Acknowledgments

ALL BOOKS ARE THE RESULT of a long gestation. Faith in Rights is no exception. Seeds for this project were planted more than twenty years ago. My work at the United Nations when the Human Rights Council was just being created and conversations with former colleagues about the importance of NGOs' participation in international human rights forums were formative. I thank my UN colleagues and friends for their insights, especially Bernadette Piérard-Pasquier for her kindness and support over the years. These seeds continued to grow with conversations I had while conducting research with activists fighting headscarf bans in Turkey and France. I am grateful to these activists for sharing why they considered it essential to contribute to multilateral discussions. These interventions for them carried the possibility of crafting and transforming the contours of human right norms. In many ways, Faith in Rights' impetus has been to explore how this crafting unfolds and who can participate in it.

I extend my deepest gratitude to NGO representatives in Geneva, who made this book possible. They did that in so many ways. They took time out of their extremely busy schedules to speak with me about their journey at the United Nations and the work of their organization; they shared documents they had published; they invited me to trainings and events they were organizing; they welcomed me in their offices and gave me permission to consult their archives; and some of them read and commented on draft chapters of this book. I thank you for your generosity, patience, time, and *genuine* interest in this project.

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I am very grateful to Michelle Lipinski, who was an editor for Stanford University Press when I met her. At the time of our first meeting, I came to her with the beginning of an idea for a book, and I remember her genuine excitement and enthusiasm. Her reaction gave me the energy to concretize this project. I am also thankful to Mark Goodale for believing in this manuscript and considering it for publication in the Stanford Studies in Human Rights series, and to Kate Wahl and Dylan Kyung-lim White for taking the lead after Michelle's departure. I am especially appreciative of your patience and commitment, as research and writing for this book was interrupted multiple times by parental leaves and the COVID-19 pandemic.

I would like to thank the Faculty of Liberal Arts & Professional Studies, York University, Toronto, Canada, for the financial support it provided to this work. This project was also supported by a grant awarded by the Canadian Social Sciences and Humanities Research Council. I am grateful for this funding as this monograph would not have come to fruition without it. I thank my colleagues in the Department of Social Sciences at York University for showing support and genuine interest in the research I undertake.

Chapters in this book benefited from the generous feedback I received in multiple conferences, including at a workshop organized by Catherine Larouche and Florence Pasche-Guignard at Laval University in March 2021, at another workshop organized later that year by Géraldine Mossière at the University of Montreal, during panel sessions at annual meetings of the International Studies Association and the Law and Society Association in 2022, and during a research talk organized by the Socio-Legal Studies Graduate Program at York University. I also had the opportunity to present some of my findings during a training session organized by an NGO in Geneva. Finally, I extend my gratitude to the four anonymous reviewers for Stanford University Press. The two first reviewers offered constructive feedback on the book proposal that I was able to integrate as I was working on the manuscript. The other two reviewers read the full monograph and provided comments that have helped me refine arguments and work on the book's overall readability.

Several graduate students did essential research for this project. Alexandra Caron worked diligently on transcriptions. Samaneh Hemat, Summaiya Zaidi, Asma Hamid, Alexandra Grady, and Can Turgut embarked with excitement on sometimes obscure research tasks for different chapters of this book. I am deeply grateful for your conversations, stamina, and efforts to help me organize research that sometimes felt like a herculean task. I also extend my sincere gratitude to Colette Stoeber for her meticulous editorial assistance.

I am thankful to Kris Teraud, Torbjörn Jörgensen, QUNO, and Laval University Press for allowing me to reproduce photos and part of a book chapter in this monograph.

I read and listened to many books while working on this monograph, and they all in different ways have left their imprints. One novel that has been particularly powerful is the *Island of Missing Trees* by Elif Shafak. I am grateful to her for her invitation to question the binaries through which we see the world. Her efforts have been a source of inspiration for this book and for my research more generally. One of the storytellers in the novel is a fig tree, who reflects sensibly on storytelling and says:

What I tell you, therefore, I tell through the prism of my own understanding, undoubtedly. No storyteller is completely objective. But I have always tried to grasp every story through diverse angles, shifting perspectives, conflicting narratives. Truth is a rhizome—an underground plant stem with lateral shoots. You need to dig deep to reach it and, once unearthed, you have to treat it with respect. (Shafak, 2021, 189)

I am indebted to the wisdom of this tree that has shaped how I chose to write and organize this book.

This book, like all books, could not exist without the intellectual and emotional support and care of friends and family. I feel this support was especially important this time around because writing this book took place in the midst of learning how to become a parent to three small children during a pandemic. I am deeply grateful to my mom, Martine Dubreuil, who has read too many drafts of this book and who provides invaluable support and love to my family. I am indebted to Jennifer Selby for proposing to work on our books together, for genuinely engaging with this project, and for our friendship over the years. My friendship with Andrea Paras has also been part of the making of this book. Our conversations and Andrea's feedback on several chapters have shaped in distinct ways my arguments. My weekly (and sometimes daily) conversations on research- and non-research-related questions with my friend Dia Dabby are embedded in the fabric of this manuscript. Coffee dates and conversations with other friends, including Lori Beaman, Annie Bunting, Laura Kwak, and Melanie Adrian, have in different ways informed my thinking. Finally, I thank my people outside academia for having helped me keep my sanity over the past years, I am especially grateful to Clémence, Florence, Anna, Xavier, Margaret, Karin, Emmanuelle, Annabelle, Sara, Ugras, Arthur,

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my four siblings, and my dad. I am thankful to Jean, Chantal, and Ragna for having cared for and loved my children while I was working on this project. Two children, Julien and Soraya, were born over the course of working on this book and came to join their older sister, Nour. Thank you for keeping me grounded, for your love, joy, and laughter, and for teaching me to see the world differently. Finally, I want to thank Karim for unconditionally being at my side.

I dedicate this book to my late grandparents, Odette and Gaston Barras, who are an intrinsic part of who I am.

Parts of chapter 1 appeared in "Gender and Religion Playing Hide and Seek at the United Nations? A Reflection on the Place of the Secular and the Post-Secular at the Human Rights Council," in *Corps in/visibles: genre, religion et politique*, edited by Florence Pasche Guignard and Catherine Larouche (Presses de l'Université Laval, 2023); permission to reprint this material was generously granted by the Presses de l'Université Laval.