

# CONTENTS

List of Illustrations	vi
Acknowledgements	vii
Preface	viii
Introduction	x
<b>Chapter 1 Shamanism: Definition and Description</b>	<b>1</b>
Introduction	1
The Origin of the Term	2
Definitions of Shamanism	3
Definitions of Shamanism by Two Organisers of Shamanic Courses	8
Trance/Ecstasy	9
<b>Chapter 2 Early Encounters Between Explorers, Missionaries and Shamans</b>	<b>18</b>
The Work of Poul and Niels Egede in Greenland	26
<b>Chapter 3 The Greenlandic Angakkoq</b>	<b>45</b>
Apprenticeship and Initiation	52
The Pantheon	65
Paraphernalia	73
The Séance	75
Travels	85
Healing	89
The Concept of the ‘Witch’	94
Burial Customs	100
Myths and Legends	103
<i>Angakku</i> t in Oral Tradition on the East Coast	114

<b>Chapter 4 Neo-shamanism and the New Age</b>	<b>147</b>
Old Traditions Moulded to the Needs of Westerners in Search of Spirituality	158
Courses in Neo-shamanism	165
A Description of the People Participating in Courses	167
The Basic Course in Shamanism	182
The Paraphernalia	183
Introduction to the Concept of Shamanism	183
The Instruction in Journeying	185
Power-Song and Journeying	188
Healing	190
Advanced Courses in Shamanism	193
Approaches to the Role of Shamanism in Modern Society	194
Manuals on Neo-shamanism	197
<b>Chapter 5 The Revival of Shamanism in Other Cultures</b>	<b>208</b>
<b>Conclusion</b>	<b>216</b>
<b>Afterword: The Way of the Teacher</b>	<b>224</b>
<b>Appendix Advanced Courses in Shamanism</b>	<b>236</b>
Nordic Shamanism and The Spirits of Nature	236
Shamanic Healing and Spiritual Ecology	246
Soul Retrieval Training	256
The Soul Retrieval	263
<b>Bibliography</b>	<b>271</b>
<b>Subject Index</b>	<b>281</b>
<b>Name Index</b>	<b>284</b>

## LIST OF ILLUSTRATIONS

1. Map of Greenland	39
2. Séance	40
3. Séance	41
4. The Mother of the Sea	42
5. <i>Tupilak</i>	42
6. <i>Tupilak</i>	43
7. <i>Tupilak</i>	44
8. Amulet	44