## Maps and Illustrations

Later Roman Grand Strategy: The Fortification of the urbes of Gaul Map 1. Late Roman Cities in Gaul	2
In Search of Equilibrium: Byzantium and the Northern Barbarians, 400–800 Map 1. Byzantium and the North, 400-800 AD	36
Evolving English Strategies during the Viking Wars Map 1. Anglo-Saxon England under Alfred the Great (based on map 5 Alfred the Great: War, Kingship and Culture in Anglo-Saxon England, Richard Abels, 2013 Taylor & Francis, pp. 354-5)	68
Alfonso VII of León-Castile in Face of the Reformulation of Power in al-Andalus, 1145–1157: An Essay in Strategic Logic Map 1. The Campaigns of Alfonso VII	118
The Treaties between the Kings of León and the Almohads within the Leonese Expansion Strategy, 1157–1230  Map 1. The Iberian Peninsula in 1157	150
A Strategy of Total War? Henry of Livonia and the Conquest of Estonia, 1208–1227  Map 1. The Conquest of Estonia, 1208-1227	186
The English Longbow, War, and Administration Figure 1. Marginalia drawing of a Welsh archer from the Littere Wallie, c. 1282–92 (Kew, by permission of The National Archives, E 36/274, f. 356r). Figure 2. Archer depicted in a thirteenth-century English bestiary,	219
Figure 2. Archer depicted in a thirteenth-century English bestiary, c. 1225–50 (London, The British Library Board, Harley MS 4751, f. 14v).	223