## INDEX

## Bold page numbers refer to figures

```
AAA video games, 115
ableism, 5, 12, 27, 115, 178, 181
abuse, 31-32, 60, 72, 104-5, 113, 149
accessibility, 5, 12, 178-79
activism, 3-4, 14, 32-34, 49, 179, 191,
   201n41
Adelman, David, 111, 179
aesthetics, 2, 176, 183, 207n17, 209n15,
   209n17, 214n17; and Blackness, 121,
   147, 151-53, 156, 158, 163, 183;
   and nostalgia, 83, 89-90, 97, 99,
affect, 2, 27, 31, 74, 83, 129, 141-44, 178,
   189. See also emotions
African American Vernacular English
   (AAVE), 157-60, 163, 166, 168-69,
   171, 173
Afro-futurism, 99
Afro-optimism, 125, 178
Afro-pessimism, 125-26, 139-42, 178
Afro-skepticism, 98, 125-26, 139-42,
   145-49, 152, 178
```

```
aftercare, 188-92, 216n6
agency, 31-33, 35, 100, 119-20, 191
Ahmed, Sara, 134
Ajay, Luvvie, 183
Alexa, 21, 170-71
algorithms, 9, 137-38, 191; and AI, 124-
   32, 145, 151; and diagnosis, 18, 21, 28,
   35; and social media, 104, 109, 111,
   119; and wellness, 43, 50, 70
alternative medicines, 65
Alzheimer's, 20
Amazon, 130
Americana, 105-6, 108, 110, 147
Americans with Disability Act (ADA),
   76
Among Us, 72
analog technologies, 83-85, 87, 100
Anderson, Tom, 113
Ann Arbor, Michigan, 46
Ann Arbor Zen Buddhist Temple, 63
anxiety, 13, 22, 31, 56–57, 73, 81, 104, 125,
   132, 140
```

25, 35, 37 Bell, Chris, 149

Apple Vision Pro, 81, 88, 93–95 belonging, 6, 14, 21, 92-94, 115, 127, 131, Arizona State University, 68-69 173, 176 artificial intelligence (AI), 3, 7-8, 176, Benjamin, Ruha, 7, 18, 125 178, 186-87, 214n24; and Black Benjamin, Walter, 85 aesthetics, 153-74; and Blackness, Berlant, Lauren, 190 124-52, 191; diagnoses, 19-23; gener-Berne, Patty, 77-78 ative, 9, 79-80, 100; and nostalgia, Beverly, Frankie, 175 92, 99; and wellness, 49-51, 57. See Beyonce, 175 also ChatGPT; Large Language bigotry, 180 Models (LLMs); Lensa AI; machine biocolonialism, 68-69 learning; Open AI biohacking, 39-40 biomarkers, 20-23, 35, 37 Ashley X, 14, 31–32, 201n35 Asian Avenue, 103, 105, 107, 110 biopolitics, 17, 48, 114 Asianness, 2, 6, 9, 45, 64-65, 89, 123-25, bioprospecting, 68, 199n15 144, 176-80, 183; and home, 105, 117; BIPOC communities, 2, 5, 34, 69, 177; and nostalgia, 82, 93-99 and diagnosis, 13-14, 16, 25-26; Asperger syndrome, 198n4, 198n9 and nostalgia, 104, 109, 114; and attachments, 79, 81, 87, 90 wellness, 40, 72 bipolar disorder, 21, 35 Attention Deficit Hyperactive Disorder (ADHD): and diagnosis, 12, 14, BlackBird, 148 24-26; and wellness, 57, 72 Black churches, 106, 118, 121 authenticity, 66, 84-85, 109, 137, 158, Black feminism, 152, 212n36 163, 167 Black Indigeneity, 126-28 autism, 4-5, 69, 197n8, 198n3-198n4; Black music, 175-76 and diagnosis, 11, 14, 16, 20, 22, 24, Blackness, 1, 8-9, 175-83, 186-87; and 26, 34; and home, 105, 123 AI, 7-8, 124-52, 191; and diagnosis, 16, 24-26, 28; and home, 105-6, 118-AutismHub, 110 Autism Quotient, 4 19, 122-23; and nostalgia, 82, 89-90, 99; and style, 153-74; and wellness, automation, 14, 16, 18, 39, 132, 171 41, 48, 59, 70-71, 76 autonomy, 60, 70, 87, 89, 128, 133, 137 Black Optimism, 125, 139, 142 avatars, 91, 143, 161, 203n24 BlackPlanet, 103, 105-7, 110, 118, 120-21, Back to the Future, 83 148, 183 Bailey, Moya, 186 Black play, 7, 152-58, 160-164, 168, Banks, Adam, 175-76 173-75 Barad, Karen, 128 Black studies, 141, 178 Black surreal, the, 152 Batchelor, David, 58 Black Technocultural Matrix, 147 BDSM, 188, 190. See also kink bedrooms, 9, 81-89, 100, 102, 119, 182 Black women, 76-77, 80, 103-4, 129, 140, 149, 161-62, 180-81 behavior, 165-66; and diagnosis, 15, 22,

blockchain, 79, 92, 100

blogs, 16, 31-32, 103, 105, 119-22, 181

Bluesky, 81 BMI, 29, 203n23 body doubling, 57, 64 bodyminds, 6, 19811; and diagnosis, 11-13, 15-18, 28, 37-38; and wellness, 51, 67, 77, 91 Boellstorff, Tom, 108 Boomers, 102 borderline personality disorder, 21 boyd, danah, 109 Boym, Svetlana, 82, 84, 91-92 Brock, André, Jr., 147 brown, adrienne maree, 149 Brown, James, 176 Brown communities, 8, 70, 129, 149-50, 180, 187 Browne, Simone, 37, 129 Buddhify app, 65 Buddhism, 43, 46, 62-66, 205n40 Burrell, April, 27-28 Burrell, Jenna, 21

Call of Duty: Modern Warfare II, 72

calm, 44, 74-75, 137, 159 Calm app, 65, 76 Cambridge Autism Research Centre, 4 cameras, 83-84, 89-90, 150 Čapek, Karel, 128-29 capitalism, 39, 153; and Blackness and AI, 128, 130-31, 134-35, 139; creationist, 108; and nostalgia, 79, 81, 92-93, 98-101, 121; and wellness, 43, 48, 62, 76, 79, 81 care, 9, 178-79, 182-83; aftercare, 188-92, 216n6; and Blackness and AI, 126, 131, 133, 139, 145-46, 149-50; and diagnosis, 12-19, 21-22, 25, 28-38; and home, 105, 108-9, 113, 115, 120, 123; and nostalgia, 87, 89; and wellness, 40, 45-48, 51-52, 60, 65-69, 73, 76-77 care work, 15-16, 34, 45, 60, 77, 87, 108

Caribbean, the, 90 Ceccarelli, Leah, 68 Centers for Disease Control (CDC), 24 chatbots, 46, 49-51, 124, 131, 155, 158, 166, 171–72 ChatGPT, 124, 155, 158-60, 163-69, 173. See also Open AI Chicago, Illinois, 46 children, 1, 24-25, 145, 160, 169, 171, 212n38 chronic fatigue, 11, 23 chronic illness, 58, 60, 65, 75 chronic kidney disease (CKD), 19 cis-heteronormativity, 61, 215n3 civility, 118, 167-68 Civil Rights movement, 105 Civil War South, 131 class, 20, 75, 109, 111, 118, 126, 142, 144, cleanliness, 40, 43-47, 58-59, 75, 144, 2041133 climate crisis, 18, 39, 92-93, 190 clinicians, 14, 17-18, 21, 26, 28, 37, 215n24 Clinton, Hillary, 151 closets, 43-44, 95, 116-17 Clubhouse, 137 coding, 103, 110-13, 118-19, 122, 124 college campuses, 13 Collins, Bootsy, 176 Collins, Patricia Hill, 161 colonialism, 15, 66, 68-69, 79, 115, 180; and Blackness and AI, 129, 133-34, 138, 147, 155, 158; and nostalgia, Columbus, Christopher, 90 Combs, Jeron, 111-12 commodification, 8, 40, 43, 47, 64, 67, 87-88, 92, 173-74 community, 2, 9, 181-83, 185, 187, 189, 191; and Black aesthetics, 154-58, 160, 163, 165-66, 172-73; and

community (cont.) Blackness and AI, 124, 126-28, 133, 138-39, 145, 147-49, 151-52; and diagnosis, 13, 15, 18, 25-26, 32-34, 38; and nostalgia, 85, 87, 92, 99, 101, 104-7, 111, 115-21, 124-28; and wellness, 40-42, 45-47, 52, 57, 60, 62-65, 72, 76-77 Conceited, 151 concern trolling, 49 consumption, 8, 66, 83, 135. See also commodification contagion, 17, 24, 26-27, 115 containment, 17, 28, 60-61 control, 51-52, 59, 112, 117, 190; and Blackness and AI, 129-31, 138-39, 146, 148, 161; and diagnosis, 14, 20, 31, 36; and home, 107-8, 119-20 controlling images, 161 coolness, 146, 157, 160, 173 co-production, 155-58, 161-63 COVID: long, 11, 23 COVID-19 pandemic, 11, 23-24, 42, 46, 58, 63-65, 73-75, 82, 91, 113-14 Crary, Jonathan, 79, 85 criminalization, 59, 123 crip communities, 4, 6, 8, 89-90, 179; and diagnosis, 12-13, 16, 24, 33-34, 36; and home, 110, 114; and wellness, 61, 70, 75-78 crip-of-color scholarship, 44 Crockett, I'Nasah, 141 crowd-diagnostic care, 13 cryo treatments, 39 cure, 17, 28, 84, 90; and wellness, 42, 59, 61-62, 64-65 data, 189; and Blackness and AI, 127-35, 138, 149-52, 159-61, 163, 173; and diagnosis, 16, 18-23, 35, 37-38; and home, 105, 110, 117; and wellness, 40, 45, 54-55, 66, 68-71

deep learning systems, 21-22, 50 depression, 27, 55-56, 98; and diagnosis, 11-13, 15, 20-22 diagnosis, 3-5, 7-8, 41, 67, 90; and agency, 32-34; digital, 13-15, 17-21, 27, 37, 67, 76; self-, 11-16, 22-26, 28-31, 35-38, 180, 187, 191 Diagnostic and Statistical Manual of Mental Disorders (DSM), 3, 16, 19-22, 27, 29, 35-36, 50 Dial, Aaron, 74 Dial, A. Joseph, 145 diasporas, 6, 9, 82, 114-17, 127, 156 dieting, 39, 47, 49-50, 139, 203n24 digital gardens, 135-38 Digital Inquiry, Speculation, Collaboration, and Optimism Network (DISCO), 1, 186 digital studies, 1, 101, 124 digital wellness, 39-42, 76-78; and feelings, 43-47; and gaming, 71-75; and harm, 47-51; and hygiene, 58-62; and mindfulness, 62-66; and productivity, 51-58; and selfdiscovery, 66-71 Dinkins, Stephanie, 127, 146, 170-71 disability, 2-3, 129, 176-77, 180; and Afro-skepticism, 125, 149; and diagnosis, 4, 12, 14-15, 17-20, 22-28, 30-36; and home, 104-5, 108, 118; and nostalgia, 90-91, 98, 104; and wellness, 39-41, 45, 48-51, 60-61, 64, 67-70, 72, 76-77. See also chronic illness; crip communities; specific conditions disability justice, 34, 76-78 Disability Justice collectives, 34 Disability Visibility podcast/platform, 34 disease, 15-19, 23, 27, 58, 65, 70, 73 disinformation, 12, 141. See also misinformation

English language, 156-60, 163, 171-74 dispossession, 18, 39, 91-93, 101, 138 dissociative identity disorder (DID), entelechy, 17 26 ephemerality, 81-82, 101, 103, 110, 115-Distress Analysis Interview Corpus 16, 179 (DAIC), 22, 200n20 epistemology, 14, 16, 19, 152 diversity, equity and inclusion, 13 erasure, 5, 7, 9, 31, 92, 101, 138, 149, 163, DJs, 175-76 187 Do Anything Now (DAN) prompts, ethnicity, 19, 24, 118, 168, 172 ethnic studies, 1 164, 166-67 Dolezal, Rachel, 140 eugenics, 14, 16, 40, 58-59, 61, 69, 154, Dorsey, Jack, 39 198n5, 202n1 dozens, the, 160, 163-64, 167-68, 174, Everlywell, 67-68 214n10. See also signifyin' Evers, Medgar, 105 Everything Everywhere All At Once Du Bois, W.E.B., 131 (EEAAO), **94**–98 eating disorders, 29, 49-51 exploitation, 8-9, 39, 67, 92, 125, 135, economics, 30, 47-48, 74, 97, 112, 166, 142, 149 182, 190, 212n36; and Blackness, 130, extraction, 39, 67-68, 92, 99, 121, 159, 133-34, 139-41 177, 187; and Blackness, 134-35, 137, efficiency, 15-16, 26, 51, 57, 96, 120, 130, 147, 152, 155 135, 182 electric slide, 175-76 Facebook, 19, 27, 70-71, 109, 122, 137, Electronic Visit Verification (EVV), 148 108 Faguet, Serge, 39 Ellcessor, Elizabeth, 33 familiarity, 1-2, 41, 87-88, 102, 106, 109, embodiment, 4, 12, 26, 36, 84-85, 122, 140, 156, 163, 183 91-92, 115, 127, 144, 187, 189; and families, 25, 33, 45, 71, 114–18, 145–49, Blackness and AI, 128-31, 133-35, 160, 175, 188, 191. See also kinship; 144-45, 164, 170, 177; and home, 107, parents 114-15, 123; and nostalgia, 84, 92, far right politics, 180 95-96, 99, 101; and wellness, 43-45, fatness, 48-49, 164 Feldman, Marc D., 26-27 48, 66, 75-77 emotions, 2, 7, 9, 27, 175, 189; and feminism: Black, 152, 212n36; trans-Blackness and AI, 125-26, 136-38, exclusionary radical feminism (TERF), 36; slut, 113; white, 89 141, 144-46, 169, 178; and nostalgia, fibromyalgia, 23 81, 83-85, 87, 90, 110, 114, 116; and filters, 21, 83-84, 87 wellness, 42-44, 65. See also affect English: African American Vernacfingers, 95-96 Fleetwood Mac, 83 ular English (AAVE), 157-60, 163, 166, 168-69, 171, 173; and AI, 144, Flora app, 52-54, 57 156-60, 163, 166, 168-69, 171, 173; Floyd, George, 145 American, 159, 163 followers (social media), 113, 137, 182

food, 29, 33, 46–50, 112, 139, 143, 179,	Gen Z, 014, 83, 102
203n24	GeoCities, 103, 108-9
Food and Drug Administration	Gillespie, Michael, 144
(FDA), 17	GitHub, 165
Fortnite, 72	GoFundMe, 33
Foucault, Michel, 134	Google, 11, 81, 117, 148, 169
Fouché, Rayvon, 88	goop, 40
Franklin, Aretha, 176	Gopinath, Gayatri, 115–16
Freud, Sigmund, 27, 87	government, 40–42, 48–49, 88, 123, 130,
friendship, 5, 33, 46–47, 57, 85–86, 109–	209n18
10, 113–14	governmentality, 37
Friendster, 109, 113	GrassTech, 74
fugitivity, 112, 157, 165, 170, 174	Gray, Kishonna, 115
Future Histories Studio, 166	grotesqueness, 144, 154
futures, 1-2, 5, 7, 34, 188; and Black-	
ness, 126, 141, 147–48, 156, 158, 160,	hacking, 5, 39-40, 167-68, 173-74,
164, 166, 174; and diagnosis, 17–19;	215n24
and nostalgia, 87–88, 92, 100, 104,	Halberstam, Jack, 188, 216n5
110-11, 123; and wellness, 62, 67-71,	Hall, Stuart, 157
77	Hansteen-Izora, Annika, 136-37
• •	happiness, 43-44, 47, 52, 85, 188
Gamergate, 141	Haraway, Donna, 95
gaming, 71–75, 96–97, 99–101, 107,	harm, 14, 180, 187; and wellness, 41,
114-15	47–51, 71–75
Garrison, Nanibaa' A., 69	Harris, Cheryl, 92
Gay, Roxane, 49	Havasupai tribe, 68–69
Gay.com, 111	Headspace app, 21, 65, 76
gay communities, 117	healing, 41, 71-75, 89. See also
gender, 3, 28, 72, 101, 118, 126; and	reparation
diagnosis, 16, 19-20, 24-25, 30, 36;	health, 41, 43, 46-52, 58-62, 67, 69,
and nostalgia, 91, 95, 110; and well-	71–76
ness, 43, 61, 64. See also feminism;	Health Justice Commons, 34
masculinity; misogynoir;	Healy, David, 27
misogyny; trans communities;	heteronormativity, 61, 118, 135, 215n3
transphobia	home, 6, 82, 85, 101, 103–23, 183, 208n9,
gender and sexuality studies, 1	209n16
Generalized Anxiety Disorder (GAD),	home pages, 105, 107-8, 110-11, 118-19,
73	122
genetics, 1, 90, 198n5; and diagnosis,	homophobia, 115
15, 17–18, 20, 37; and racialization, 3,	hosting, 4, 47, 64, 87, 104, 108–15, 119–
149, 152, 154; and wellness, 67-71	22, 209n16
genomic gaze, 17	Houseparty, 114
0 ,	± , , ,

Hsu, V. Jo, 6, 105, 114 Huan He, 98, 117 Hudson, Shafiqah, 141 humanity, 2–3, 126–29, 131–35, 141, 144, 147, 155, 170, 211n18 human rights, 48 hygiene, 40–41, 43–44, 58–62, 204n33 hypochondria, 24

identities, 6, 28, 61, 116, 134, 155, 178; and AI, 163, 166-69, 171-72, 191; and diagnosis, 4, 18, 22-25, 35-36; and nostalgia, 89, 110; and social media, 27, 177 image generators, 80, 155, 161-62 immigrants, 44-45, 59, 61, 95, 117 impermanence, 12, 28 incarceration, 13, 111-12, 142-43, 150 inclusion, 13, 134, 138 Indigeneity, 67-69, 92, 126-28, 166 Indigenous methodologies, 126 Indigenous Peoples, 91-92, 95 individualism, 16, 18, 20, 27, 47-49, 67, 70, 76, 84, 189 influencers, 71, 112-13 Insight Timer app, 62-64 Instagram, 24, 46, 49-50, **56**-57, 71, 110, 120, 122, 137, 153, 181-82 Institute for the Study of the Neurologically Typical (ISNT), 3-5 institutionalization, 27-28, 35-36, 60, Institutional Review Board (IRB), interconnectedness, 7, 76, 127, 139, 151 interiority, 43, 90, 120-21, 147 intermittent fasting, 39, 59 International Art English, 172 International Classification of Diseases (ICD), 21-22 isolation, 13, 59, 72-73

Jackson, Sarah J., 186

Jamaican patois, 163, 169

Jamaicans, 158

James, Jesse, 151

joy, 13, 188; and Blackness and AI, 125, 135, 137–39, 142, 146, 149, 161, 164, 183; and nostalgia, 85, 90, 93–95, 97–101; and wellness, 43–44, 46, 52, 57, 61, 71–72, 75

juice cleanses, 47, 59

Kammen, Michael, 92 Kanner, Leo, 198n4 Keränen, Lisa, 17 Khúc, Mimi, 45 Kickstarter, 31 King, Martin Luther, Jr., 105 kink, 188-91, 216n6. See also BDSM kinship, 18, 126, 130. See also families; parents Kirkland, Anna, 41 Kittay, Eva Fedar, 186 Kneese, Tamara, 87 knowledge, 1, 15, 17, 88; and Blackness and AI, 141, 149, 151, 157, 166; and wellness, 50, 67-68 Kondo, Marie (Konmari), 42-44

labor, 6, 30, 58, 65, 128–30, 164, 169–70, 177, 182–83, 186–88; and nostalgia, 77–78, 93–96, 99–101, 110, 113

Lacks, Henrietta, 3, 152, 154

Lamar, Kendrick, 109

Large Language Models (LLMs), 125, 155, 158–60, 164. See also ChatGPT

Lauper, Cyndi, 83

Lemieux, Jamilah, 181–83

Lensa AI, 155, 160–63

LGBTQ communities, 116–17. See also queerness; trans communities liberalism, 116, 134, 167

lifestyle, 40–41, 46–47, 93

Linden Lab, 107 Lingel, Jessa, 120 Lofi-girl, 57 longing, 84–85, 102–6, 114, 118–19, 123 Los Angeles, California, 22 Ludd, Captain, 177 lupus, 28 Lyme disease, 23

machine learning, 19-21, 23, 125, 178 Machinima, 100-101, 182 mad communities, 13, 24, 28, 72 Manalansan, Martin M., IV, 44 marginalization, 5, 33, 76, 124, 129, 134, masculinity, 4, 16, 19, 118, 135 masking, 16, 24, 26 massively multiplayer online roleplaying games (MMORPGs), 114-15 Mastodon, 81 Maxwell, Sharon, 49-50 Mays, Kyle, 127 Maze, 175 Mbembe, Achille, 129 McNeil, Joanne, 102, 104 McPherson, Kisha, 161 McRuer, Robert, 36 media coverage, 4, 23, 44, 50, 63, 82, 93 media studies, 1, 101 mediation, 8, 31-32, 66, 74, 85, 106, 127 medical-industrial complex, 30, 60 medical practitioners: clinicians, 14, 17, 21, 26, 28, 37, 215n24; and diagnosis, 11, 15, 25, 28, 31, 35 medical research, 3, 68-70, 149, 152, 154 meditation, 40, 46-47, 61-66, 73, 76, 205n40 memory, 44, 75, 133, 141, 145, 154, 176, 182, 191; and nostalgia, 82-87, 90,

99–100, 103, 110–11, 117 mental health, 27, 85, 113; and diagnosis, 13, 18–21, 25–26, 28; and well-

ness, 43, 48, 59, 64-65, 72-73, 76 messiness, 23, 40-46, 59, 61, 77-78, 82, 108, 159, 179, 188-91 Meta, 107, 208n9 metaverse, 9, 81, 92-93, 98, 107 methodology of book, 6-9 microdosing, 39 MiGente, 107, 110 migration, 68, 155-56, 158 Millennials, 110 mindfulness, 41, 43, 46, 50, 59, 62-67, misdiagnosis, 14, 24-25, 28 misinformation, 1, 27, 40, 180. See also disinformation misogynoir, 161 misogyny, 76, 100, 141 moderation, 93, 113, 115, 118-19, 138, 151 modernity, 84, 93, 118, 125, 127-35, 139, 141, 147, 178, 2111119 morality, 42, 48 Moten, Fred, 189 Mötley Crüe, 89 mourning, 47, 87, 110, 154, 182 mowing, 74-75 Mozilla, 148 Multicultural London English (MLE), 158, 169 Mulvin, Dylan, 61 Munchausen's, 14, 23, 26-28, 35-36 Muñoz, José Esteban, 115 Musk, Elon, 4 mutual aid, 14, 25, 31, 33-34, 46 Myspace, 102-5, 109-10, 113, 119, 123, 148

Nakamura, Lisa, 64, 91, 101 Nap Ministry, The, 77 National Eating Disorders Association (NEDA), 49–561 National Football League Scouting Combine, 131 National Institutes of Health (NIH), 69 pain, 6, 188; and Blackness and AI, 128, nationalism, 115-16, 216n8 141-42, 144, 150; and diagnosis, 12nature, 46, 54, 67, 74, 77, 107, 136-38, 13, 23, 30-32, 38 Paltrow, Gwyneth, 40 147, 185 Navajo people, 95 parents, 14, 20, 24-25, 28, 31-34. See neoliberalism, 182, 187; and diagnosis, also families; kinship 16-18, 30, 33, 39; and wellness, 40-Parham, Marisa, 182 41, 47-48, 52, 57, 70 pathologization, 22, 26, 35, 52, 73, 87, Neopets, 97, 117, 182 139, 147 Netflix, 42, 175 Patreon, 183 Network BIG, 154 pausing, 145-46, 149 neurodivergence, 3-5, 23-26, 57, 72, 90 Pennsylvania, 7, 185 Newmark, Craig, 120 perfectibility, 16-17, 59, 76, 190 New School for Social Research, 101 Phan, Thao, 132 phenotyping, digital, 14-15, 20, 22, 37 New York City, 135 Next Generation Sequencing (NGS), 17 Phillips, Amanda, 72 Ngai, Sianne, 154 Piepzna-Samarasinha, Leah Lakshmi, Nipsey Hussle, 154 Noble, Safiya Umoja, 125, 148 PlanetOut, 111 nonbinary people, 24, 200n22 #PlayApartTogether Campaign, 73 Noom, 39 pleasure, 89-90, 97, 99, 101, 117, 179, normalcy, 116; and diagnosis, 17, 21, 182, 188-92; and Blackness and AI, 30-31; and wellness, 41, 44, 47, 51, 126, 139, 141, 149, 152, 161 58, 61, 66 Pokémon, 97, 182 nostalgia, 2, 5-9, 75, 175-76, 180-81, policing, 20, 112, 129, 143 politics, 2, 6, 106, 115-16, 180, 187, 191; 183, 187; digital, 79-101; and home, and Blackness and AI, 126, 131, 146; 102-23 and nostalgia, 81-82, 84, 89-90, 105; novelty, 2, 80-81, 83, 85, 94, 99, 175-76 nursing homes, 60 and wellness, 42, 48, 73 Pop Smoke, 154 Oakland, California, 46 possibility, 5-8, 24, 33, 42, 61, 77, 98, 176, 183, 185-89, 192; and Blackness, Obama, Michelle, 140 objectivity, 20, 22, 30, 35, 37, 152, 159 125-29, 133, 141, 146, 149, 151, 174 Obsessive Compulsive Disorder Post-Traumatic Stress Disorder (PTSD), 22 (OCD), 11 obsolescence, 83, 89-93, 98-99, 182 power, 3, 6, 87-89, 98, 104, 121, 180, 187, OnlyFans, 113 189; and Blackness, 128, 134, 149, Open AI, 124-25, 163, 165-66. See also 154, 161, 173 ChatGPT precision medicine, 17-18 predictive models, 19 oppression, 128-30, 133, 152, 158, 178, 186, 188 Prendergast, Catherine, 28 Orientalism, 65, 67, 205n40 Price, Margaret, 186, 198n1

privacy, 60, 82, 106, 108 privilege, 2, 39, 43, 91 productivity, 4, 182-83; and Blackness and AI, 130, 152, 170; and diagnosis, 16, 18, 31; and nostalgia, 92, 97-98; and wellness, 40-41, 43, 51-58, 66-67, 76-77, 180 profit, 3, 30, 47, 71, 76, 132, 215n23 Project Greenlight, Detroit, 99 property, 82, 92-93, 108, 112, 123, 126, 130 Protostar Games, 74 Proud Boys, 36 psychiatry, 18-21, 27-28, 34-37, 46, 60, 66, 72 psychoanalysis, 81 psychology, 39, 59, 65, 67, 71, 157, 199n14 Puczkó, László, 67

Quantified Self movement, 40 queerness, 6, 8–9, 34, 44–45, 82, 95, 104, 113, 127, 133, 151, 183; and Blackness and AI, 129, 138, 151, 160; and diaspora, 115–16; and home, 105–6, 111, 114–15, 117, 123; and wellness, 16, 41, 59, 72, 77 queer studies, 115, 216n4

racialization, 2, 177; and AI, 9, 124-26,

129–32, 139, 141, 145, 151, 154, 161; and diagnosis, 15–16, 19–20, 24, 26; and home, 106, 109–10, 118; and nostalgia, 91, 95–96, 98, 103; and wellness, 45–46, 48–49, 59, 67 racism, 100–101, 115, 130, 139, 143–44, 152, 176, 181, 186; and Blackness, 158, 161; and diagnosis, 12, 14, 25, 27, 29–30; and medicine, 149–50; and wellness, 64, 66, 76. See also bigotry; misogynoir; oppression; white supremacy rappers, 151, 153–54

Reaganomics, 102 reanimation, 153-54 recovery, 29, 70-71 Reddit, 11, 22, 70, 165 Reddit Self-reported Depression Diagnosis dataset (RSDD), 22 refusal, 5-8, 28, 42, 61, 168-69, 173-83, 185-88, 209n12; and Blackness, 125-26, 129, 142, 146-52; and nostalgia, 93, 99, 109, 120 reliability, diagnostic, 19 remixing, 154, 157, 161, 175-76 reparation, 62, 87, 89, 100-101. See also healing reproducibility, 19 resistance, 97, 141, 155, 157-58, 168, 174 responsibility, 18, 40, 61, 104, 122, 192 restorative nostalgia, 92 retroness, 2, 79-86, 89-90, 100-101, 182-83 Rice, Tamir, 145 risk, 36, 40, 85, 107, 157, 164, 167-68, 176-77, 189-92 Rivera, Geraldo, 60 Robison, John Elder, 16 Rockland State Hospital, 18 Rosenhan, David, 35-36 Ruberg, Bo, 115

safe spaces, 99–101, 104, 116
safety, 73, 75, 104–6, 114, 118–19, 123, 138, 141
sampling, 175–76, 182
Samuels, Ellen, 37
San Francisco Bay Area, California, 46–47
San Francisco Zen Center, 64
Sankofa, 141
schizophrenia, 22, 28, 34–36, 68
science and technology studies, 2, 6, 152
Second Life, 107–8

segregation, 106, 143, 148 Smith, Melanie, 67 self-discovery, 41-42, 47, 66-71 snake oil, 65 social conditions, 18, 20, 27 self-governance, 41, 48 self-improvement, 40, 66 sociality, 46-47, 61, 81, 116, 122, 136-37, self-optimization, 66, 68 self-regulation, 40, 62-63, 66 social media, 1, 70, 177, 180, 209n15; and Blackness and AI, 135-38, 141; self-reporting, 14, 22-23, 30-31, 35, 37 self-tracking, 42 and diagnosis, 12-13, 18, 21, 24-28, Selwyn, Neil, 139 31; and home, 102-4, 106, 109-21. Semiconductor, Fairchild, 95 See also specific platforms Senscode (MIT), 20-21 Solange, 120, 183 Sergile, Reggie, 150-51 solutionism, 14-15, 18, 35, 61, 152 Serres, Michel, 37 Somewhere Good, 135-38 sex, 111, 118, 120, 188-90 SpaceX, 92 Spade, Dean, 33-34 sexism, 12, 27, 115, 161 sexual abuse, 31-32 Spectrum 10K, 69 sexualization, 161–62 speech styles, 156-74 sex workers, 59 Spiller, Hortense, 141 Shakur, Tupac, 143, 153 spinal muscular atrophy, 32-33 Sharpe, Christina, 145, 152 spirituality, 43, 64-65, 129, 144, 150, 153 Shine app, 76-77, 180 spooning, 78 Shintoism, 43 Stanford University, 35 signifyin', 146, 157 state violence, 18, 38, 145, 186 Silberman, Steve, 4, 197n8, 198n4 static encephalopathy, 14, 31-32 Silicon Valley, 4, 40, 47, 94, 148, 197n8, Steele, Catherine Knight, 71, 77, 180 Stinney, George, Jr., 142-45, 212n38 202N1 Silk Sonic, 176 Strings, Sabrina, 48 SimCity, 107 style/stylization, Black, 8, 153-74, 176, Sims, J. Marion, 152 214n17 simulation, 35-36, 89, 107, 155 surveillance, 20, 73, 82, 105, 108, 117, Sins Invalid, 77 177; and Blackness and AI, 129-30, Siri, 169-70 132, 140, 154, 157, 170; and wellness, slavery, 71, 90, 128-31, 134, 139, 144, 147, 40, 48, 62, 66, 70, 76 survival, 26, 37, 42, 45-46, 62, 70, 75-149, 152, 169 sleep, 11, 20, 40, 59-61, 77, 143 77, 152, 158 Sutherland, Tonia, 143 slut feminism, 113 Sly and the Family Stone, 176 syphilis, 149 Smalls, Biggie, 153-54, 176 smartphones, 21, 52-53, 61-62, 65, 74, TallBear, Kim, 68 Tamagotchis, 97 89-90 Smilges, J. Logan, 178-79 techno-optimism, 1, 42, 91, 93, 124 technophilia, 89 Smith, Linda Tuhiwai, 126

technophobia, 140 technoskepticism, 9, 14, 31, 185-88; and Blackness, 79, 99, 124, 142, 149, 151, 155, 173-74, 176-83; and wellness, 42, 45-46, 51, 58, 69, 72. See also Afro-skepticism teenagers, 14, 23-24, 26, 82, 89, 119 Teleparty, 114 temporalities, 83-87, 91, 93, 97-101, 137, 160, 191 Tequila, Tila, 112-13 TESSA, 49-51, 203n24 Thom, Kai Cheng, 28 Thompson, Robert Farris, 146 Three-Fifths Compromise, 131 thyroid conditions, 11 Tidying Up with Marie Kondo, 43 TikTok, 180, 182; and Blackness and AI, 142, 144, 170; and diagnosis, 11, 14, 16, 23, 25-28, 31, 35-37; and nostalgia, 82-87, 89, 100, 102, 111-12, 119-20, 122 Timbaland, 153-54 Tourette's, 14, 23-24, 26 toxicity, 43, 71, 77, 93, 114-15, 178 trans communities, 5-6, 41, 77, 105, 199n22; and diagnosis, 12-13, 16, 24, 34, 36. See also LGBTQ communities trans-exclusionary radical feminism (TERF), 36 transitional objects, 79-82, 85-89, 91, 100 transphobia, 27, 36, 115 trauma, 13, 23, 31, 105, 114-17, 133, 144-45, 189 Tronto, Joan, 186 Trump, Donald, 109, 151 trust, 14, 20-23, 30, 76, 142, 146 truth, 66, 68, 105, 136, 169, 182, 200n20; diagnostic, 14, 19-21, 23, 28, 36-37 Tubman, Harriet, 149

Tumblr, 116
Tung-Hui Hu, 103
Twitch streams, 96
Twitter, 21, 39, 69–70, 77, 81, 110, 120–22, 141–42, 145, 159, 181–83; Black
Twitter, 151; and diagnosis, 16, 23, 36 twoness, 131
Tycoon series, 107

universalism, 30, 48, 84, 89, 95, 105 unwellness, 39, 45, 51–52, 57, 62, 66, 72, 77, 205n40 U.S. space program, 129

Vanuatu, 92
veterans, 22
violence, 6, 72, 76, 105, 123, 130, 145,
149, 177, 189; and diagnosis, 27–28,
34, 38; and nostalgia, 89–92, 94, 114;
state, 18, 38, 145, 186
virality, 27, 37, 50, 111, 144, 151
virtual reality (VR), 94–95
Vygotsky, Lev, 157

Walcott, Rianna, 51-57, 110, 161-62, Wark, Scott, 132 Warner, Michael, 190 Web 2.0, 104, 122-23, 141 Web3, 8-9, 81, 92-93, 97, 107 Welles, Brooke Foucault, 186 wellness industry, 7-8, 40-42, 62, 179-80, 187 wellness initiatives, 13, 36, 48 wellness tourism, 67 West African languages, 160 white feminism, 89 whiteness, 4-5, 116-18, 177, 182, 203n23, 215n3; and Blackness and AI, 125-30, 132-35, 143-44, 148, 155, 157, 167, 171-73, 187; and diagnosis, 16, 19, 24-25, 30, 198n4; and nostalgia, 82,

89, 91–93, 98, 103; and wellness, 59, 64-66 white supremacy, 113, 130, 133-35, 180 Whitman, Walt, 74 Williams, Josie, 146, 151, 166 Willowbrook, 60 Windrush (HMT Empire Windrush), 158 wisdom, 40-42, 45, 50-51, 58, 62, 66, 75-78, 127-28, 180, 187 Wolfram, Stephen, 159 women, 16, 95, 105; Black, 76-77, 80, 103-4, 129, 140, 161-62, 180-81; of color, 104, 113, 141, 186 Wong, Alice, 14, 31-34 World Health Organization (WHO), 21, 48, 73

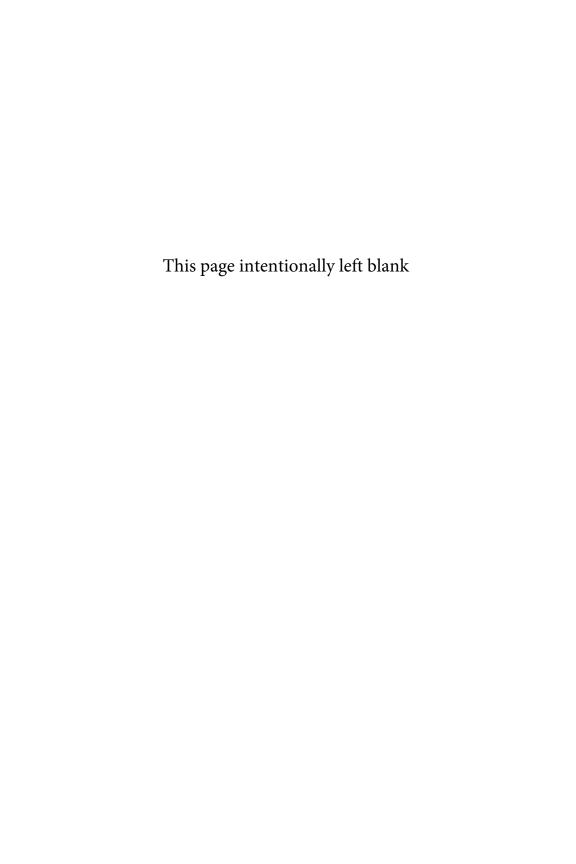
World of Warcraft, 115

World War II, 48 Write or Die app, **54**–55 Written? Kitten! app, **55** 

XBOX Live, 114 xenophobia, 115

Y2K, 1 Yang, Andrew, 99 Yang, Jerry, 99 Yeoh, Michelle, 95 Yergeau, M. Remi, 60, 70 #YourSlipIsShowing campaign, 141 YouTube, 47, 57, 66, 100–101, 122, 159

Zeitlin-Wu, Lida, 47 Zoom, 64, 114



## Aesthetics, Philosophy, and Cultures of Media EDITED BY WENDY HUI KYONG CHUN AND SHANE DENSON

What does it mean to think, feel, and sense with and through media? In this cross-disciplinary series we present books and authors exploring this and related questions: How do media technologies, broadly defined, transform artistic practices and aesthetic sensibilities? How are practices, encounters, and affects entangled with the deep infrastructures and visible surfaces of the media environment? How do we "make sense"—cognitively, perceptually, and culturally—of media?

We are especially interested in contributions that open our understanding of media aesthetics beyond the narrow confines of Western art and aesthetic values. We seek works that reestablish the environmental connections between art and technology as well as between the aesthetic, the sensible, and the philosophical. We invite alternative epistemologies and phenomenologies of media rooted in the practices and subjectivities of Black, Indigenous, queer, trans, and other communities that have been unjustly marginalized in these discussions. Ultimately, we aim to sense the many possible worlds that media disclose.

Timon Beyes, Organizing Color: Toward a Chromatics of the Social

Edmund Mendelssohn, White Musical Mythologies: Sonic Presence in Modernism

Ioana B. Jucan, Malicious Deceivers: Thinking Machines and Performative Objects

Vilém Flusser, *Communicology: Mutations in Human Relations?*, edited by Rodrigo Maltez Novaes, foreword by N. Katherine Hayles

Mark Amerika, My Life as an Artificial Creative Intelligence

