

Dedication

I dedicate this work to my mother, Prof. Dr. Fatma Abu Nawareg and my father, Eng. Ahmed Fakhr El Din El Daly, my everlasting source of light, and to my Husband, Eng. Manuel Mercier and our three beautiful children Marwan, Manon and Morgan, in addition to our two little ones in heaven Mario and Miriam.

I would like to start this book by sharing this story:

Once upon a time, there was a child ready to be born. The child asked God, "They tell me you are sending me to earth tomorrow, but how am I going to live there being so small and helpless?" God replied, "Among the many angels, I chose one for you. Your angel will be waiting for you and will take care of you." The child further inquired, "But tell me, here in heaven I don't have to do anything but sing and smile to be happy." God said, "Your angel will sing for you and will also smile for you every day. And you will feel your angel's love and be very happy." Again the child asked, "And how am I going to do when I want to talk to you?" God said, "Your angel will place your hands together and will teach you how to pray." "I've heard that on Earth there are bad men. Who will protect me?", God said, "Your angel will defend you even if it means risking its life. But I will always be sad because I will not see you anymore." God said, "Your angel will always talk to you about me and will teach you the way to come back to me, even though I will always be next to you." At that moment there was much peace in heaven, but voices from Earth could be heard and the child hurriedly asked, "God, if I am to leave now, please tell me my angel's name." "Her name is not important. You will simply call her Mom."

For my mom, the endless source of giving and my inspiration for life.

