

Molecular detection of human immunodeficiency virus: where do we stand?

Molekularer Nachweis des humanen Immunschwächevirus: Aktueller Stand

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Abstract

Infection with the human immunodeficiency virus (HIV) continues to present diagnostic and therapeutic challenges worldwide. Today, many diagnostic laboratories have implemented assays based on molecular techniques for the detection of HIV. Detection of primary HIV infection, however, still relies on serologic testing, except for the screening of blood and plasma donors, which is done by the use of molecular assays. Additionally, molecular methods are employed for the detection of vertical transmission and monitoring of patients undergoing antiretroviral therapy. Although a continuous improvement in assay performance has been observed during recent years, the lack of comparability of different molecular assays remains a problem. Moreover, a better standardization of molecular assays for the detection of HIV-1 group O and HIV-2 must be addressed in the future.

Keywords: automation; donor screening; human immunodeficiency virus; molecular diagnostics; standardization; therapy monitoring; window period.

Zusammenfassung

Die Infektion mit dem humanen Immunschwächevirus (HIV) stellt nach wie vor weltweit eine diagnostische und therapeutische Herausforderung dar. Heutzutage haben viele diagnostische Laboratorien molekulare Tests zum Nachweis von HIV eingeführt. Die Erstdiagnose der HIV-Infektion beruht jedoch weiterhin auf der Serologie. Davon ausgenommen ist das Screening von Blut- und Plasmaspendern, das mittels molekularer Tests durchgeführt wird. Darüber hinaus werden molekulare Methoden zum Nachweis der vertikalen Übertragung und zum

Monitoring von Patienten unter antiretroviraler Therapie eingesetzt. Obwohl während der letzten Jahre eine ständige Verbesserung der Testperformance zu beobachten war, bleibt die mangelnde Vergleichbarkeit verschiedener molekularer Tests ein Problem. Darüber hinaus muss in Zukunft die Standardisierung molekularer Tests zum Nachweis der HIV-1-Gruppe O und von HIV-2 verbessert werden.

Schlüsselwörter: Automatisierung; diagnostisches Fenster; humanes Immunschwächevirus; molekulare Diagnostik; Spenderscreening; Standardisierung; Therapie-monitoring.

Introduction

The human immunodeficiency virus (HIV) is recognized as the etiological agent of acquired immune deficiency syndrome (AIDS). AIDS has become one of the most important global illnesses. The UNAIDS (www.unaids.org) global summary, published at the end of 2003, estimates that 34 to 46 million people are living with HIV/AIDS. In 2003, 4.2 to 5.8 million people were newly infected and 2.5 to 3.5 million people died of AIDS. The virus is mainly transmitted by sexual contact, transfusion of contaminated blood (e.g., intravenous drug abuse), and vertical transmission. Two different HIV types have been identified, HIV-1 and HIV-2. In addition, three groups within the HIV-1 family have been isolated and designated as group M (major), group N (near M), and group O (outlier). Group M can be further divided into several subgroups responsible for the majority of HIV infections worldwide. One of the major steps in restricting the spread of the disease is to inform people about their HIV status. In the industrial world, about 30% do not know they are infected with the virus, whereas this figure reaches almost 90% in the developing world.

Molecular assays

Diagnostic assays based on molecular techniques are recognized as the method of choice for the identification of a large and still growing number of pathogens. Many

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clinical and public health diagnostic laboratories have implemented molecular techniques because they are faster and more accurate than traditional methods. Molecular methods may have a significant impact on detection, therapy monitoring, and resistance testing of HIV. It is, therefore, of major importance for the routine diagnostic laboratory to report accurate and reliable results.

To meet the requirements of quality assurance and quality control, it is essential for the laboratory to participate in an external quality assessment program. Based on data of the Quality Control for Molecular Diagnostics (QCMD; www.qcmd.org) 2004 Human Immunodeficiency Virus Proficiency Program for detection of HIV-1 RNA in plasma, the majority of participating laboratories use commercially available tests for the detection of HIV RNA (Table 1). Compared to in-house assays, these tests showed a significantly better performance. In-house assays are usually labor-intensive and time-consuming. They include a large number of manual steps and are prone to human error. It is therefore strongly recommended to use more automated and standardized assays for the detection of HIV in the routine diagnostic laboratory. A comparative summary of the commercial assays most frequently used in Europe is provided in Table 2. Attention must still be paid to technical limitations, even when commercially available assays are employed. Sample preparation is currently considered the major weakness in molecular assays for detection of HIV RNA. Conventional sample preparation protocols are usually time-consuming, labor-intensive, and susceptible to contamination. It has been demonstrated that the probability of false-positive results due to contamination increases in relation to the number of manipulations involved in sample processing [1, 2]. To save time and labor, more rapid nucleic acid extraction protocols with fewer manipulation steps have largely replaced conventional protocols. Several ready-to-use sample preparation kits, available either separately or as a part of entire molecular kits, were brought on the market and found suitable for inclusion in molecular assays for detection of RNA viruses [4–6]. Recently, automated specimen preparation instruments have been used for automated extraction of HIV-1 RNA [7–10].

For commercially available tests, several comparative studies have been published [11–14]. The results

obtained by the majority of these studies did not show significant differences when comparing different assays. Problems may arise because these assays have usually been optimized for the detection of subtype B of HIV-1 [15]. They may still detect and accurately measure viral loads for all group M subtypes [16, 17]. However, it has been reported that some commercially available assays either underestimate or fail to detect HIV-1 RNA subtypes A, E, and G and other minor strains [18–21]. Additionally, suboptimal performance of assays in patients infected with circulating recombinant forms has been described [22, 23]. The QCMD 2004 HIV Proficiency Panel included HIV-1 subtypes B and G.

Detection of primary HIV infection

The standard algorithm for detection of primary HIV infection still relies primarily on serology. The use of enzyme-linked immunosorbent assays (ELISA) is the most rational and cost-effective approach. ELISA is thus widely used to screen human serum and plasma for the presence of anti-HIV antibodies. Because false-positive reactions have frequently been observed, repeatedly reactive samples must be confirmed by other reliable techniques. The confirmatory assay must be able to detect all groups of HIV-1 as well as HIV-2. This is, however, currently impossible when employing a single molecular assay. Therefore, assays based on the western blot principle are still the method of choice for confirmation of anti-HIV antibodies.

The major disadvantage of assays based on detection of anti-HIV antibodies is the so-called “serologic window period”. The appearance of anti-HIV antibodies requires on the average 22 days for the HIV-infected to develop an immune response (Table 3). During the serologic window period, the patient is infected (and infectious), but tests on anti-HIV antibodies are still negative. In order to reduce the serologic window period, assays for detection of the HIV antigen (p24 antigen) have been developed. The p24 antigen requires 16 days on the average for a measurable level to develop (Table 3). Furthermore, antigenemia declines approximately 14 days later and a second window period may be observed when the level of anti-HIV antibodies is still too low. To overcome these problems, assays based on the ELISA technique which permit the simultaneous detection of HIV antigen and anti-HIV antibodies have been developed and shown to be useful [24–26]. By introduction of nucleic acid-amplification tests (NAT), the diagnostic window period can be reduced to approximately 11 days (Table 3). This is of particular interest for detection of HIV infection in transplant donors, in case of needlestick injury, in rape victims, and generally in transfusion medicine. In the context of screening blood and plasma donors, high-sensitive qualitative NAT have been developed based on RT-PCR and transcription-mediated amplification (TMA) technologies. To increase capacity and reduce cost, nucleic acid test assays are performed in the donor

Table 1 Assay types employed with the QCMD 2004 HIV Proficiency Panel by participating laboratories providing a total of 113 data sets (modified from [3]).

Assay types (manufacturer)	Number (%)
RT-PCR (Roche)	75 (66.4)
bDNA (Bayer)	14 (12.4)
NASBA (bioMérieux)	7 (6.2)
RT-PCR (Abbott)	5 (4.4)
Other	3 (2.6)
Total commercial	104 (92.0)
In-house real-time	5 (4.4)
In-house conventional	4 (3.6)
Total in-house	9 (8.0)

Table 2 Comparison of the most frequently used commercial assays in Europe. Characteristics according to information of manufacturers.

Characteristic	Manufacturer and information						
	Abbott	Bayer HealthCare	bioMérieux	Roche Molecular Diagnostics			
Kit name	LCx HIV Quantitative	VERSANT HIV-1 RNA 3.0	NucliSens HIV-QT	COBAS AMPLICOR HIV-1 MONITOR 1.5	COBAS AmpliPrep AMPLICOR HIV-1 MONITOR	COBAS AmpliScreen HIV-1 1.5	COBAS TAQMAN HIV-1
Sample size (μL)	200 or 1000	1000	1000	200 or 500	700	500	500
Sample preparation	Manual	Manual	Automated	Manual	Automated	Manual	Manual
Amplification method	RT-PCR (target)	bDNA (signal)	NASBA (target)	RT-PCR (target)	RT-PCR (target)	RT-PCR (target)	RT-real time PCR (target)
Detection method	Microparticle EIA	Chemiluminescence	Electrochemiluminescence	EIA	EIA	EIA	Fluorescence
Standards and controls	1 internal QS, 6 external calibrators, 3 external controls	6 external standards, 3 external controls	3 internal calibrators	1 internal QS, 3 external controls	1 internal QS, 3 external controls	1 internal control, 2 external controls	1 internal QS, 3 external controls
Range of linearity (copies/mL)	178–5.0 × 10 ⁶ (200 μL) 50–1.0 × 10 ⁶ (1.000 μL)	50–5.0 × 10 ⁵	51–5.4 × 10 ⁶	400–7.5 × 10 ⁵ (200 μL) 50–1.0 × 10 ⁵ (500 μL)	50–7.5 × 10 ⁴	Qualitative (lower limit of 600 in a pool with 23 uninfected units)	40–1.0 × 10 ⁷

Abbreviations: RT-PCR, reverse transcriptase PCR; NASBA, nucleic acid sequence-based amplification; EIA, enzyme linked immunoassay; QS, quantitation standard.

Table 3 Window periods for different detection methods.

Window	Days (average)
Infection to antibody	22
Infection to p24 antigen	16
Infection to HIV RNA	11

screening setting on minipools of 16 to 24 samples. It has been shown that NAT screening is able to reduce the residual risk of transfusion-associated infection for HIV-1 by shortening the diagnostic window period and is superior to p24 antigen testing [27–30]. There remains, however, a residual risk, as the virus load may be below the limit of detection of minipool testing [31]. Individual testing of each sample may overcome this problem, but produces significant costs. Furthermore, NAT appears to be useful for exclusion or confirmation of vertical transmission and for testing immunocompromised patients with poor or even a lack of anti-HIV antibody production.

Monitoring of anti-HIV therapy

As high HIV-1 RNA plasma levels are associated with a more rapid disease progression and an increased risk for vertical transmission, the determination of HIV-1 RNA plasma levels is essential for evaluation of the response to antiretroviral therapy [32–33, 3]. Quantitation of HIV-1 RNA in plasma may be achieved by different types of molecular assays including RT-PCR, bDNA, and nucleic acid sequence-based amplification (NASBA) techniques. In Europe, the COBAS AMPLICOR HIV-1 MONITOR Ultrasensitive test, version 1.5, with a lower limit of detection of 50 copies/ml, currently appears to be the most widely used assay for the quantitation of plasma HIV-1 RNA load [34].

The use of highly active antiretroviral therapy in clinical practice has resulted in a rapid decline of plasma HIV-1 RNA levels that require the ability of NAT to detect minimal plasma HIV-1 RNA concentrations in order for clinicians to evaluate the therapeutic response and make therapeutic decisions [35–37]. Lower HIV-1 RNA plasma levels may be associated with a significantly longer survival, which supports the use of ultrasensitive HIV-1 RNA load assays with a lower limit of detection of 50 copies/ml [38, 39]. Failure to achieve the target level of less than 50 copies/ml after 16 to 24 weeks of treatment should prompt the consideration of drug resistance, inadequate drug absorption, or poor compliance. In general, a significant increase in plasma HIV-1 RNA concentration may indicate the emergence of drug-resistant viral mutants or a lack of adherence to the antiretroviral drug regimen. It must, however, be taken into consideration that inter- and intra-assay variations of molecular assays are relatively great, even if maximum automated assays are employed [9, 10]. For this reason, an increase is only significant if it exceeds half a log compared to the previously obtained value. Furthermore, different assays or

even different generations of assays may yield different results [40, 41]. Monitoring of patients should thus always be performed with the identical test. Finally, although the determination of plasma HIV-1 RNA concentration is important, it is not the only parameter to consider in evaluating an antiretroviral drug regimen and making decisions on treatment changes. Further parameters to be taken into account include the CD4+ cell count, progress of clinical disease, unacceptable toxicity or intolerable side effects of drugs, and adherence to the treatment regimen.

Problems to be resolved in the future

The comparison of HIV-1 RNA data generated with different assays remains a critical issue. For patients undergoing anti-HIV therapy, correct quantitation is highly relevant and in blood screening, the lower limit of detection must be defined exactly. The availability of calibrated working reagents would assist in complying with such regulations. In 1999, the First International Standard for HIV-1 RNA (NIBSC code 97/656) for use with NAT was established by the WHO Expert Committee on Biological Standardization and assigned a unitage of 100.000 IU/mL [42]. Have the problems been solved since? In 2004, results of the major commercially available assays are still given in copies/ml and the HIV-1 IU standard does not seem to be accepted. Even very recently introduced and IVD labeled assays such as the COBAS TaqMan assay for HIV-1 shows this lack of consensus. The reason might be that the international standard has several limitations. It just contains a single HIV-1 subtype, is not widely available, and is even contaminated with HBV [43]. Establishing better defined international standards appears to be an important goal in the future.

Currently, there is no commercial assay available for molecular detection of HIV-2. Recently published articles employ in-house assays based on real-time PCR, but none of them introduced an internal control [44–46]. With regard to HIV-1 group O, the situation appears to be similar: Poorly standardized in-house assays lacking internal controls have been described [47–49]. Recently, however, satisfactory results have been obtained with a limited number of samples when using the Abbott LCx quantitative assay [50, 51]. Nevertheless, much improvement is required to obtain an accurate and reliable molecular detection of both HIV-1 group O and HIV-2.

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