

# Contents

*Acknowledgements* IX

*Introduction* XI

1 | Change on a Cosmic Scale 1

*Being and Nothing during the Planck Epoch*

2 | The Granular Universe 35

*The Finite and the Infinite during the Grand Unification Epoch*

3 | The Centre of the Balloon 67

*Space and Time during the Inflationary Epoch*

4 | The Either/Or Universe 103

*Opposition and Interdependence during the Electroweak Epoch*

5 | The One and the Void 147

*Repulsion and Attraction during the Quark Epoch and the Hadron Epoch*

*Conclusion* 179

*Glossary* 199

*Notes* 209

*Bibliography* 235

*Index* 251

