

Illustrations

Figures

2.1	Incidence rates from <i>Ryūjō</i>	44
3.1	Rice, barley, and beriberi incidence rates in the Konoe Division, 1886–96	73
3.2	Manpower lost in the army due to disease, 1878–93	76
3.3	Overview of beriberi incidence rate and diet during the Russo-Japanese War	82
6.1	Cross-section of rice grain	134
6.2	Rice mill diagram	142

Tables

2.1	Beriberi Hospital data (corrected)	35
2.2	Beriberi incidence rates in the navy, 1878–84	46
2.3	Beriberi incidence rates in the navy, 1878–86	47
3.1	Army diet in 1889	60
3.2	Mori Rintarō's nutritional tests	61
3.3	Beriberi incidence rates in the navy, 1878–88	64
3.4	Sino-Japanese War disease incidence rates	66
3.5	Beriberi incidence rates in Taiwan, 1895–1902	69
3.6	Navy diet during Sino-Japanese War	70