

## Abbreviations and Terms

EP	Ecumenical Patriarchate
GOA	Greek Orthodox Archdiocese of America
MP	Moscow Patriarchate
OCA	Orthodox Church in America
ROC	Russian Orthodox Church
ROCOR	Russian Orthodox Church Outside of Russia

### TERMS

Abbot	Ecclesiastical title for the head of a monastery
Altar	Sanctuary separated by an iconostasis from the nave
Antimins	A small piece of fabric containing holy relics that is consecrated and signed by a bishop before being placed on the altar of an Orthodox Church. The consecration of the Eucharist cannot take place without the antimins.
Aposticha	A set of hymns
Catechumen	Formal religious inquirer in the Orthodox Church
Chrismation	A sacrament of confirmation using anointing oil (chrism)
Church Slavonic (CS)	A Slavic liturgical language
Divine Liturgy	Eucharistic celebration
Eucharist	The sacramental body and blood of Christ
Hieromonk	A celibate monk who is also a priest
Icon	Painted or reproduced religious image

Iconostasis	Altar screen with icons that separates the altar from the nave
Matins	A daily morning prayer service in the liturgical cycle
Matushka	From Russian; an older, diminutive term for a priest's wife that is common in the Russian diaspora, meaning "mother"
Narthex (vestibule)	Similar to a lobby; opens into the nave
Nativity	Feast of the birth of Christ
Nave	Central part of the temple (church) where worshipers stand
New Calendar (NC)	The Revised Julian Calendar (approximately thirteen solar days ahead of the Old Calendar) is an Orthodox liturgical calendar that currently aligns with the Gregorian calendar. Both the NC and the OC are hybrid liturgical calendars, meaning they make use of solar and lunar timing. In writing, liturgical dating often includes both the NC and the OC (e.g., November 20/7, 1920).
Old Calendar (OC)	Julian Calendar (or Old Julian Calendar) (approximately thirteen solar days behind the New Calendar)
Pascha	Feast of the Resurrection of Christ
Temple	Church building
Theosis	Deification
Trapeza	Colloquial term meaning "common/shared meal"
Troparion	A type of hymn (also Tropar)
Vespers (Great)	A daily evening prayer service in the liturgical cycle

BETWEEN HEAVEN AND RUSSIA

