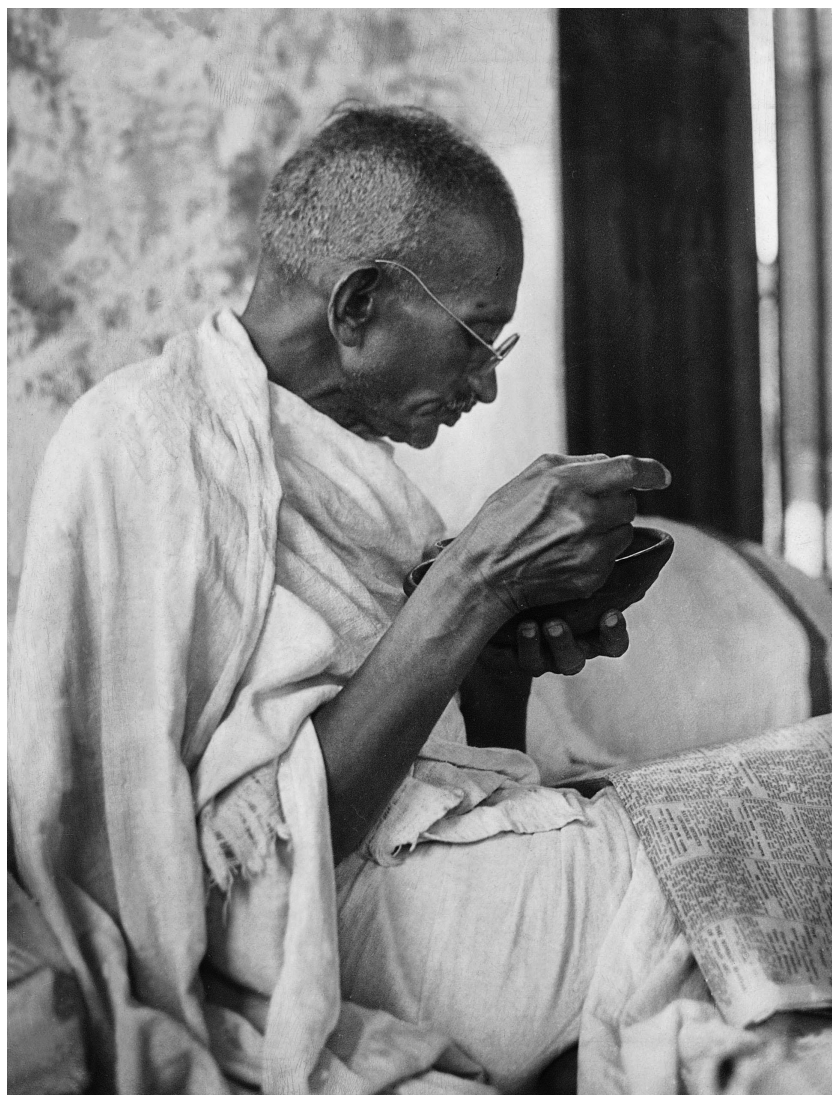


Gandhi's Search for the Perfect Diet



Gandhi's Search for the Perfect Diet

EATING WITH THE
WORLD IN MIND

Nico Slate

UNIVERSITY OF WASHINGTON PRESS
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FRONTISPIECE: Mahatma Gandhi, a.k.a. Mohandas Karamchand Gandhi (1869–1948), photographed in Gujarat, India, on April 6, 1930. Sueddeutsche Zeitung Photo / Alamy Stock Photo.

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For the mango, the papaya, and the pomegranate

By their fruit you will recognize them. Do people pick grapes from thornbushes, or figs from thistles? Likewise, every good tree bears good fruit.

MATTHEW 7:15