

Clinical pain research

Efficacy and safety of diclofenac in osteoarthritis: Results of a network meta-analysis of unpublished legacy studies



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HIGHLIGHTS

- Legacy unpublished randomised controlled trials of diclofenac in osteoarthritis.
- Bayesian NMA model estimated relative treatment effects between pairwise treatments.
- Diclofenac 150 mg/day was more efficacious for pain relief than ibuprofen 1200 mg/day.
- Diclofenac 150 mg/day had likely favourable outcomes for pain relief compared to ibuprofen 2400 mg/day.
- Benefit-risk profile of diclofenac was comparable to that of ibuprofen in osteoarthritis.

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ABSTRACT

Background and aim: Diclofenac is widely prescribed for the treatment of pain. Several network meta-analyses (NMA), largely of published trials have evaluated the efficacy, tolerability, and safety of non-steroidal anti-inflammatory drugs (NSAIDs). The present NMA extends these analyses to unpublished older (legacy) diclofenac trials.

Methods: We identified randomised controlled trials (RCTs) of diclofenac with planned study duration of at least 4 weeks for the treatment of osteoarthritis (OA) from 'legacy' studies conducted by Novartis but not published in a peer reviewed journal or included in any previous pooled analyses. All studies reporting efficacy and/or safety of treatment with diclofenac or other active therapies or placebo were included. We used a Bayesian NMA model, and estimated relative treatment effects between pairwise treatments. Main outcomes included pain relief measured using visual analogue scale at 2, 4 and 12 weeks and patient global assessment (PGA) at 4 and 12 weeks for efficacy, all-cause withdrawals, and adverse events.

Results: A total of 19 RCTs (5030 patients) were included; 18 of which were double-blind and one single-blind. All studies were conducted before cyclooxygenase 2 inhibitors (COXIBs) became commercially available. Data permitted robust efficacy comparison between diclofenac and ibuprofen, but the amount of data for other comparators was limited. Diclofenac 150 mg/day was more efficacious than ibuprofen 1200 mg/day and had likely favourable outcomes for pain relief compared to ibuprofen 2400 mg/day. Diclofenac 100 mg/day had likely favourable outcomes compared to ibuprofen 1200 mg/day in alleviating pain. Based on PGA, diclofenac 150 mg/day was more efficacious and likely to be favourable than ibuprofen 1200 mg/day and 2400 mg/day, respectively. Risk of withdrawal due to all causes with diclofenac and ibuprofen were comparable. Diclofenac 150 mg/day was likely to have favourable efficacy and comparable tolerability with diclofenac 100 mg/day. Results comparing diclofenac and ibuprofen were similar to those from NMAs of published trials.

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Abbreviations: AE, adverse event; CFB, change from baseline; CNT, Coxib and tNSAID Trialists'; CrI, credible interval; CSR, clinical study reports; DIC, deviance information criterion; IGA, investigator global assessment; ITT, intention-to-treat; NMA, network meta-analysis; OA, osteoarthritis; PGA, patient global assessment; RCT, randomised controlled trials; SAE, serious adverse event; tNSAID, traditional non-steroidal anti-inflammatory drug; VAS, visual analogue scale.

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Conclusions: Results from these unpublished ‘legacy’ studies were similar to those from NMAs of published trials. The favourable efficacy results of diclofenac compared to ibuprofen expand the amount of available evidence comparing these two NSAIDs. The overall benefit-risk profile of diclofenac was comparable to that of ibuprofen in OA.

Implications: The present NMA results reassures that the older unpublished blinded trials have similar results compared to more recently published trials and also contributes to increase the transparency of clinical trials performed with diclofenac further back in the past.

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1. Background and aims

Osteoarthritis (OA) is a common and progressive joint disorder, mostly affecting the adults and characterised by joint degeneration resulting in extreme pain, disability, and reduced quality of life. The most commonly affected joints include those in the hands, neck, and lower back and weight-bearing joints such as the knees and hip. OA affects over 250 million people worldwide, imposing a substantial burden on society [1]. Currently, no effective disease-modifying treatment options are available to cure OA; the existing symptomatic treatments can only relieve pain and improve joint function [2]. According to reports from a prospective, longitudinal cohort study conducted at 53 centres (1187 patients) in six European countries (United Kingdom [UK], France, Germany, Portugal, The Netherlands, and Italy), 54% of OA patients receiving treatment from general physicians or specialists reported inadequate pain relief [3]. Non-steroidal anti-inflammatory drugs (NSAIDs), both traditional NSAIDs (tNSAIDs) and cyclooxygenase 2 (COX-2) inhibitors (COXIBs), are the most frequently prescribed medicines and considered as cornerstones in the treatment of OA [2] as they intend to provide the desired relief from both pain and inflammation in OA patients.

Nevertheless, both benefits and risks associated with various treatments should be analysed to inform clinical decision making. Numerous clinical studies that included this treatment were performed in an era when publication of clinical studies was not as systematic as it is today. Today, there are more formalised good publication practice guidelines that are supported by researchers [4] and many research companies (including Novartis) have publicly committed to publish sponsored clinical research [5]. The present review and NMA was conducted to gain insights on the data available from unpublished legacy studies with diclofenac conducted by Novartis in patients with OA. Its value lies in the fact that is presenting to the scientific community a wealth of data from 29 previously unpublished studies in osteoarthritis. The NMA is used as the appropriate quantitative method to synthesise these unpublished data and the authors consider this effort as complementary to a number of (network) meta-analyses and literature reviews that have been published over the last years. Since the legacy studies included in this meta-analysis were conducted before COXIBs became commercially available, comparators are limited to other tNSAIDs. Data from these legacy studies were systematically reviewed, and outcomes were synthesised by means of a Bayesian NMA. Based on these findings, the comparative efficacy and safety of diclofenac (100 and 150 mg/day) versus other NSAIDs in the management of OA were evaluated.

2. Methods

2.1. Study identification and data collection

A list of all legacy clinical trials conducted by Novartis was reviewed to identify randomised controlled trials (RCTs) of diclofenac with planned treatment duration of at least 4 weeks

for the treatment of OA, so that their results have some relevance to the clinical treatment of a long-term condition. Blinded RCTs with diclofenac in OA, which were conducted by Novartis or its subsidiaries or predecessors and identified as not being included in a previous systematic review of published studies, were retrieved from the Novartis archives. Only 3 of the 19 studies had previously been published. The relevance of each identified clinical study report (CSR) was assessed according to pre-defined selection criteria (see Appendix 1A) by two independent reviewers in parallel (Anneloes van Walsem and Patricia Guyot), and any disagreement was resolved by consensus. All RCTs in OA that compared diclofenac versus placebo or other analgesic comparators with data on efficacy and/or safety were included. The most common comparators were ibuprofen (1200/2400 mg/day) and naproxen (500/750/1000 mg/day). Other less common comparators, such as piroxicam (20 mg/day), indomethacin (75 mg/day) and paracetamol (1950 mg/day) in combination with dextropropoxyphene (195 mg/day) were also included in a few RCTs.

Visual analogue scale (VAS) and Likert pain scale scores, VAS and Likert scale patients' global assessments (PGA), and VAS and Likert scale investigators' global assessments (IGA) were considered for analysing efficacy outcomes. Efficacy endpoints were assessed at 2, 4, and 12 weeks for VAS pain, at 4 and 12 weeks for PGA VAS, and at 4 weeks for IGA VAS. In addition safety (any adverse events [AEs] and serious adverse events [SAEs]) and tolerability (withdrawals due to all causes, lack of efficacy, and AEs) parameters were included in the analysis.

Study and patient characteristics, as well as efficacy, safety, and tolerability outcomes from the selected studies were recorded on a pre-designed data extraction form. Details on study characteristics such as study design, inclusion and exclusion criteria, comparator interventions, study duration, number of intention-to-treat (ITT) patients, and rescue medication use were extracted. In addition, baseline patient characteristics including age, gender, disease duration, and type of OA were extracted.

For each continuous outcome of interest, an estimate of the change from baseline (CFB) and the standard error of the estimate were extracted (see Appendix 2). For dichotomous outcomes, the number of patients experiencing an event was estimated based on reported percentages and size of the ITT population. Subsequently, the total person-years at-risk follow-up periods were estimated using the dropout rate. Data presented in graphs were extracted using the DigitizerIT software (version 1.5; DigitizerIT, Braunschweig, Germany).

The methodological and reporting quality of the included studies were assessed by using the Oxford quality scoring system for RCTs [6]. The risk of bias was assessed based on the following aspects: randomisation according to an appropriate method, allocation concealment of patients and investigators, and complete and non-selective reporting of study withdrawals and dropouts.

The SLR was conducted and reported in accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines (see Appendix 3).

2.2. Data synthesis

Efficacy outcomes, tolerability and safety parameters were evaluated using a Bayesian NMA model [7–9]. The Bayesian framework analyses involve data, a likelihood distribution, and a model with parameters along with their prior distributions. A linear model with a normal likelihood distribution was used for continuous outcomes, whereas a Poisson likelihood with a log link was used for count outcomes [10,11]. The Poisson model for count data includes an offset term for study duration; a constant event rate is assumed. Flat (non-informative) prior distributions were assumed. In addition, random effects models, which assign random effects on the treatment effects, were evaluated to allow for heterogeneity between studies. The fixed- and random-effects models evaluated for each outcome were compared using the Deviance Information Criterion (DIC), and the model with a better fit (lower DIC) was selected [11]. Markov chain Monte Carlo simulations were applied to estimate the posterior densities for parameters. Convergence was assessed by visual inspection of trace plots. Accuracy of the posterior estimates was evaluated using the Monte Carlo error for each parameter. For each outcome, where a closed loop was present in the network, all available direct estimates were in line with those obtained from the consistency model (i.e. the NMA model), suggesting no significant inconsistencies between the direct and indirect treatment estimates. A fixed-effects model was selected for analyses of all outcomes except for CFB with respect to pain at 4 weeks. All models were implemented using WinBUGS (version 1.4.3; MRC Biostatistics Unit, Cambridge, UK) [10]. The detailed methodology used for data synthesis is described elsewhere [12].

Results of this NMA are presented as the median of the posterior distribution for relative treatment effects along with 95% credible intervals (CrIs). The efficacy results are presented as differences in CFB (Δ CFB). A negative Δ CFB indicates symptomatic improvements with diclofenac relative to the comparator. Tolerability and safety results are presented as rate ratios (RR); RR of <1

indicates that treatment with diclofenac has a lower risk relative to the comparator.

As depicted in Fig. 1 (adapted from Cope et al., 2013), treatments were categorised as follows: (1) 'more efficacious' if the 'posterior probability (P) that the treatment is better than the comparator' is $\geq 97.5\%$, (2) 'likely to be favourable', if P is $\geq 85\%$, (3) 'comparable', if P is between 15% and 85%, (4) 'likely to be unfavourable' if P is $\leq 15\%$, and (5) 'less efficacious' if P is $\leq 2.5\%$. Note that if P is $\geq 97.5\%$ or P is $\leq 2.5\%$, then the 95% CrI does not include 0 (for continuous outcomes) or 1 (for dichotomous outcomes), whereas it does if $2.5\% \leq P \leq 97.5\%$ [13].

3. Results

3.1. Evidence base

A total of 35 clinical trials were retrieved for review. Of these, six trials were excluded based on pre-defined study selection criteria (two because they included RA patient populations and four because of use of different outcomes); accordingly, 29 clinical trials were retrieved for complete data extraction. The trial selection process is outlined in Fig. 2.

After this phase, heterogeneity of the study evidence with respect to interventions and study design of interest was discussed. Based on these discussions, certain exclusion criteria were added (including comparison between diclofenac tablet formulations or daily frequency; comparison between diclofenac salts; dose escalation, see Appendix 1B), and eventually, 19 trials were selected for the NMA; hereafter, these 19 trials are referred to by letters from A to S. Details of the 10 trials not included in the NMA base case is provided in Appendix 4. Within the included studies (most including patients with osteoarthritis of knee and/or hip), certain treatment arms such as diclofenac (37.5 mg/day), lumiracoxib, and clomipramine were excluded, because these drugs are no longer used in clinical practice. Moreover, these arms were of no interest

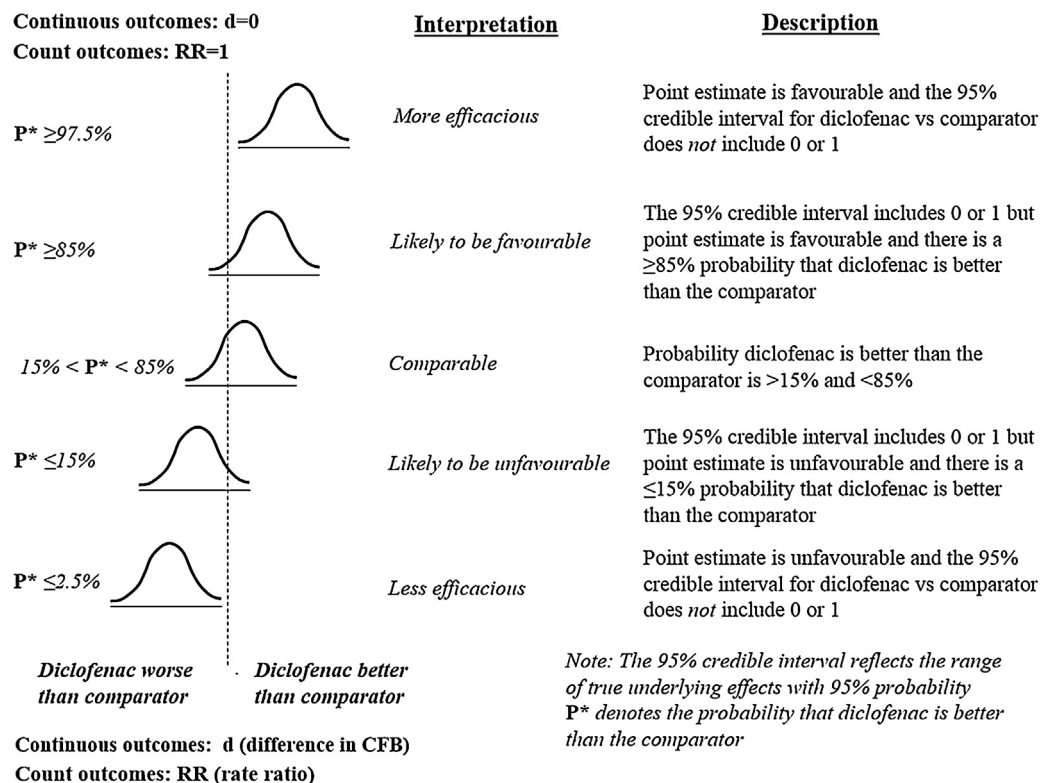


Fig. 1. Interpretation of efficacy results of the NMA (adapted from Cope et al. [13]). CFB, change from baseline; diff, difference; RR, rate ratio; NMA, network meta-analysis.

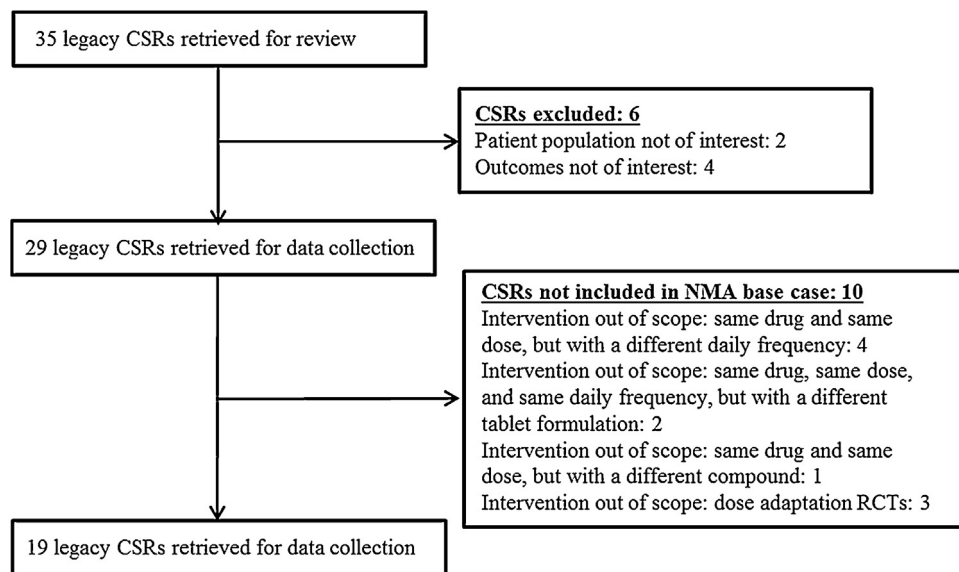


Fig. 2. Study selection flow chart. CSR, clinical study report; NMA, network meta-analysis; RCT, randomised controlled trial.

because they did not bridge to relevant drugs and doses in the network. Studies with diclofenac 200 mg/day were included although this is not a registered dose for OA.

Study designs of the RCTs included in the NMA, together with their methodological and reporting quality assessment, are provided in Appendix 5. The time interval between the beginning of the oldest and most recent studies was 17 years (1982–1999; trial E began in 1982, whereas trial N began in 1999). All 19 RCTs, except one (trial M was a single-blind study), were double-blind trials. In addition, 15 of the 19 RCTs were multicentre trials, whereas four were single-centre trials (trials I, L, Q, and S). With regard to study regions, these 15 trials included one international study (trial N), 10 US studies, three UK studies, two Italian studies, and one each, Brazilian, Mexican and German study. Inclusion and exclusion criteria used among these studies were similar: patients had to have a diagnosis of OA and be receiving aspirin or other NSAIDs on a continuing basis prior to enrolment in the study; patients receiving physiotherapy were usually eligible provided their programme was not altered during the study; patients with arthritis of any aetiology other than OA as well as those who were candidates for joint replacement surgery were excluded. Five studies had a duration of 28 days (4 weeks; trials K, N, O, P, and Q), six had a duration between 42 and 72 days (6–12 weeks; trials A, F, G, I, M, and S), and eight lasted for at least 84 days (≥ 12 weeks, trials B, C, D, E, H, J, L, and R). All studies included at least one diclofenac arm; however, the diclofenac salts used were not always the same. Diclofenac sodium was used in most studies (15 trials; trials D, F, B, H, R, I, Q, A, N, E, G, L, C, P, and S), while diclofenac potassium was used in five studies (trials M, J, O, K, and D) and diclofenac resinate was used in two studies (trials B and H). Based on differences in the diclofenac salts used, a scenario analysis was planned to investigate if the diclofenac salt used affected the NMA results.

Patient characteristics from all studies included in the analysis are presented in Appendix 6. The average number of ITT patients per arm was 107. Two studies (trials K and M) randomised over 300 patients per treatment arm. Five studies (trials A, I, P, Q, and S) randomised ≤ 30 patients per treatment arm. The mean weighted average proportion of men was 32% (range: 0–49%). Most studies included patients of either sex, except trial P, which included only female patients. The average age of patients across all studies ranged between 47 and 67 years (mean: 61 years). Trial A comprised all patients with OA-affected joints only in the hip, whereas

trials C, D, F, and G comprised all patients with OA-affected joints only in the knee. The mean disease duration ranged from 0.3 to 12.6 years, with a weighted mean average of 7.4 years. Trial I included newly diagnosed patients with a shorter disease duration (0.3–0.5 years) compared with the rest of the studies (2.3–12.6 years).

The clinical outcome data for diclofenac (efficacy, tolerability and safety) compared with ibuprofen, the only comparator with enough data for robust comparisons, are presented in detail below. In addition, diclofenac (75 and 200 mg/day), naproxen, and other NSAIDs (piroxicam, indomethacin, paracetamol and dextropropoxyphene) were included in a few retrieved studies, but the number of patients was too small for reliable comparisons with diclofenac (100 and 150 mg/day). The clinical outcome results for these NSAIDs are described in Appendix 12.

3.2. Clinical outcomes

3.2.1. Efficacy outcomes

Comparative efficacy outcomes of diclofenac (150/100 mg/day) and ibuprofen (2400/1200 mg/day) are presented in this section.

The global evidence network for the 19 studies included in the analysis is presented in Fig. 3.

The networks according to outcome are provided in Appendix 7. The input data are in Appendix 2. The pain (VAS) data primarily included pain on motion; however, if pain on motion was not reported, then the overall pain and that at rest or at night were considered. The current identified evidence was appropriate to draw feasible networks for the following outcomes: pain (VAS) at 2, 4, and 12 weeks; PGA (VAS) at 4 and 12 weeks; IGA (VAS) at 4 weeks; withdrawals due to all causes, lack of efficacy and AEs; any SAEs. The evidence for PGA and IGA at 2 weeks and IGA at 12 weeks was too limited to provide pairwise comparison results versus the main comparator ibuprofen. Because none of these studies were primarily conducted to assess safety outcomes, evidence regarding other safety events was also somewhat limited.

Two scenario analyses were conducted: scenario 1 with exclusion of trial C, which had notably different results from those in the other studies at all time points, and scenario 2, based on separation of the diclofenac salts, to investigate if the diclofenac salts affected the NMA results.

In scenario 1 analysis, trial C was excluded to determine the extent to which it may affect the NMA results. The diclofenac

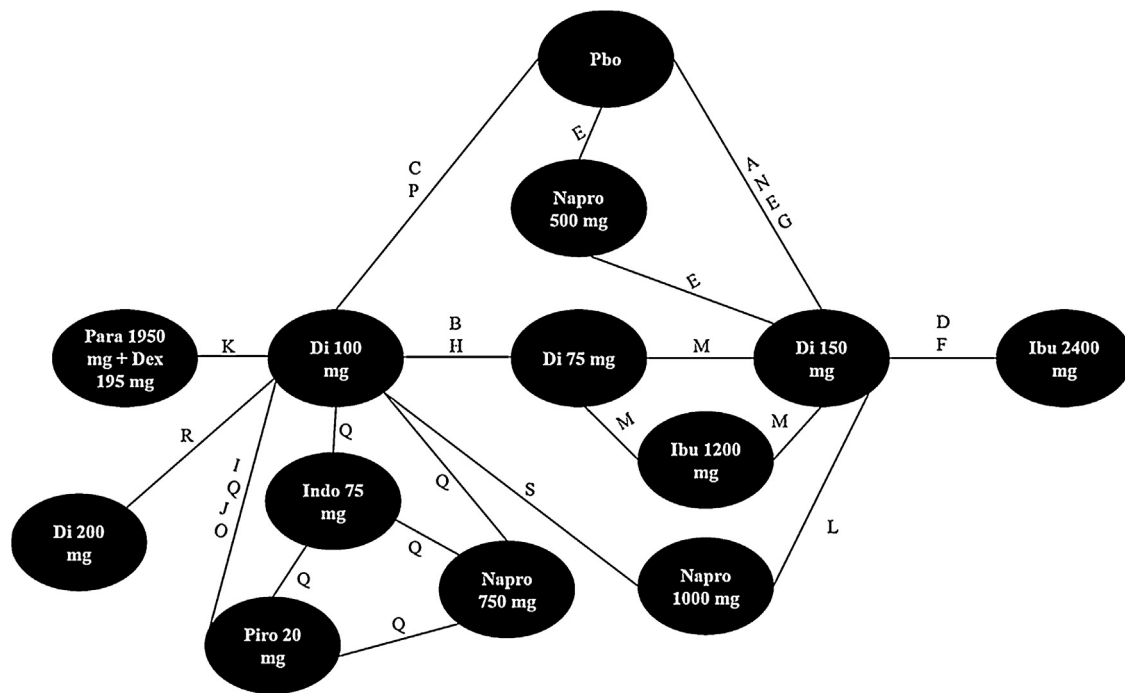


Fig. 3. Global evidence network. Di, diclofenac; dex, dextropropoxyphene; Ibu, ibuprofen; Indo, indomethacin; Napro, naproxen; Para, paracetamol; Pbo, placebo; Piro, piroxicam.

100 mg/day pain CFB values (mm) in trial C were '1.0 and 2.0' versus '−25.6 and −27.4' in the two other studies reporting results at 2 weeks: '−2.0 and 0.0' versus 'between −21.4 and −31.5' at 4 weeks and '−2.0 and −1.0' versus 'between −29.2 and −34.9' at 12 weeks. The diclofenac 100 mg/day PGA (VAS) CFB values (mm) in trial C were both '−1.0' versus between '−18.4 and −28.9' in the other studies at 4 weeks and both '−1' versus 'between −22.1 and −27.8' at 12 weeks. In scenario 2 analysis, diclofenac treatments were separated according to the salts used (sodium, potassium and resinate).

3.2.1.1. Pain. Efficacy endpoints (VAS) were considered at 2, 4, and 12 weeks for pain CFB. Treatment with placebo had inferior outcomes at all time points compared to treatments with diclofenac and ibuprofen (data for ibuprofen vs placebo not shown).

Diclofenac 150 mg/day was more efficacious ($P \geq 97.5\%$) than ibuprofen 1200 mg/day at 4 and 12 weeks and was likely to be favourable ($P \geq 85\%$) compared to ibuprofen 2400 mg/day at 12 weeks in alleviating pain. The efficacy of diclofenac 150 mg/day was comparable ($P: >15\%$ to $<85\%$) to that of ibuprofen 2400 mg/day at 2 and 4 weeks. In comparison with diclofenac 100 mg/day, diclofenac 150 mg/day was likely to be favourable ($P \geq 85\%$) at 2 and 4 weeks, but showed comparable efficacy ($P: >15\%$ to $<85\%$) at 12 weeks (Fig. 4A).

Diclofenac 100 mg/day also demonstrated better results (i.e. was likely to be favourable; $P \geq 85\%$) than ibuprofen 1200 mg/day at 4 and 12 weeks for pain relief (data at 2 weeks not available). The results were not consistent when it was compared with ibuprofen 2400 mg/day: it was likely to be unfavourable ($P \leq 15\%$) at 2 weeks, but showed comparable efficacy ($P: >15\%$ to $<85\%$) at 4 and 12 weeks (Fig. 4B).

3.2.1.2. Patient global assessment. Efficacy endpoints (VAS) on PGA CFB were assessed at 4 and 12 weeks. The results with placebo at 4 weeks were inferior to those with diclofenac and ibuprofen. At 12 weeks, diclofenac was likely to be favourable ($P \geq 85\%$), whereas

ibuprofen was comparable ($P: >15\%$ to $<85\%$) to placebo (data for ibuprofen vs placebo not shown).

Diclofenac 150 mg/day was more efficacious (higher PGA CFB; $P \geq 97.5\%$) than ibuprofen 1200 mg/day at 4 weeks and was likely to be favourable ($P \geq 85\%$) at 12 weeks. In comparison with ibuprofen 2400 mg/day, diclofenac 150 mg/day was likely to be favourable ($P \geq 85\%$) at both 4 and 12 weeks (Fig. 5A). Compared with diclofenac 100 mg/kg/day, diclofenac 150 mg/day was likely to be favourable ($P \geq 85\%$) at 4 weeks but was comparable ($P: >15\%$ to $<85\%$) at 12 weeks (Fig. 5A). Diclofenac 100 mg/day was more efficacious ($P \geq 97.5\%$) than ibuprofen 1200 mg/day at 4 weeks and was likely to be favourable ($P \geq 85\%$) at 12 weeks. The efficacy of diclofenac 100 mg/day was comparable ($P: >15\%$ to $<85\%$) to that of ibuprofen 2400 mg/day at 4 and 12 weeks (Fig. 5B).

3.2.1.3. Investigator global assessment. The efficacy endpoint on IGA (VAS) CFB was available only at 4 weeks. Based on IGA, diclofenac 150 and 100 mg/day, and ibuprofen 2400 mg/day was more efficacious ($P \geq 97.5\%$) compared with placebo (data for ibuprofen vs placebo not shown). In addition, the efficacy of diclofenac 150 and 100 mg/day were comparable ($P: >15\%$ to $<85\%$) to that of ibuprofen 2400 mg/day (Fig. 6A and B).

3.2.2. Tolerability

3.2.2.1. Withdrawals due to all causes. Withdrawals due to all causes with diclofenac 150 and 100 mg/day and ibuprofen 1200 and 2400 mg/day were found to be lower than those with placebo (data for ibuprofen vs placebo not shown).

Withdrawals due to all causes with diclofenac 150 mg/day were comparable to those with ibuprofen 1200 and 2400 mg/day as well as diclofenac 100 mg/day (Fig. 7A). Withdrawals due to all causes with diclofenac 100 mg/day were comparable to those with ibuprofen 1200 and 2400 mg/day (Fig. 7B).

3.2.2.2. Withdrawals due to lack of efficacy. Compared with placebo, withdrawals due to lack of efficacy were lower with diclofenac 150 and 100 mg/day and likely to be lower with ibuprofen 1200

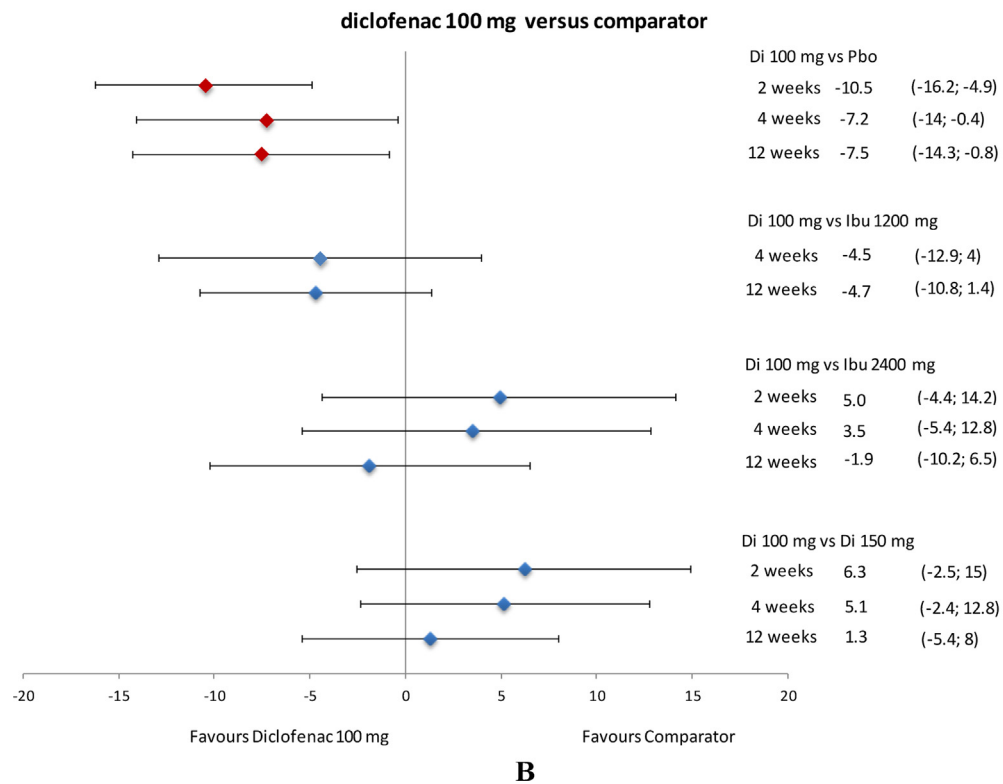
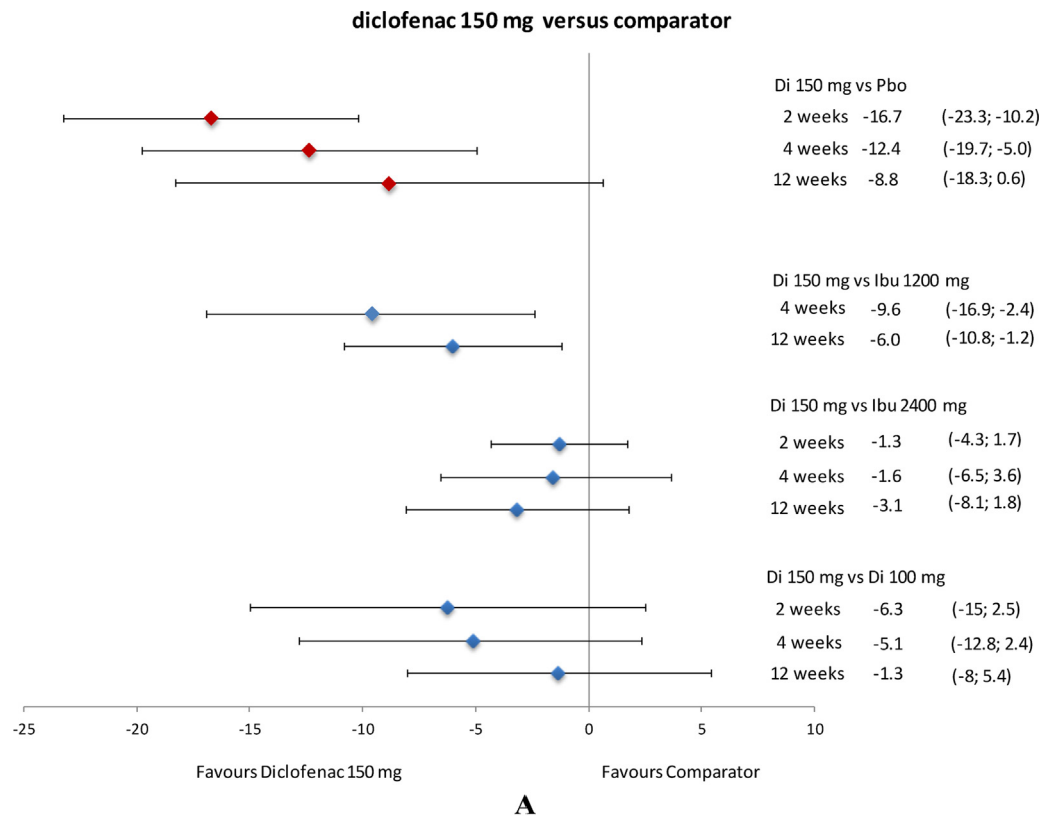


Fig. 4. Relative efficacy of diclofenac in terms of pain (VAS) difference in CFB at 2, 4, and 12 weeks. Data presented as mean and 95% credible interval. CFB, change from baseline; Di, diclofenac; Ibu, ibuprofen; Pbo, placebo; VAS, visual analogue scale.

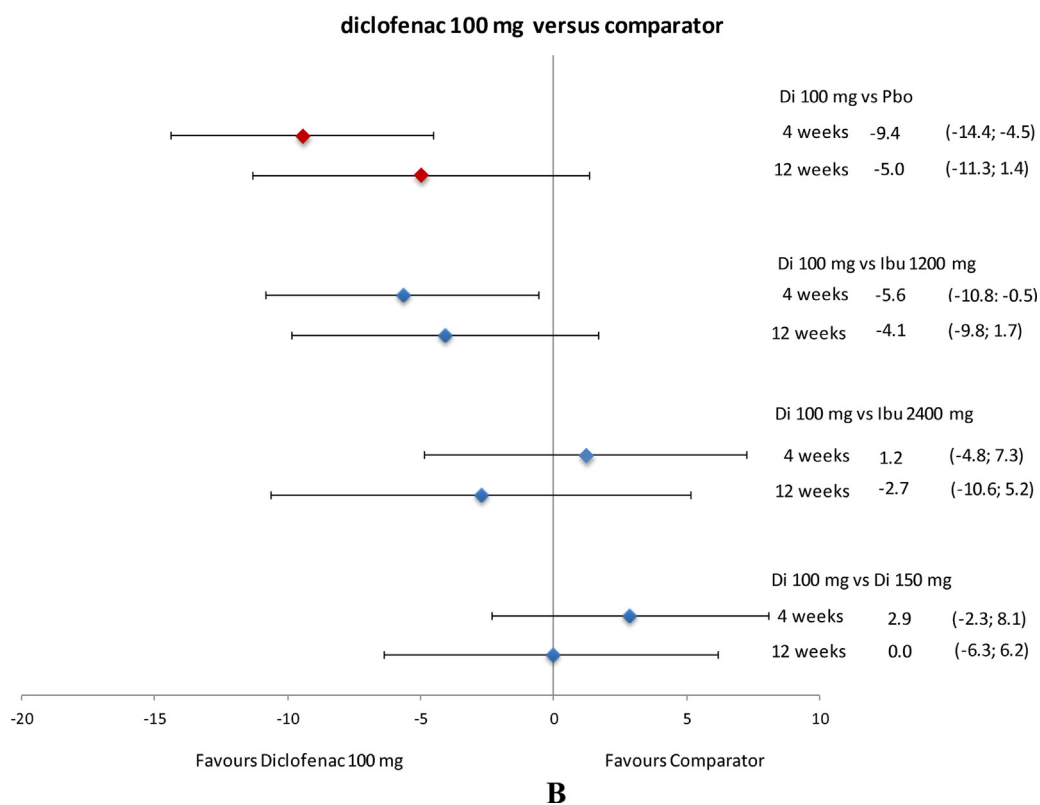
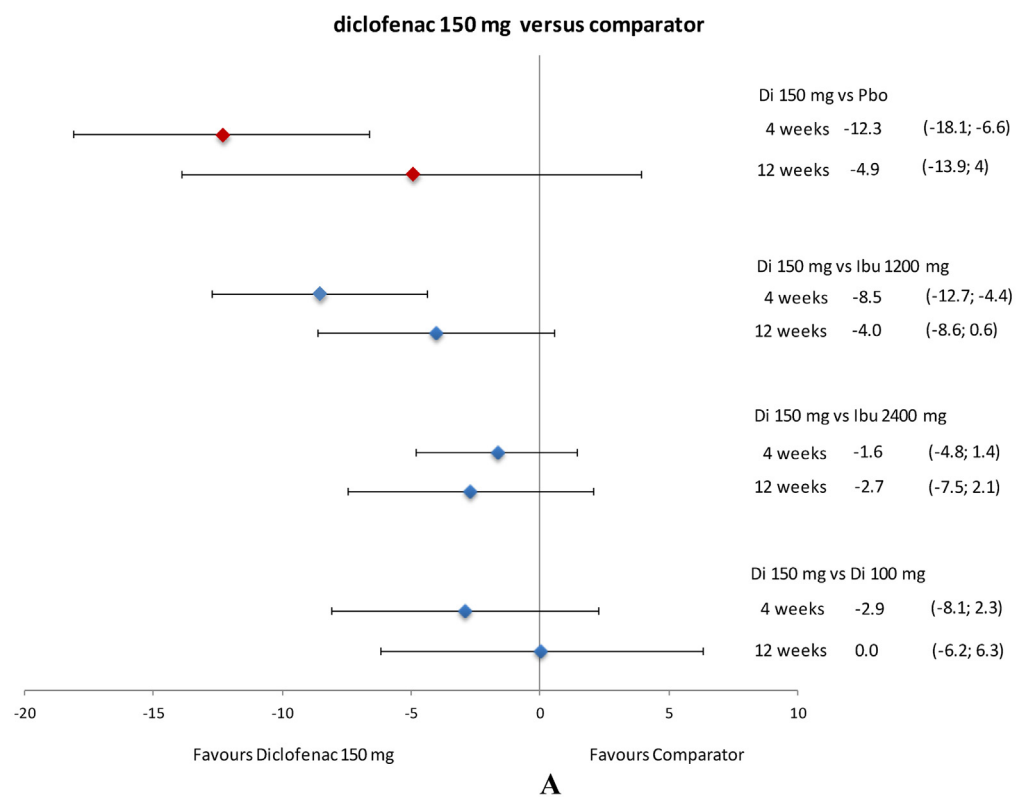


Fig. 5. Relative efficacy of diclofenac in terms of PGA (VAS) difference in CFB at 4 and 12 weeks. Data presented as mean and 95% credible interval. CFB, change from baseline; Di, diclofenac; Ibu, ibuprofen; Pbo, placebo; PGA, patient global assessment; VAS, visual analogue scale.

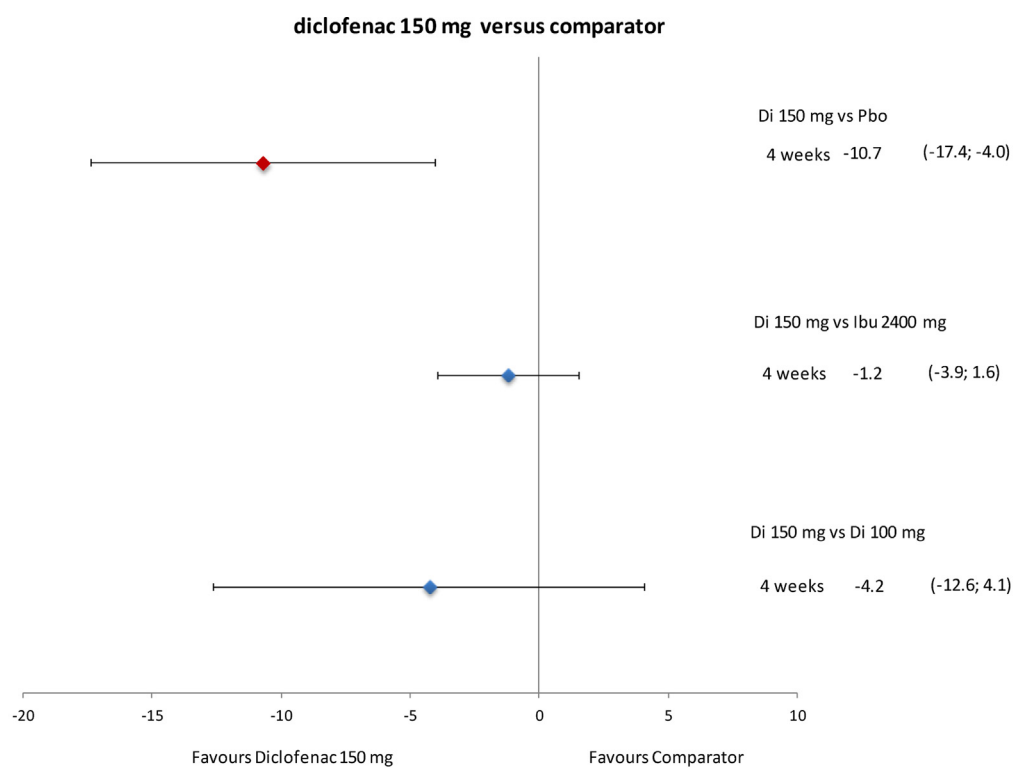
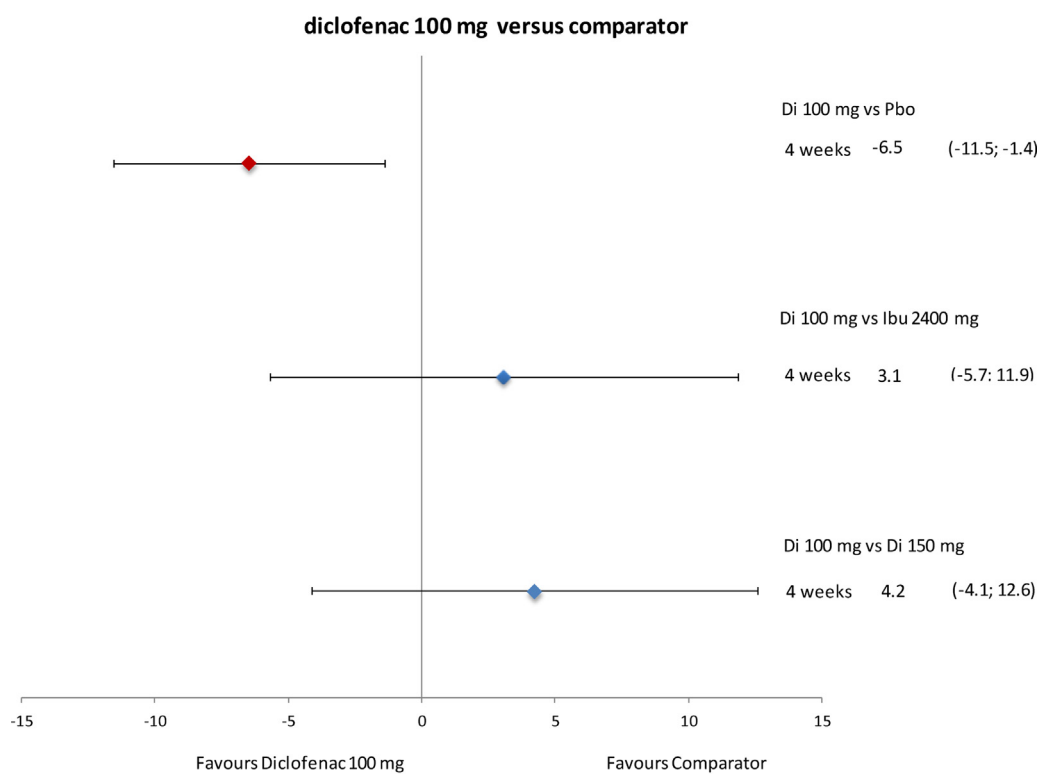
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Fig. 6. Relative efficacy of diclofenac in terms of IGA (VAS) difference in CFB at 4 weeks. Data presented as mean and 95% credible interval. IGA data on ibuprofen 1200 mg/day were not available. CFB, change from baseline; Di, diclofenac; Ibu, ibuprofen; IGA, investigator global assessment; Pbo, placebo; VAS, visual analogue scale.

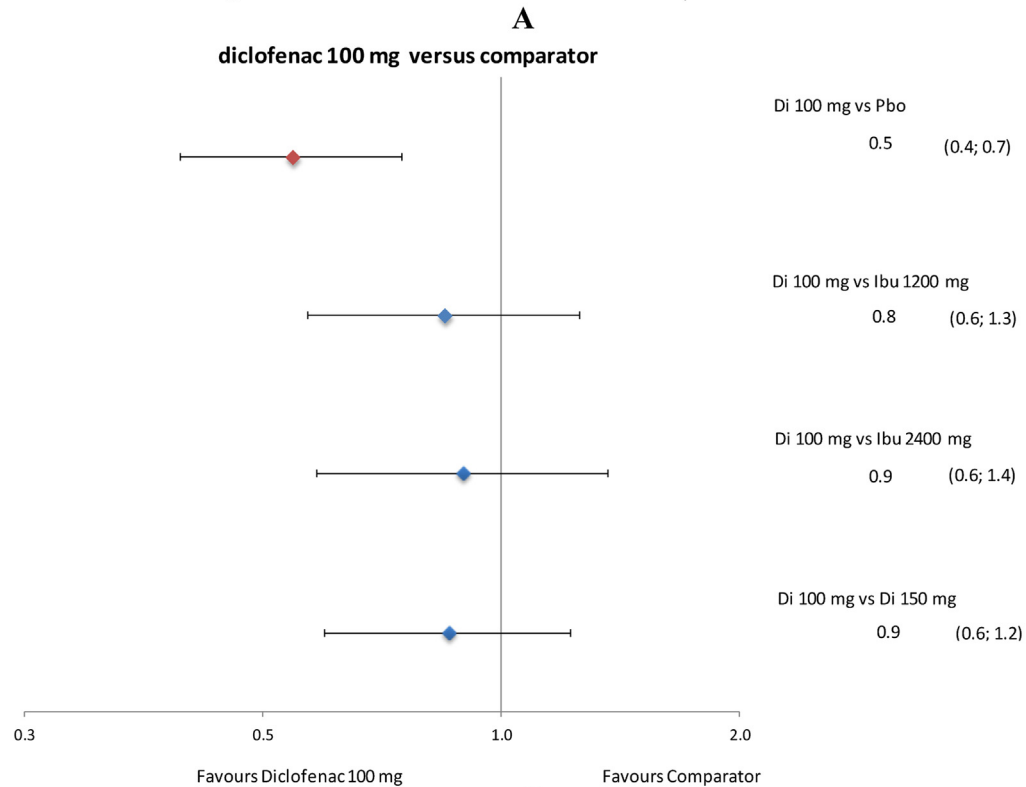
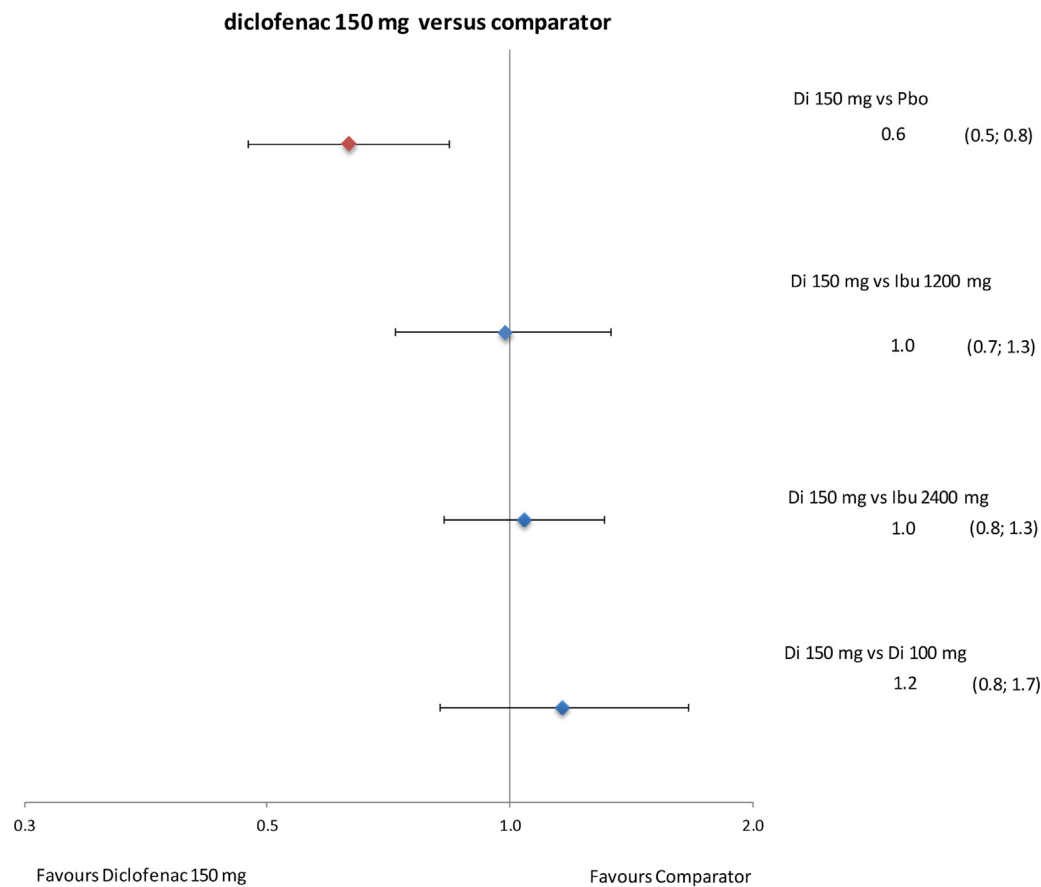


Fig. 7. Forest plots of relative tolerability: withdrawal due to all causes. Data presented as rate ratio and 95% credible interval. Di, diclofenac; Ibu, ibuprofen; Pbo, placebo.

and 2400 mg/day as compared with placebo (data for ibuprofen vs placebo not shown).

Withdrawals due to lack of efficacy with diclofenac 150 mg/day were comparable with ibuprofen 1200 mg/day and lower than those with ibuprofen 2400 mg/day (Fig. 8A). Diclofenac 150 mg/day was likely to result in more withdrawals due to lack of efficacy versus those with diclofenac 100 mg/day.

Withdrawals due to lack of efficacy with diclofenac 100 mg/day were likely to be lower than those with ibuprofen 1200 mg/day and lower than with ibuprofen 2400 mg/day as well (Fig. 8B).

3.2.2.3. Withdrawals due to adverse events. Withdrawals due to AEs with diclofenac 150 mg/day were higher than with placebo and those with diclofenac 100 mg/day and ibuprofen 1200 and 2400 mg/day were likely to be higher than with placebo (data for ibuprofen vs placebo not shown).

Withdrawals due to AEs with diclofenac 150 mg/day were likely to be higher than with ibuprofen 2400 mg/day and comparable to those with ibuprofen 1200 mg/day and diclofenac 100 mg/day (Fig. 9A). Withdrawals due to AEs with diclofenac 100 mg/day were comparable to those with ibuprofen 2400 and 1200 mg/day (Fig. 9B).

The expected absolute effects and 95% CrI for each outcome (efficacy and safety) are presented in Appendix 8.

3.3. Scenario analyses

These results were slightly different in scenario 1 (Appendix 9). Diclofenac 150 mg/day was found likely to be favourable ($P \geq 85\%$) in comparison with ibuprofen 1200 mg/day and comparable ($P: >15\%$ to $<85\%$) to ibuprofen 2400 mg/day in relieving pain at 12 weeks. Diclofenac 100 mg/day was found to be more efficacious ($P \geq 97.5\%$) than placebo for relieving pain at 4 weeks and comparable ($P: >15\%$ to $<85\%$) with placebo and ibuprofen 2400 mg/day for relieving pain at 2 weeks. Based on PGA, the efficacy of diclofenac 150 and 100 mg/day was comparable ($P: >15\%$ to $<85\%$) to that of placebo at 12 weeks. Based on IGA, the efficacy of diclofenac 100 mg/day was comparable ($P: >15\%$ to $<85\%$) to that of placebo for IGA at 4 weeks. Withdrawals due to lack of efficacy with diclofenac 150 mg/day were likely to be lower than those with ibuprofen 1200 mg/day. Withdrawals due to lack of efficacy of diclofenac 100 mg/day were likely to be lower than those with placebo, while the withdrawals due to AEs of diclofenac 100 mg/day were comparable to those with placebo. On the other hand, a few changes were observed in scenario 2 (separation of diclofenac salts); these results are presented in Appendix 9.

3.4. Safety

3.4.1. Adverse events

The AEs, even if there are low number of events, were categorised by system organ class (SOC; terms pertaining to same organ system are grouped together). Appendix 10 presents a raw summary of the AEs across all the studies. The most frequent AEs were gastrointestinal disorders (e.g. peptic ulcer disease, gastritis, regional enteritis, or ulcerative colitis), nervous system disorders, respiratory, thoracic and mediastinal disorders, general disorders and administration site conditions, renal and urinary disorders, musculoskeletal and connective tissue disorders, infections and infestations, and cardiac disorders. No relevant differences were detected between diclofenac and ibuprofen.

3.4.2. Serious adverse events

A NMA of SAEs by SOC level was not possible owing to the very low number of reported events in these analysed studies. A summary of these data is presented in Appendix 11; this table has

several '0' values for exposure time (person-years), which indicates that none of the studies included treatment-provided information on the corresponding SAEs. Overall, SAEs appeared to be relatively rare in OA patients treated with tNSAIDs.

The summary results of the key benefits and risks of diclofenac 150 and 100 mg/day versus ibuprofen are summarised in Tables 1 and 2, respectively.

In addition to the most common comparators like diclofenac (150/100 mg/day) and ibuprofen (2400/1200 mg/day), some infrequent comparators like diclofenac (75 mg/day), naproxen (500/750/1000 mg/day), piroxicam (20 mg/day), indomethacin (75 mg/day) and paracetamol (1950 mg/day) in combination with dextropropoxyphene (195 mg/day) were also included in the efficacy and safety/tolerability analysis. Additional information regarding these infrequent comparators can be obtained from Appendix 12.

4. Discussion

This study evaluated evidences of treatment with oral diclofenac formulations from various clinical trials to analyse potentially available but unpublished data. Data from clinical trials in OA with a study duration of at least 4 weeks (range 4–12 weeks) were reviewed, pooled, and analysed. Efficacy (pain relief, PGA and IGA), tolerability (withdrawals due to all causes, due to lack of efficacy and due to AEs), and safety (AEs and SAEs) outcomes were collated and various benefit and risk comparisons were undertaken in a rather homogenous population of OA patients (although with a variety of affected joints) using a similar methodology as used by van Walsem et al. [12].

To the best of our knowledge, there is no overlap between previous Coxib and tNSAID Trialists' (CNT) analysis [14], which included several unpublished studies, and our present NMA. By comparing the present data with that used in the NMA by van Walsem et al. [12], there is an overlap of three studies.

The overall efficacy outcomes of the present NMA indicate that diclofenac 150 mg/day was more efficacious than ibuprofen 1200 mg/day and likely to be more favourable than ibuprofen 2400 mg/day in relieving pain. Similarly, while comparing lower doses, diclofenac 100 mg/day was more efficacious than ibuprofen 1200 mg/day. This low dose of diclofenac was comparable to ibuprofen 2400 mg/day based on PGA and pain relief at 4 and 12 weeks, but it was likely to be unfavourable for pain relief at 2 weeks. The overall efficacy results are consistent with the results of a recently published systematic literature review NMA which included 176 published RCTs with a total of 146,524 patients with arthritis (van Walsem et al.), where diclofenac 150 mg/day was likely to be favourable than ibuprofen 2400 and 1200 mg/day, and diclofenac 100 mg/day was comparable with ibuprofen 2400 and 1200 mg/day [12]. The results of the present NMA are further supported by a very recently published NMA conducted by da Costa et al., where diclofenac at its maximum dose (150 mg/day) was reported to be the most effective option for the treatment of pain and physical disability in OA and superior to the maximum dose of ibuprofen (2400 mg/day) [15].

The present study results suggest that diclofenac was comparable to ibuprofen in terms of safety and tolerability. Withdrawal rates due to all causes with diclofenac at both doses (100 and 150 mg/day) were comparable to those with ibuprofen (at 1200 and 2400 mg/day). Despite the limitations in the comparison of these safety results with those from van Walsem et al., who pooled the different doses of each drug for safety analysis, there were no major contradictions in the results of these two NMAs.

As expected, diclofenac and ibuprofen have a better benefit-risk assessment compared to placebo. Both treatments were more

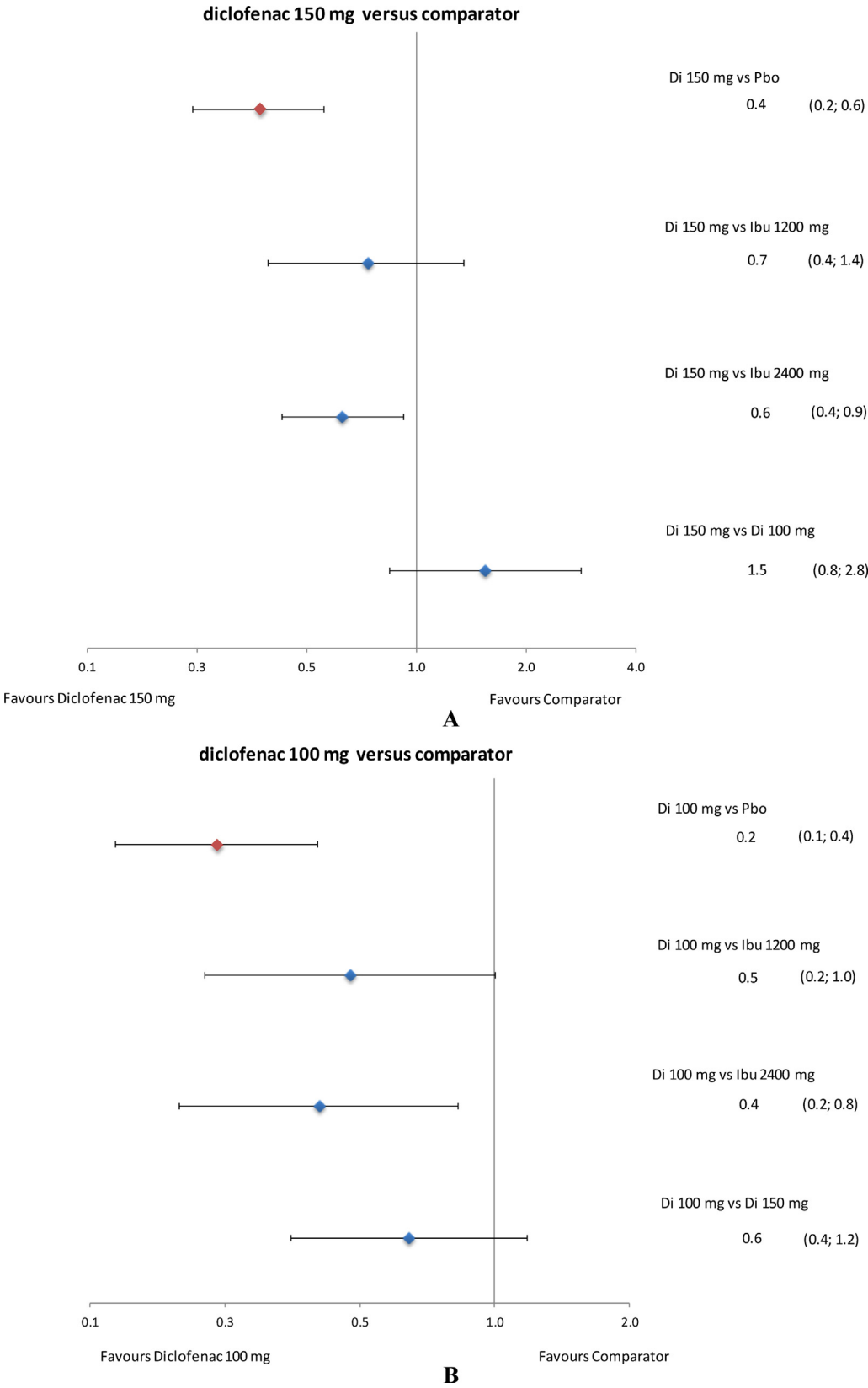


Fig. 8. Forest plots of relative tolerability: withdrawal due to lack of efficacy. Data presented as rate ratio and 95% credible interval. Di: diclofenac, Ibu: ibuprofen; Pbo: placebo.

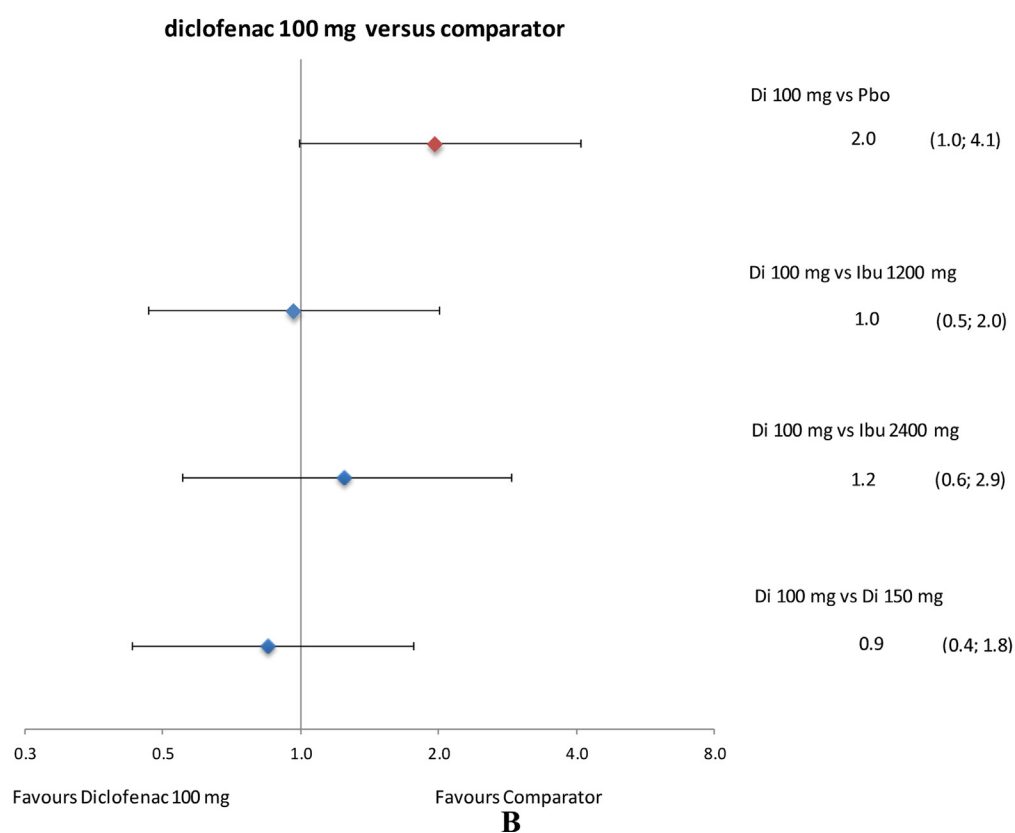
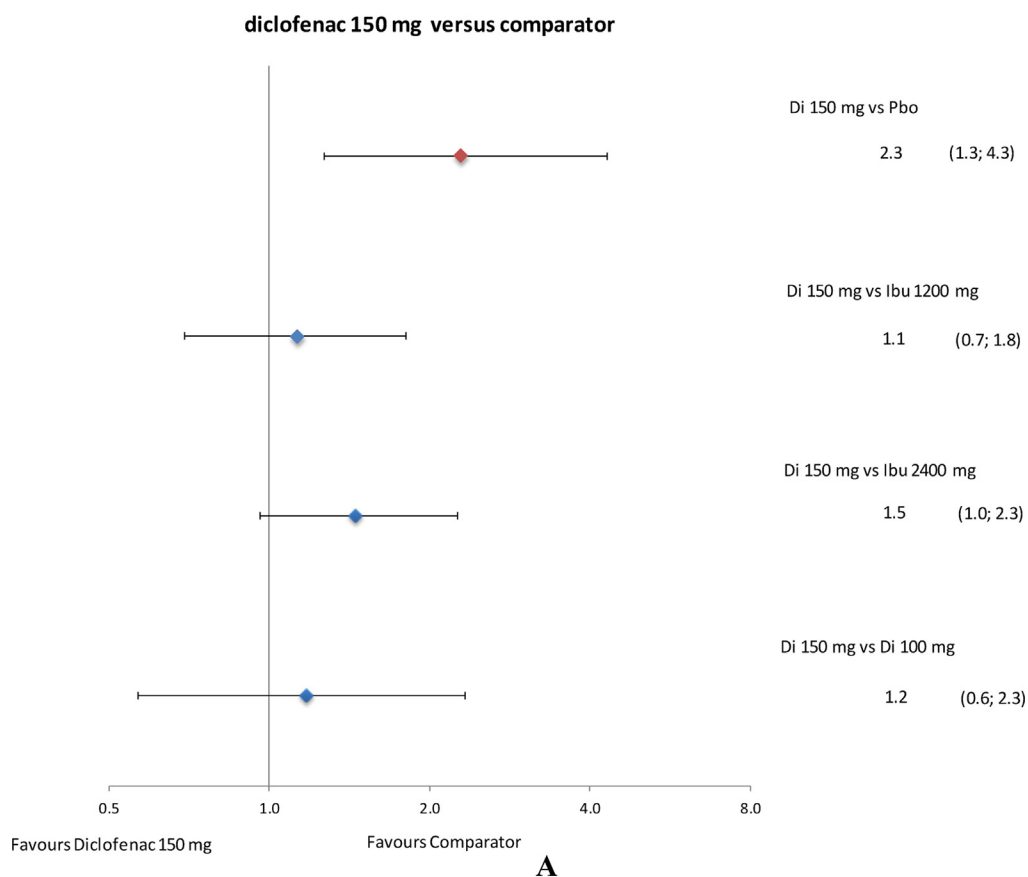


Fig. 9. Forest plots of relative tolerability: withdrawal due to AEs. Data presented as rate ratio and 95% credible interval. AEs, adverse events; Di, diclofenac; Ibu, ibuprofen; Pbo, placebo.

Table 1

Relative benefits and risks of diclofenac 150 mg compared to placebo, and ibuprofen 1200 mg and 2400 mg.

	Outcome	Assessment time point	Placebo	Ibuprofen 1200 mg	Ibuprofen 2400 mg
Benefits ΔCFB (mm)	Pain (VAS)	2 weeks	−16.7 (−23.3; −10.2)	NA	−1.3 (−4.3; 1.7)
		4 weeks	−12.4 (−19.7; −5.0)	−9.6 (−16.9; −2.4)	−1.6 (−6.5; 3.6)
		12 weeks	−8.8 (−18.3; 0.6)	−6.0 (−10.8; −1.2)	−3.1 (−8.1; 1.8)
	PGA (VAS)	4 weeks	−12.3 (−18.1; −6.6)	−8.5 (−12.7; −4.4)	−1.6 (−4.8; 1.4)
		12 weeks	−4.9 (−13.9; 4.0)	−4.0 (−8.6; 0.6)	−2.7 (−7.5; 2.1)
	IGA VAS	4 weeks	−10.7 (−17.4; −4.0)	NA	−1.2 (−3.9; 1.6)
Risks Rate ratio	Serious adverse events	Duration of study	0.45 (0.01; 6.08)	0.65 (0.18; 1.97)	1.37 (0.69; 2.92)
	Withdrawal due to all causes	Duration of study	0.63 (0.47; 0.84)	0.99 (0.72; 1.34)	1.04 (0.83; 1.31)
	Withdrawal due to lack of efficacy	Duration of study	0.37 (0.24; 0.56)	0.74 (0.39; 1.35)	0.63 (0.43; 0.93)
	Withdrawal due to adverse events	Duration of study	2.29 (1.27; 4.32)	1.13 (0.69; 1.81)	1.45 (0.96; 2.25)

Mean and 95% credible intervals are presented; negative ΔCFBs favour diclofenac, rate ratios <1 favour diclofenac.

ΔCFB, difference in change from baseline; IGA, investigator global assessment; NA, not available; PGA, patient global assessment; VAS, visual analogue scale.

Table 2

Relative benefits and risks of diclofenac 100 mg compared to placebo, and ibuprofen 1200 mg and 2400 mg.

	Outcome	Assessment time point	Placebo	Ibuprofen 1200 mg	Ibuprofen 2400 mg
Benefits ΔCFB (mm)	Pain (VAS)	2 weeks	−10.5 (−16.2; −4.9)	NA	5.0 (−4.4; 14.2)
		4 weeks	−7.2 (−14.0; −0.4)	−4.5 (−12.9; 4.0)	3.5 (−5.4; 12.8)
		12 weeks	−7.5 (−14.3; −0.8)	−4.7 (−10.8; 1.4)	−1.9 (−10.2; 6.5)
	PGA (VAS)	4 weeks	−9.4 (−14.4; −4.5)	−5.6 (−10.8; −0.5)	1.2 (−4.8; 7.3)
		12 weeks	−5.0 (−11.3; 1.4)	−4.1 (−9.8; 1.7)	−2.7 (−10.6; 5.2)
	IGA VAS	4 weeks	−6.5 (−11.5; −1.4)	NA	3.1 (−5.7; 11.9)
Risks Rate ratio	Serious adverse events	Duration of study	0.77 (0.21; 3.03)	1.13 (0.05; 69.69)	2.41 (0.12; 133.67)
	Withdrawal due to all causes	Duration of study	0.54 (0.39; 0.75)	0.85 (0.57; 1.26)	0.90 (0.58; 1.36)
	Withdrawal due to lack of efficacy	Duration of study	0.24 (0.14; 0.40)	0.48 (0.23; 1.00)	0.41 (0.20; 0.83)
	Withdrawal due to adverse events	Duration of study	1.96 (1.00; 4.10)	0.96 (0.47; 2.01)	1.24 (0.55; 2.89)

Mean and 95% credible intervals are presented; negative ΔCFBs favour diclofenac, rate ratios <1 favour diclofenac.

ΔCFB, difference in change from baseline; IGA, investigator global assessment; NA, not available; PGA, patient global assessment; VAS, visual analogue scale.

efficacious and had lower withdrawal rates due to all causes than placebo. The analysis of SAEs did not reveal higher rates with these active drugs, although. Because of the wide CrIs, no firm conclusions can be drawn when comparing the different treatments.

The main limitations of the present study were related to missing data for some of the planned comparisons, and the limited amount of data from these largely unpublished legacy studies. A maximum of 13 treatments used for pain relief in OA patients were included in the networks to estimate their comparisons. There was enough data for robust efficacy comparisons between diclofenac and ibuprofen, but the amount of data on naproxen, piroxicam, indomethacin, and paracetamol in combination with dextropropoxyphene were limited, and the number of patients in those treatment arms was too small for reliable comparisons with diclofenac. Therefore, the detailed presentation of the results had to be limited to comparison between diclofenac and ibuprofen. In addition, a few differences have been detected in the two scenario analyses. In scenario 1, with respect to pain CFB at

12 weeks, although the point estimate did not change, the exclusion of trial C added uncertainty in the estimates, thereby downgrading the difference between diclofenac 150 mg/day and ibuprofen 1200 mg/day from 'more efficacious' to 'likely to be favourable'. In scenario 2, diclofenac potassium 150 mg/day was found to be better than diclofenac resinate 150 mg/day with respect to pain CFB at 2 weeks and better than diclofenac sodium 150 mg/day with respect to pain CFB at 4 weeks. The separation of diclofenac salts decreased the number of studies per treatment arm and added an extra link between the treatments. Additional data are needed to draw firm conclusions regarding the possible effects of diclofenac salts on pain relief. Nevertheless, the few differences detected in the two scenario analyses did not change the overall interpretation of the results.

In various networks (pain at 2 weeks, pain at 12 weeks, PGA at 12 weeks, IGA at 4 weeks, and SAEs), there were no closed loops because these time points were not consistent across all studies. For networks with closed loops, direct and indirect evidence was

consistent (i.e. the consistency assumption was tested and found valid).

Moreover, the results are also important in another respect; they make otherwise unpublished data available. It is reassuring to see that these previously unpublished results are similar to those reported in published studies, and to the recent large NMA of published studies [12], as well as to a somewhat different analysis of similar published data which was conducted by da Costa et al. [15]. The fact that these unpublished clinical trial data present similar efficacy estimates as published ones is not new and has been shown before by Moore and Barden [16]. Thus, the present NMA results further extend that observation and also contributes to increase the transparency of clinical trials performed with diclofenac further back in the past.

5. Conclusions

In the present NMA of unpublished legacy clinical trials, diclofenac 150 mg/day was more efficacious than ibuprofen 1200 mg/day and had likely favourable outcomes compared to ibuprofen 2400 mg/day for pain relief in OA. Diclofenac 100 mg/day had likely favourable outcomes compared to ibuprofen 1200 mg/day in alleviating pain. Based on PGA, diclofenac 150 mg/day was also more efficacious and likely to be more efficacious than ibuprofen 1200 mg/day and 2400 mg/day, respectively. The favourable efficacy results of diclofenac versus ibuprofen expand the amount of evidence comparing these two NSAIDs and may help physicians in making treatment decisions for patients with OA. The safety and tolerability results as well as the overall benefit-risk profile of these two drugs in OA were comparable. The results of this NMA were in line with the published study results of diclofenac in OA patients and give similar answers as those in published materials. Estimates of efficacy or risks were demonstrated to be similar in both unpublished and published trials.

6. Implications

The present NMA results reassures that the older unpublished blinded trials have similar results compared to more recently published trials and also contributes to increase the transparency of clinical trials performed with diclofenac further back in the past.

Ethical issues

Ethics approval and consent to participate: All the studies were approved by the respective ethical committee of the countries and patient consent were obtained for the same. These studies form a 'legacy' of unpublished studies from an era when automatic registration and publication of every clinical trial just did not happen.

Consent to publish: Not applicable.

Availability of data and materials: The input data per study used for our analysis are provided in the manuscript and the supporting files.

Conflicts of interest

This study was conducted by Mapi on behalf of Novartis Pharma AG (Basel, Switzerland) who funded the study. PG is an employee of Mapi and served as paid consultant to Novartis during the conduct of this study and the preparation of this manuscript. SP, RN, AI, and RLC are employees of Novartis and are thus eligible for Novartis stock and stock options. RAM has no competing interests to declare in this work.

Authors' contributions

RMN conceptualised and designed the study.

The study was conducted and the data were analysed by RMN and PG.

PG was involved in data collection.

Interpretation of data was done by RMN, PG, RAM, SP and RLC.

All the authors drafted the manuscript and revised the contents. They also approved the final version and were responsible for the integrity of data analysis.

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This manuscript is dedicated to the memory of Richard M. Nixon.

Appendix A. Supplementary data

Supplementary material related to this article can be found, in the online version, at <http://dx.doi.org/10.1016/j.sjpain.2017.03.006>.

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