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Scandinavian Journal of Pain

journal homepage: www.ScandinavianJournalPain.com



Book Review

Atlas of Pain Management Injection Techniques, S. Waldman., 4th edition, Elsevier (2017). 520 pages; Publisher of Online: Expert Consult, eBook ISBN: 9781455728145, ISBN: 978-0-323-41415-9

In this book, Steven Waldman describes 182 pain management procedures using injection techniques. Each procedure is described in the same style: first the indications for the specific procedure, clinical considerations of beneficial effects and possible adverse effects, clinically relevant anatomy, technical detail of the injection procedure, often step-by-step how best to do it, and possible side effects and complications. Many of the procedures also have an accompanying text-box with “Clinical Pearls” in which Steven Waldman summarizes what should be done in addition to and following a successful injection, as well as other aspects of multimodal management, including pain rehabilitation and pharmacological co-administration of drugs such as antidepressants and antiepileptic drugs. Many of the procedures are illustrated with ultrasound views, some with MRI or X-ray illustrations of important

anatomical details. This very well written and beautifully illustrated book is especially valuable for trainees and for practicing anaesthetists/anesthesiologists doing pain work, but rheumatologists and other clinicians will benefit from having the book available in the department library, both the print version and the electronic eBook version.

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Available online 18 September 2017