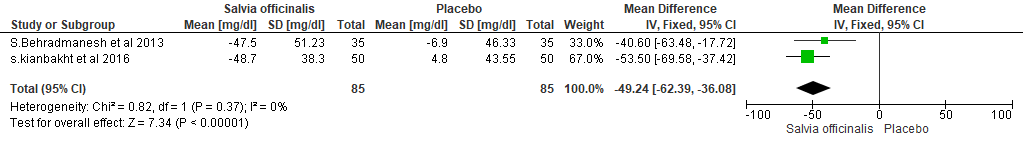
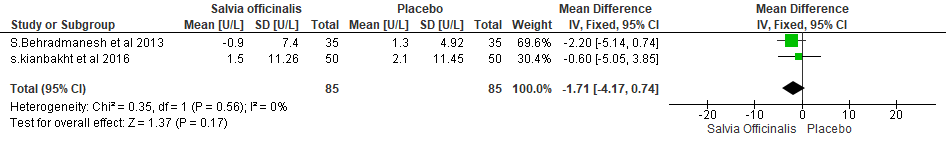
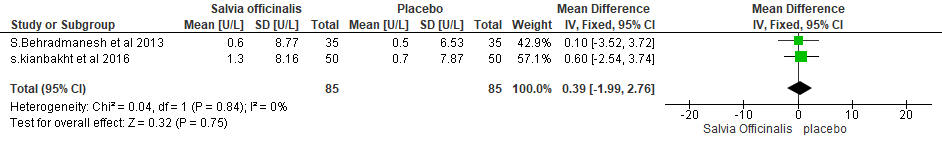
**Appendix 2:** Forest plots of secondary outcomes

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**Figure 1.** Effect of *Salvia Officinalis* compared to placebo on **2HPPG**



**Figure 2**. Effect of *Salvia Officinalis* compared to placebo on **AST**

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**Figure 3**. Effect of *Salvia Officinalis* compared to placebo on **ALT**