

Preface

People are living longer than ever before which may be partly ascribed to improved healthcare literacy. However, increasing lifespan also increases the complexity of nursing and general health care problems. This makes providing optimal nursing care even more challenging and increases the significance of nurses' education.

Insufficient education and knowledge can lead to errors in nursing care; therefore, improving knowledge is vital for delivering quality nursing care. Education and awareness of best nursing practice care delivery include devotion to being a professional, being up to date, striving to improve, and ultimately providing the finest nursing care to people, families, and communities.

Research assists nurses in determining best practice and enhancing nursing care. Additionally, nursing research assists in adapting to changes in the present healthcare environment, patient demographics, and legal requirements. As researchers uncover new findings, the nursing practice continues to evolve.

This book aims to contribute to creative nursing care in the larger field of nursing and will thus be valuable to nurses and nursing students in a variety of nursing specialties. It is structured into the following three sections: Clinical nursing; Holistic nursing care; and Education in nursing. The first section consists of six chapters demonstrating different methodological approaches used on examples ranging from capturing the experiences of parents in during the pandemic using a cross-sectional approach to a review of mobile applications. In the second section on holistic nursing, again under six chapters, a wide range of methodological approaches is presented and demonstrated in different fields of nursing, from capturing ethical issues in palliative care to measuring the caring processes. The final section consists of three chapters focusing on nursing students and the educational process.

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