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# Longitudinal changes of left ventricular hypoplasia and ventricular disproportion in congenital diaphragmatic hernia neonates

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#### **Abstract**

**Objectives:** Ventricular disproportion, defined as a ratio of right ventricle (RV) end-diastolic diameter to left ventricle (LV) end-diastolic diameter (RV $_{\rm D}/{\rm LV}_{\rm D}) \geq 1.1$  is commonly observed in neonates with congenital diaphragmatic hernia (CDH) and it is independently associated with adverse outcome. Longitudinal postnatal data on ventricular disproportion of CDH neonates are poorly studied and we aimed to evaluate changes in RV $_{\rm D}/{\rm LV}_{\rm D}$  through serial echocardiographic studies at selected timepoints in the neonatal period.

**Methods:** This retrospective observational study included CDH neonates admitted to the University Children's Hospital of Bonn between January 2011 and March 2021. RV<sub>D</sub>/LV<sub>D</sub> was measured via apical 4-chamber echocardiographic views at admission, 48 h of life, pre-surgical repair, pre-extubation, and on day 5 of ECMO support, if applicable. Patients

receiving palliative care, experiencing early death, or lacking follow-up echocardiographic data were excluded.

**Results:** Of 248 CDH neonates, 80 were excluded, leaving 168 in the final cohort. At baseline, 41.7 % had an RV<sub>D</sub>/LV<sub>D</sub> ≥1.1. Mortality (34.3 %) and ECMO rates (62.9 %) were significantly higher in these patients compared to those with RV<sub>D</sub>/LV<sub>D</sub> <1.1. Ventricular disproportion decreased over time: 41.7 % at admission, 23.1 % at 48 h, 15.7 % pre-repair, and 9.1 % pre-extubation. For ECMO patients, RV<sub>D</sub>/LV<sub>D</sub> ≥1.1 was found in 62.9 % at admission, decreasing over time. Non-survivors had significantly higher RV<sub>D</sub>/LV<sub>D</sub> at 48 h (p=0.020) and pre-extubation (p=0.001).

**Conclusions:** In CDH neonates, ventricular disproportion improves over time, but  $RV_D/LV_D \ge 1.1$  remains strongly associated with mortality, particularly in ECMO patients, where non-survivors exhibit persistently elevated  $RV_D/LV_D$ .

**Keywords:** congenital diaphragmatic hernia; risk stratification; heart; pulmonary hypertension; cardiac dysfunction; left ventricular hypoplasia

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#### Introduction

Congenital diaphragmatic hernia (CDH) is a complex disease that occurs in 1 of 2,500 births. Despite significant improvement in prenatal and postnatal management [1-3], CDH is still associated with a high neonatal morbidity and mortality [4, 5]. A profound understanding of the different pathophysiological components in CDH is fundamental to identify infants at high risk of adverse outcomes. Pulmonary hypoplasia and pulmonary hypertension (pH) have been largely recognized as well-established outcome determiners in CDH patients [6, 7] but recent studies suggest a crucial relationship between cardiac structural and functional changes and outcome in CDH neonates [8]. In fact, cardiac systolic and diastolic dysfunction in CDH neonates is associated with a significant increase in the need for ECMO [9] and has been identified as an independent risk factor for mortality [10] and adverse outcome [11].

Abnormal morphological cardiac development mainly characterized by fetal left ventricular (LV) hypoplasia has

been associated with a more severe postnatal disease presentation [12, 13]. In fact, the North American Pediatric Pulmonary Hypertension Network recommends to incorporate fetal LV measurement into routine prenatal CDH assessment [14]. In addition to LV hypoplasia, the right ventricle (RV) frequently presents with dilatation and impaired function due to high pulmonary vascular resistance (PVR) [12]. Recently, our group demonstrated that ventricular disproportion, defined as a ratio of RV end-diastolic diameter to LV end-diastolic diameter (RV $_{\rm D}$ /LV $_{\rm D}$ )  $\geq$ 1.1 is an independent determiner of poor outcome in CDH neonates [15]. Studies focusing on longitudinal changes in ventricular disproportion during the neonatal period are lacking.

The aim of this study was to investigate the longitudinal changes in  $RV_D/LV_D$  at selected timepoints and the relationship with outcome in a large cohort of CDH neonates.

### **Subjects and methods**

#### Study design and population

CDH neonates treated at the neonatal intensive care unit (NICU) at University Children's Hospital of Bonn, Germany between January 2011 and March 2021 were eligible for study participation. Retrospectively echocardiographic studies at preselected timepoints (see below) were identified for analysis. We excluded patients addressed to palliative care, early death within the first 48 h of life and those without longitudinal echocardiographic evaluation at selected timepoints. The study was approved by the local Ethical Committee and has been performed in accordance with the ethical standards described in the Declaration of Helsinki. Due to the retrospective design of the study, written informed consent was waived.

#### **Echocardiographic data**

Echocardiographic studies were performed according to the pediatric guidelines of the American Society of Echocardiography (ASE) [16] using a Philips CX50 CompactXtreme ultrasound system with an S12-4 sector array transducer (Philips Healthcare, Best, The Netherlands). All studies were recorded digitally and stored for subsequent analysis using an off-line software system (IntelliSpace Cardiovascular, Philips Healthcare, Best, The Netherlands). Echocardiographic studies were considered of sufficient technical quality if the endocardial surface of both ventricles was entirely visualized from the apical four-chamber view at

end-diastole. The offline measurements were performed according to the ASE pediatric guidelines [16].

Using an apical four chamber view, we assessed ventricular disproportion measuring  $RV_D$  and  $LV_D$  directly distal to the atrioventricular valve annulus as a horizontal line from endocardium of the RV and LV free wall to endocardium of the interventricular septum as described before. The high interobserver agreement of this method has been previously demonstrated [15].

pH severity was assessed during the admission echocardiographic study based on the evaluation of: (1) peak velocity of tricuspid regurgitation (TR) jet; (2) interventricular septum position (normal, flattened or D-shaped); (3) ductal flow pattern. pH severity was classified as the relationship of the estimated pulmonary arterial pressure to the systemic systolic blood pressure as previously reported by Keller and colleagues: less than 2/3 systemic pressure (mild pH), 2/3 systemic pressure to systemic pressure (moderate pH), and suprasystemic pressure (severe pH) [17].

Evaluation for cardiac dysfunction was based on a combination of qualitative and quantitative parameters (TAPSE: tricuspid annular plane systolic excursion; RV FAC: right ventricular fractional area change; S'-wave: tissue Doppler systolic velocity; FS: fractional shortening; EF: ejection fraction; LV output) following ASE guidelines. RV dysfunction was defined as S'-wave <5 cm/s, TAPSE<0.7 cm, or RV FAC≤25 %; LV dysfunction as FS≤25 %, EF≤45 %, or LV output<100 mL/kg/min. Echocardiographic studies were categorized as: normal function, RV dysfunction only, LV dysfunction only, and biventricular dysfunction.

Echocardiographic data were collected at different timepoints as suggested by international CDH management guidelines [3]. The first echocardiographic evaluation was performed at admission, within the first 6 h of life. Subsequently, ventricular disproportion was assessed at 48 h after admission, before and after surgical defect repair (pre- and post-repair), and before extubation (pre-extubation). For patients receiving ECMO support, indications were based on the recommendations of the CDH Euro Consortium guidelines [3] and the  $\rm RV_D/LV_D$  was measured at 5 days on ECMO. These timepoints were selected to reflect major landmarks in the clinical course of CDH neonates following early postnatal transition.

#### **Data collection**

Patient demographics collected included gender, gestational age, birth weight, prenatal diagnosis of CDH, defect side, inborn/outborn status, liver position, observed-to-expected lung-to-head ratio (o/e LHR) (evaluated at 27–29 weeks

gestational age), history of fetal endoluminal tracheal occlusion (FETO), associated malformations, defect type according to the CDH study group scale [18]. Outcome parameters included mortality, need for ECMO, length of mechanical ventilation (days), and length of hospital stay (days).

#### Statistical analysis

For data analysis, SPSS version 27 (IBM Corp., Armonk, NY) was used. Continuous variables were described as median and interquartile range (IQR). Categorical variables were summarized as absolute number (n) and percentage. Mann-Whitney-U test and Wilcoxon rank sum test were used to compare continuous variables between patient groups with an RV<sub>D</sub>/LV<sub>D</sub>≥1.1 and an RV<sub>D</sub>/LV<sub>D</sub><1.1 and Pearsons Chi<sup>2</sup> test and Fisher's exact test for categorical covariates. A mixed model with patient-ID as random factor was used to assess significant longitudinal changes of RV<sub>D</sub>/LV<sub>D</sub>, RV<sub>D</sub>, LV<sub>D</sub>, and LV length. A Bonferroni-correction for repeated measurements was applied to longitudinal data. A p-value of <0.05 was considered significant.

#### Results

During the study period a total of 248 CDH neonates were treated at our Institution. 80 patients were excluded due to early death (18), missing echo data (16), inadequate 4-chamber view (26), severe CHD (12), palliative care (5), or latepresenting CDH (3). Therefore, the final cohort consisted of 168 CDH neonates (CONSORT-diagram, Figure 1). Overall, 70 patients (41.7 %) had an RV<sub>D</sub>/LV<sub>D</sub>≥1.1. at admission and were allocated to Group 1. The remaining 98 patients (58.3 %) with an RV<sub>D</sub>/LV<sub>D</sub><1.1 were assigned to Group 2. The baseline characteristics according to group allocation are summarized

in Table 1. Patients with an RV<sub>D</sub>/LV<sub>D</sub>≥1.1 presented with worse CDH characteristics. The median age at echocardiographic assessment was 3.2 h (h), 45.3 h, 3.8 days (d), and 7.8 d, at admission, 48 h, pre-repair, and pre-extubation, respectively. In patients requiring ECMO support, echocardiography on fifth day of ECMO was obtained at a median age of 6.3 d. In 160 patients (95.2%) an echocardiogram was available prior to surgical repair and in 142 patients (84.5%) before the first extubation attempt.

Among all patients, the presence of ventricular disproportion decreased from 41.7% at admission to 9.1% preextubation (Table 2). For ECMO patients, ventricular disproportion was present in 19.6 % of patients at 5 d of ECMO. Patients with an RV<sub>D</sub>/LV<sub>D</sub>≥1.1 at admission, 48 h, and pre repair had a significantly higher mortality compared to patients with an RV<sub>D</sub>/LV<sub>D</sub><1.1. Mortality at 5 d of ECMO were 63.3 and 48.9 % for patients with and without ventricular disproportion, respectively (p=0.506). Sensitivity, Specificity, positive and negative predictive values for ventricular disproportion for predicting mortality are demonstrated in Table 2. For the pre-extubation time point, a cutoff value of 1.0 [19] was found to be more effective in predicting mortality. This is indicated in the final row of Table 2.

When analyzing RV<sub>D</sub>/LV<sub>D</sub> values stratified by survival status, non-survivors demonstrated significantly higher RV<sub>D</sub>/LV<sub>D</sub> ratios compared to survivors at admission, at 48 h of life, post-repair, and pre-extubation (Figure 2). However, an RV<sub>D</sub>/LV<sub>D</sub> value pre-extubation was available in only 50 % of non-survivors.

Figure 3 (A-D) illustrates the relationship between RV and LV diameter normalized by body weight (kg), in relation to survival at four different timepoints (i.e. admission, 48 h of life, pre repair and pre-extubation). The diagonal line marks the RV<sub>D</sub>/LV<sub>D</sub> ratio threshold of 1.1.

For each analyzed timepoint, the mortality rate is significantly higher in cases with an RV<sub>D</sub>/LV<sub>D</sub>≥1.1 [15], further validating this indicator of poor prognosis in the postnatal

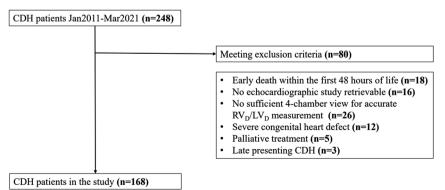


Figure 1: Consort diagram.

**Table 1:** Baseline characteristics, echocardiographic measurements, and outcome data in CDH patients according to RVD/LVD.

Variables	CDH coho	p-Value	
	RV <sub>D</sub> /LV <sub>D</sub> <1.1 (n=98)	$RV_D/LV_D \ge 1.1$ (n=70)	
Demographics			
Gender (male)	54 (55.1 %)	43 (61.4 %)	0.430
Gestational age, weeks	38.1 [36.8-39]	37.7 [35.4-38.6]	0.096
Birthweight, kg	3.0 [2.5-3.4]	2.9 [2.4-3.3]	0.117
Outborn	10 (10.2 %)	7 (10.0 %)	1.000
Prenatally diagnosed	90 (91.8 %)	64 (91.4 %)	1.000
CDH	06 (07 0 0/)	62 (00 6 0()	1 000
Left-sided CDH	86 (87.8 %)	62 (88.6 %)	1.000
o/e LHR (28 GW), %	42 (35–50)	35 (29–44)	0.001
Liver-up CDH	47 (48.0 %)	42 (60.0 %)	0.158
FETO	13 (13.3 %)	14 (20.0 %)	0.289
Not isolated	3 (3.1 %)	5 (7.1 %)	0.280
Tracheostomy Defect size	1 (1.1 %)	0	1.000
Α	12 (12.2 %)	1 (1.4 %)	0.009
В	36 (36.7 %)	16 (22.9 %)	0.064
C	36 (36.7 %)	26 (37.1 %)	1.000
D	11 (11.2 %)	22 (31.4 %)	0.002
Not recorded	3 (3.1 %)	5 (7.1 %)	0.280
RVEDd, mm	11.9 [10.6–13.1]		<0.001
LVEDd, mm	12.6 [11.1–13.8]		<0.001
Cardiac dysfunction	12.0[11.1 15.0]	10.1 [3.2 11.0]	10.001
No cardiac	46 (46.9 %)	13 (18.6 %)	<0.001
dysfunction	40 (40.5 70)	15 (10.0 %)	10.001
Right ventricular	28 (28.6 %)	25 (35.7 %)	0.400
dysfunction	20 (20.0 70)	25 (55.7 70)	0.400
Left ventricular	3 (3.1 %)	2 (2.9 %)	1.000
dysfunction	3 (3.1 %)	2 (2.5 %)	1.000
Biventricular	21 (21.4 %)	30 (42.9 %)	<0.004
dysfunction	` ,	, ,	
Pulmonary			
hypertension, pH			
Early			
No/Mild pH	39 (39.8 %)	9 (12.9 %)	<0.001
Moderate pH	44 (44.9 %)	22 (31.4 %)	0.081
Severe pH	15 (15.3 %)	39 (55.7 %)	<0.001
Outcome	.5 (.5.5 70)	33 (33.7 70)	0.001
Need for ECMO	22 (22.4 %)	44 (62.9 %)	<0.001
Mortality	10 (10.2 %)	24 (34.3 %)	<0.001
Mechanical ventila-	8.7 [6.3–13.2]	14.2 [8.4–29.1]	<0.001
tion, days	5.7 [5.5 15.2]	1 1.2 [0.7 25.1]	-5.001
Length of hospital	34.8 [24.0–58.9]	46.2 [27.8–74.1]	0.069
stay, days Time of death, days	14.2 [0.6–34.8]	35.2 [6.8–121.9]	0.077

o/e LHR, observed-to-expected Lung-to-Head Ratio; FETO, fetal endoscopic tracheal occlusion; RVEDd, right ventricular end-diastolic diameter; LVEDd, left ventricular end-diastolic diameter; ECMO, extracorporeal membrane oxygenation.

period. Specifically, a 1.0 cutoff was more effective than 1.1 for the pre-extubation timing, as shown in Figure 3D.

Our finding seems to be reasonable, as the preextubation period is often characterized by a reduced degree of ventricular disproportion since patients have received treatments targeting cardiac dysfunction and pulmonary hypertension, making it likely that ventricular balance has improved compared to the early phase.

Over time, ventricular disproportion normalized in most patients with ventricular disproportion at admission. In patients with an RV<sub>D</sub>/LV<sub>D</sub><1.1 at admission, ventricular disproportion occurred rarely at the follow-up timepoints (Table 3). When comparing longitudinal changes in neonates with ventricular disproportion at admission, a significant decrease was observed for RV<sub>D</sub>/LV<sub>D</sub> and RV<sub>D</sub> at 48 h, prerepair, and pre-extubation (Figure 4A). LV<sub>D</sub> increased significantly from admission to subsequent timepoints. In patients without ventricular disproportion at admission RV<sub>D</sub>/LV<sub>D</sub>, RV<sub>D</sub> and LV<sub>D</sub> did not change significantly at followup time points. The significant difference of RV<sub>D</sub>/LV<sub>D</sub>, and LV<sub>D</sub> between patients with and without ventricular disproportion at admission remained present at 48 h but not at later timepoints (Figure 4A-C). No statistically significant differences are found when considering LV length at any timepoint (Figure 4D).

Figure 5 shows longitudinal evaluation at selected timepoints of  $RV_D/LV_D$  in patients with ECMO support vs. non ECMO support.

Patients requiring ECMO support presented with a significantly higher  $RV_D/LV_D$  both at admission and 48 h of life whereas no difference was observed pre-repair and pre-extubation.  $RV_D/LV_D$  gradually improved in patients receiving ECMO support during the neonatal period.

ECMO non-survivors (n=32) had a significantly higher  $RV_D/LV_D$  ratio compared to ECMO survivors at 48 h (p=0.020) and pre extubation (p=0.001), but not at admission, at 5 d ECMO, and pre-repair (Figure 6).  $RV_D/LV_D$  gradually improved in both ECMO survivors and ECMO non-survivors.

#### Discussion

In this study, we investigated the longitudinal changes of ventricular disproportion in CDH neonates and its association with outcomes. Our findings confirm that ventricular disproportion is a common feature in the early postnatal phase for CDH neonates and is independently associated

Table 2: Sensitivity, specificity, positive predictive value (PPV), negative predictive value (NPV) for mortality rates in patients with and without ventricular disproportion at selected timepoints (admission, 48 h, 5 d on ECMO, pre repair and pre extubation).

Timepoints	$RV_D/LV_D \ge 1.1, \%$	Mortality, %		p-Value	Sensitivity	Specificity	PPV	NPV
		RV <sub>D</sub> /LV <sub>D</sub> ≥1.1	RV <sub>D</sub> /LV <sub>D</sub> <1.1					
Admission	41.7	34.3	10.2	<0.001	70.6 %	65.7 %	34.3 %	89.8 %
48 h	23.1	44.1	14.2	0.001	48.4 %	83.6 %	44.1 %	85.8 %
5 days ECMO	19.6	63.3	48.9	0.506	24.1 %	85.2 %	63.3 %	51.1 %
Pre repair	15.7	32.0	12.7	0.031	32 %	87.3 %	32 %	87.3 %
Pre extubation	9.1	9.1	8.0	1.000	9.1 %	92 %	9.1 %	92 %
	RV <sub>D</sub> /LV <sub>D</sub> ≥1.0 (%)	RV <sub>D</sub> /LV <sub>D</sub> ≥1.0	RV <sub>D</sub> /LV <sub>D</sub> <1.0	p-Value	Sensitivity	Specificity	PPV	NPV
Pre extubation <sup>a</sup>	29.4	20.0	3.1	0.003	72.2 %	74.4 %	20.0 %	96.9 %

<sup>&</sup>lt;sup>a</sup>For the timepoint of pre-extubation, the table also presents the cutoff value of 1.0. ECMO, extracorporeal membrane oxygenation.

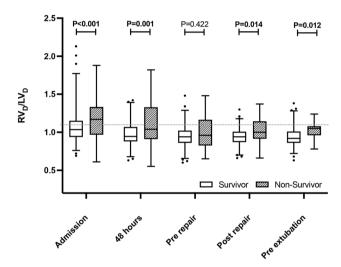


Figure 2: Longitudinal changes in RV<sub>D</sub>/LV<sub>D</sub> ratio stratified by cohort survival. The dashed line represents the RV<sub>D</sub>/LV<sub>D</sub> ratio of 1.1. Statistical comparison by Mann-Whitney U test.

with increased mortality and need for ECMO [15]. This study reveals temporal changes in RV<sub>D</sub>/LV<sub>D</sub> across critical neonatal timepoints (admission, 48 h, during ECMO, pre-repair, and pre-extubation), underscoring the prognostic significance of this measure [20]. While ventricular disproportion was prevalent at admission, RVD/LVD values decreased significantly over time in most neonates, indicating that ventricular adaptation may occur as the neonate stabilizes. Despite the decline in the RV<sub>D</sub>/LV<sub>D</sub> ratio over time, non-survivors presented with significantly higher values at admission, 48 h, post-repair and pre-extubation compared to survivors. However, an RV<sub>D</sub>/LV<sub>D</sub>≥1.1 at 48 h and pre-repair remained strongly associated with increased mortality risk compared to an RV<sub>D</sub>/LV<sub>D</sub><1.1. Importantly, RV<sub>D</sub>/LV<sub>D</sub> was also markedly worse in ECMO non-survivors, particularly at 48 h and preextubation, compared to ECMO survivors, indicating a

potential role for this ratio in guiding management and risk stratification. Prior to extubation, an RV<sub>D</sub>/LV<sub>D</sub>≥1.0, which is used as a cut off value in pediatric pH patients [19], was associated with a significantly higher mortality. Although echocardiographic assessment was not performed on a predefined day of life, the selected timepoints correspond to important points in the CDH treatment timeline, reflecting the clinical significance of events like surgical repair and extubation which might be influenced by hemodynamics [21, 22]. For ECMO patients, a 5-day echocardiographic assessment was added for its prognostic value in CDH neonates [20].

In CDH neonates, ventricular disproportion reflects an imbalance of RV and LV size, which is caused either by RV dilation or LV hypoplasia. RV dilation is usually secondary to increased RV afterload due to high pulmonary arterial pressure. The etiology of LV hypoplasia is more complex and can be observed in a subgroup of CDH fetuses [12]. In CDH, LV hypoplasia has been linked to a preferential Ductus Venous streaming toward the RV and a decreased pulmonary venous return due to CDH-specific pulmonary vascular maldevelopment [14]. Postnatally, RV dilation worsens LV hypoplasia by shifting the septum and reducing LV filling.

Ventricular dysfunction can be frequently observed in the context of ventricular disproportion [15]. In our cohort, improvement of pH and cardiac dysfunction were associated with the observed reduction in ventricular disproportion over time. Furthermore, surgical correction of the diaphragmatic defect reduces the compression of the cardiac chambers by abdominal organs and therapeutic strategies including the use of inotropic agents and vasopressors might have been contributing factors. Prior studies demonstrated a reduction in pH severity and ventricular dysfunction over time in CDH neonates, although the variability in the timing and degree of improvement remains high [14]. In a recent report from the CDH study group, the proportion of infants

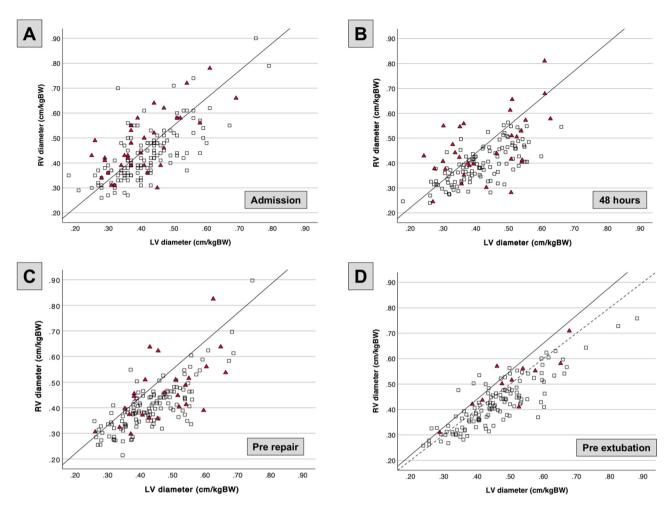


Figure 3: Relationship between normalized RV and LV diameters and survival at four timepoints. The diagonal solid line represents the  $RV_D/LV_D$  ratio of 1.1. The dashed line in Figure 2D represents the  $RV_D/LV_D$  ratio of 1.0. Triangles represent non-survivors, and squares represent survivors. Statistical comparison by Mann–Whitney U test.

**Table 3:** Rates of ventricular disproportion at selected timepoints in patients with and without VD at admission.

	RV <sub>D</sub> /LV <sub>D</sub> ≥1.1 at admission (n=70)	RV <sub>D</sub> /LV <sub>D</sub> <1.1 at admission (n=98)	p-Value
48 h	33.9 %	15.3 %	0.010
5 days of ECMO	21.6 %	15.8 %	0.732
Pre repair	28.1 %	7.4 %	<0.001
Pre extubation <sup>a</sup>	9.6 %	7.1 %	0.748

<sup>&</sup>lt;sup>a</sup>cut off=1.0. ECMO, extracorporeal membrane oxygenation.

with moderate-to-severe pH decreased from 77.5 % within the first 48 h to 25.7 % at a median follow-up of 31 days [23] Additionally, Leyens et al. demonstrated a significant reduction in moderate-to-severe pH from 72 % at 2–6 h to 41 % at 48 h in a cohort consisting of prenatally diagnosed CDH neonates [24].

Early and frequent echocardiographic assessment in CDH is essential for evaluating pH severity and ventricular function, all of which can influence clinical decision-making [15, 25–27]. Frequent reassessment should be emphasized during the postnatal course to guide treatment strategies and to early recognize hemodynamic instability [28]. Moreover, selected echocardiographic timepoints before and after surgical repair and extubation provide critical insights into the stability and functionality of the neonatal circulation.

Early identification of patients at high risk for poor outcome and clinical deterioration is crucial but easily applicable echocardiographic parameters predicting adverse outcome are still warranted [29]. The  $RV_{\rm D}/LV_{\rm D}$ , easily measurable from a standard apical four-chamber view without need for advanced echocardiographic skills or post-processing, is a valuable tool due to its high interobserver reproducibility and independence from gestational

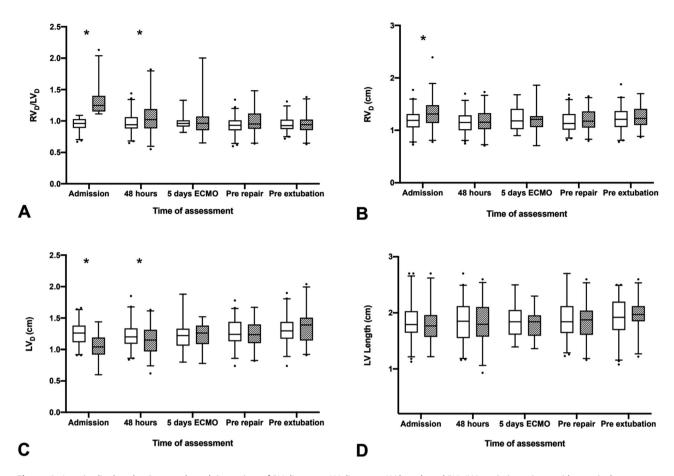


Figure 4: Longitudinal evaluation at selected timepoints of RV diameter, LV length and RV<sub>D</sub>/LV<sub>D</sub> ratio in patients with ventricular disproportion (VD) at admission (filled box) and without VD at admission (empty box). Statistical comparison by Mann-Whitney U test.

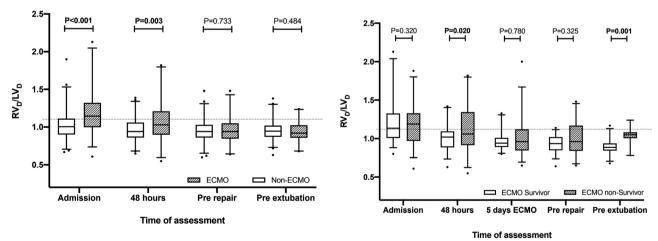


Figure 5: Ventricular disproportion at selected timepoints in patients requiring ECMO support vs. patients without ECMO need. Statistical comparison by Mann-Whitney U test.

Figure 6: Rates of ventricular disproportion among ECMO survivors and ECMO non survivors.

age. This measure reflects RV-LV interdependence and serves as a reliable early postnatal predictor of adverse outcome. Assessing  $RV_D/LV_D$ , especially when tricuspid regurgitation is absent, may offer valuable prognostic information on pH and cardiac dysfunction in CDH neonates.

This study highlights the importance of serial echocar-diography in monitoring morphological and functional adaptations in CDH neonates. Echocardiographic studies focusing on the postnatal longitudinal morphological changes of cardiac chambers in CDH are limited. Long-term studies on MRI-derived ventricular measurements in CDH survivors have shown persistent diminished LV end-systolic and end-diastolic volumes compared to healthy controls, emphasizing the need for early identification of neonates at high risk for prolonged morbidity [30]. The significant advancements in CDH survival rates further underscore the importance of early risk stratification to manage potential long-term complications effectively [5].

However, this study has limitations, primarily due to its retrospective design and reliance on offline analysis of echocardiographic data. Although echocardiographic studies were performed in adherence to ASE guidelines, some studies were excluded due to low image quality, which may introduce a selection bias. The single-center design limits generalizability due to variable echo timing and treatment protocols. Despite these limitations, the large sample size and blinded data assessment strengthen the validity of our finding. Additionally, the absence of normal RV<sub>D</sub>/LV<sub>D</sub> values in healthy neonates limits our ability to comment on normal physiological changes of RV<sub>D</sub>/LV<sub>D</sub> over time in neonatal life and affects the interpretation of the contributions of RV dilatation vs. LV hypoplasia.

Further, it is important to note that some non-survivors who were never extubated and therefore are not included in the analyses at the pre-extubation time point. This might have introduced a selection bias that should be considered when interpreting these results.

#### **Conclusions**

Our study demonstrates that routine assessment of postnatal ventricular disproportion may be valuable for the early identification of CDH neonates at higher risk for adverse outcome. Sequential echocardiographic assessment at defined timepoints allows for the assessment of longitudinal changes in the  $RV_D/LV_D$  ratio. We demonstrated that persistent ventricular disproportion during the neonatal period is associated with poor outcomes, although prospective multicenter studies are needed to validate these

preliminary findings and to establish normative  $RV_D/LV_D$  values.

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**Research ethics:** The study was approved by the local Ethical Committee and has been performed in accordance with the ethical standards described in the Declaration of Helsinki.

**Informed consent:** Not applicable.

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