

# Contents

**Preface — V**

**Acknowledgements — VII**

**Disclaimer: Gender neutral language — XIII**

**List of tables — XV**

**List of figures — XVII**

## **Part I: Theoretical background**

**1 Overview of the book — 3**

**2 Terminological discussion of bi- and multilingualism — 7**

2.1 Definitions of bi- and multilingualism — 8

2.2 Multilingualism — 14

2.2.1 Psycholinguistic aspects — 14

2.2.2 Sociolinguistic aspects — 16

2.2.3 Multilingualism in the European context — 19

**3 Mutual intelligibility of languages — 22**

3.1 Lexical similarities between languages — 24

3.2 Structural similarities of the involved languages — 26

**4 Theories of multiple language acquisition — 28**

4.1 The Foreign Language Acquisition Model — 28

4.2 The Multilingual Processing Model — 29

4.3 The Factor Model — 29

4.4 The Dynamic Model of Multilingualism — 30

4.4.1 Implications of the DMM for language education — 33

4.4.2 Research on multilingual awareness — 34

4.4.3 Interactions between the language systems — 36

**5 Linguistic transfer as emergent property of learning multiple languages — 38**

- 5.1 Terminology — 38
- 5.2 Transfer from the CDST perspective — 40
- 5.3 Transfer in writing — 43

**6 Theories of motivation and individual behaviour — 45**

- 6.1 The Time Perspective Model — 45
- 6.2 The Self-Determination Theory — 46
- 6.3 The Socioeducational Model — 47
- 6.4 The Theory of Mental Self-Imagery — 48
- 6.5 The Theory of Planned Behaviour — 49
- 6.6 The Goal-Setting Theory — 50
- 6.7 The Flow Theory — 50
- 6.8 Dörnyei's (1994) motivational framework — 51
- 6.9 The Directed Motivational Current — 52

**Part II: The project**

**7 The situation of foreign language education in Hungary — 57**

- 7.1 Language policy of the EU — 57
- 7.2 The role of language education in the Hungarian National Core Curriculum — 58
- 7.3 The influence of L2 English on L3 German acquisition — 60
- 7.4 The gap between policy and classroom practices — 61
- 7.5 Enhancing foreign language learning in Hungary — 64

**8 Research design of the empirical study — 66**

- 8.1 The teaching methods in the intervention and the control group — 67
- 8.2 Participants — 69
- 8.3 Instructional intervention — 71
- 8.4 Multilingual awareness intervention — 74

**9 Methodology — 79**

- 9.1 Hypotheses and research questions — 80
- 9.2 Instruments of data collection — 82
  - 9.2.1 The multilingual proficiency test — 82
  - 9.2.2 Motivational questionnaire — 93

- 9.2.3 Questionnaire about the classroom setting — **98**
- 9.2.4 Competence tests — **99**

## **10 Findings — 103**

- 10.1 Pilot year — **104**
  - 10.1.1 Results — **105**
  - 10.1.2 Discussion — **120**
  - 10.1.3 Conclusion — **121**
- 10.2 Research year — **125**
  - 10.2.1 Analysis and results — **127**
  - 10.2.2 Discussion — **165**
  - 10.2.3 Limitations — **176**

## **11 Conclusions and outlook — 178**

## **Appendix — 185**

## **References — 197**

## **Index — 211**

