Acknowledgment

We would like to express our gratitude to our proofreader, Pauline Martin, for her meticulous work. A big thank to Anna Casanova too, for helping us with different translations. We also extend our deepest thanks to our children, Einar, Frank, Iris and Kitty, for their patience, understanding, and support throughout this journey. They have been a constant source of strength and motivation. Special thanks to our life-partners, Micke and Åke, for their unwavering encouragement.

Lastly, we are profoundly grateful to the Swedish Research Council (VR) for the financial support provided through project 2022–02078. This funding has been crucial in enabling us to pursue and complete our research.