cardiovascular risk indicators, few have assessed their combined utility [54,55]. Our results suggest that their joint application may enhance clinical decision-making and support the broader use of these biomarkers in managing CTO, potentially improving diagnostic and prognostic outcomes.

This study identifies UAR and CRP as risk factors for the formation of CCC in patients with CTO, contributing to

Exploring the Role of Uric Acid/Albumin Ratio and CRP Levels in Collateral Circulation Formation in Chronic Total Occlusion (CTO)



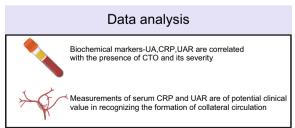


Figure 4: Exploring the role of uric acid/albumin ratio and CRP levels in collateral circulation formation in CTO. Note: CRP: C-reactive protein; CTO: chronic total occlusion; UAR: uric acid-to-albumin ratio; and CCC: coronary collateral circulation.

5 Conclusion

This study preliminarily reveals the potential value of combining serum CRP and UAR as biomarkers for predicting CCC status in patients with CTO. The findings reveal that elevated CRP and UAR levels are independent risk factors for impaired collateral formation, and their combined assessment can significantly improve diagnostic specificity. These results indicate that CRP and UAR are closely associated with CCC formation but do not fully reflect its complexity, suggesting that collateral formation is a multifactorial process (Figure 4). This study provides a foundation for integrating these biomarkers into clinical practice to better assess cardiovascular risk and prognosis in CTO

patients. Although CCC is currently assessed by invasive angiography, future validation of CRP and UAR in non-invasive settings such as CTCA may enable early identification of patients with poor CCC, supporting risk stratification and personalized treatment. Larger, multi-center studies are needed to confirm these findings and further explore the mechanisms underlying CCC development.

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Author contributions: Yufei Zhao conceived and designed the study. Juan Wu and Jianming Zhang performed the experiments. Erli Yang analyzed the data. Shouye Dong and Yufei Zhao wrote the manuscript. All authors reviewed and approved the final version of the manuscript.

Conflict of interest: The author declares no conflict of interest.

Data availability statement: The data that support the findings of this study are available from the corresponding author upon reasonable request.

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