
Contents

FOREWORD _7

INTRODUCTION _8

DESIGN PRINCIPLES _10

Comfort requirements _10

Determining the requirements _17

Covering the demands _24

VENTILATION SYSTEMS _38

Natural ventilation _39

Mechanical ventilation _45

Deciding on the right system _50

TEMPERING SYSTEMS _52

Energy supply _53

Heat and cold storage _63

Heat and cold distribution _63

Heat and cold transfer _65

Choosing the right system _74

COMBINATION OF VENTILATION AND TEMPERING _76

The range of possible solutions _76

Selection criteria _76

IN CONCLUSION _77

APPENDIX _78

Examples of concepts _78

Standards and Guidelines _84

Literature _84

The authors _85

