



## Clinical pain research

# Genetic susceptibility to postherniotomy pain. The influence of polymorphisms in the Mu opioid receptor, TNF- $\alpha$ , GRIK3, GCH1, BDNF and CACNA2D2 genes



Maija-Liisa Kalliomäki<sup>a,b,\*</sup>, Gabriel Sandblom<sup>c</sup>, Mathias Hallberg<sup>d</sup>, Alfihild Grönbladh<sup>d</sup>, Ulf Gunnarsson<sup>e</sup>, Torsten Gordh<sup>a,f</sup>, Harumi Ginya<sup>g</sup>, Fred Nyberg<sup>d</sup>

<sup>a</sup> Uppsala University, Department for Surgical Sciences, Uppsala, Sweden

<sup>b</sup> Department of Anaesthesia, Tampere University Hospital, Finland

<sup>c</sup> Karolinska Institutet, CLINTEC, Stockholm, Sweden

<sup>d</sup> Department of Pharmaceutical Biosciences, Division of Biological Research on Drug Dependence, Uppsala University, Uppsala, Sweden

<sup>e</sup> Department of Surgical and Perioperative Sciences, Umeå University, Sweden

<sup>f</sup> Pain Centre, Uppsala University Hospital, Uppsala, Sweden

<sup>g</sup> Division of IVD System Development, Precision System Science Co., Ltd., Chiba, Japan

## HIGHLIGHTS

- We studied the association of genetic variation with persistent postoperative pain (PPSP).
- We included six essential genes in the analysis.
- A homozygous SNP in the TNF- $\alpha$  gene was associated with probable neuropathic PPSP.

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## ABSTRACT

**Background and aims:** Despite improvements in surgical technique, 5%–8% of patients undergoing herniorrhaphy still suffer from clinically relevant persistent postherniotomy pain. This is a problem at both individual and society levels. The aim of this study was to determine whether or not a single nucleotide polymorphism in a specific gene contributes to the development of persistent pain after surgery.

**Methods:** One hundred individuals with persistent postherniotomy pain, along with 100 without pain matched for age, gender and type of surgery were identified in a previous cohort study on patients operated for groin hernia. All patients underwent a thorough sensory examination and blood samples were collected. DNA was extracted and analysed for single nucleotide polymorphism in the Mu opioid receptor, TNF- $\alpha$ , GRIK3, GCH1, BDNF and CACNA2D2 genes.

**Results:** Patients with neuropathic pain were found to have a homozygous single nucleotide polymorphism in the TNF- $\alpha$  gene significantly more often than pain-free patients ( $P=0.036$ , one-tailed test).

**Conclusions:** SNP in the TNF- $\alpha$  gene has a significant impact on the risk for developing PPSP.

**Implications:** The result suggests the involvement of genetic variance in the development of pain and this requires further investigation.

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## 1. Introduction

Persistent postoperative pain (PPSP) is a debilitating problem affecting almost a third of all patients undergoing surgery to some

degree [1]. It is seen after most surgical procedures, including hernia surgery [2], thoracic surgery [3], breast surgery [4] and gynaecologic surgery [5]. The underlying pathophysiology of PPSP comprises prolonged inflammation, nerve damage and genetic susceptibility to persistent pain, as described in many reviews, most recently by Reddi and Curran [6]. The inter-individual variability in susceptibility to PPSP may be explained by several factors influencing pain sensation including surgical trauma, gender, age, personality and comorbidity. According to previous studies open

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\* Corresponding author at: Department of Anaesthesia, Tampere University Hospital, PO box 2000, 33521 Tampere, Finland. Tel.: +358 503221787.

E-mail address: [Maija-liisa.kalliomaki@psph.fi](mailto:Maija-liisa.kalliomaki@psph.fi) (M.-L. Kalliomäki).

**Table 1**  
Genes studied.

Gene	SNP	Relation to pain?	References
GRIK3	rs6691840	Regulates glutamate release	[12,13]
CACNA2D2	Ser310Ala, coding region rs5030977	Induced after peripheral nerve injury, development of allodynia	[37,38]
OPMR	G845C, intron2 rs1799971	SNP-decrease of receptor mRNA, 3-fold stronger $\beta$ -endorphin binding	[11,39]
BDNF	Asn40Asp, exon1 rs6265	Pain modulation	[17]
TNF- $\alpha$	Val66Met, exon5 rs1800629	Hyperalgesia: the inflammatory pathway and by direct action on A and C fibres	[26]
GCH1	G308A, promoter rs8007267G > A rs3783641A > T rs10483639C > G	Enzyme catalysing NO, serotonin and catecholamine synthesis	[15,23]

Abbreviations: GRIK3, glutamate ionotropic receptor 3; CACNA2D2, Voltage-dependent calcium channel subunit alpha-2/delta-2; OPMR, opioid Mu receptor; BDNF, brain derived neurotrophic factor; TNF- $\alpha$ , tumour necrosis factor  $\alpha$ ; GCH1, guanylate cyclohydrazase 1-enzyme; NO, nitric oxide.

techniques reduce the risk of PPSP after herniotomy [7] as does younger age and female gender [2,8]. Identification of genetic factors involved in the development of PPSP is crucial if we are to improve our understanding of the pathogenesis of pain, and define strategies for systematic treatment of acute postoperative pain in order to diminish the risk for PPSP [9].

In a previous Swedish study, the estimated prevalence of PPSP was found to be 30% [8]. As herniorrhaphy is a relatively uniform procedure for a benign condition with few side-effects, it is an ideal model to investigate PPSP. In Sweden, data on all inguinal hernia repairs are registered in the Swedish Hernia Register (available at <http://www.svensktbrackregister.se> [accessed May 23, 2015]), including details on the patient, surgery, method of anaesthesia and adverse outcomes. The Inguinal Pain Questionnaire (IPQ) is a validated tool to measure postoperative pain after inguinal hernia repair [10].

By linking gene variance with clinical outcome, an association between genotype and phenotype can be assumed. Single nucleotide polymorphisms (SNPs) in one or both alleles may represent genetic variance, indicating an association between gene and phenotype. In the case of PPSP following hernia repair, the clinical outcome may be assessed with the IPQ and related to SNP in the genes hypothesised to be involved in the development of PPSP.

We chose six different genes for the following reasons: an SNP in the Mu opioid receptor (OPMR1) results in threefold stronger beta endorphin-binding than the wild receptor type [11]; the SNP in the coding region of glutamate ionotropic receptor 3 (GRIK3) has a potential impact on glutamate release [12,13]; expression of calcium channels is induced in the dorsal root ganglions after peripheral nerve injury and may be involved in the development of allodynia [14]; guanylate cyclohydrazase (GCH1) is an enzyme involved in the tetrahydrobiopterin pathway, thus affecting nitric oxide, serotonin and catecholamine synthesis [15]; the Val66Met genotype of brain-derived neurotrophic factor (BDNF) is associated with unstable angina and neuropsychiatric disorders [16,17], but has not been studied in postoperative pain in humans; tumour necrosis factor alpha (TNF- $\alpha$ ) polymorphism are associated with irritable bowel syndrome [18] and prolonged pain in lung cancer patients [19]. Details on the SNPs chosen are presented in Table 1.

The aim of this study was to see if known single nucleotide polymorphisms in these relevant pain-related genes are associated with PPSP.

## 2. Patients and methods

### 2.1. Study population

Assembly of the study cohort in which our patients were identified has been described in a previous report [20]. From the Swedish

Hernia Register, patients residing in Uppsala County who had undergone hernia repair 1998–2004 were requested to fill in the Inguinal Pain Questionnaire (IPQ). In the Inguinal Pain Questionnaire [10] pain intensity is rated on a 7-step scale with each step linked restrictions from pain. In a validation of the questionnaire, it was shown to have a high reliability and validity for assessment of postherniotomy pain [10]. The IPQ also includes an item on pre-operative pain. The group suffering from postherniotomy pain in the present study was selected based on patients stating pain of grade 3 (i.e. pain that could not be ignored but did not interfere with everyday activities) the past week. One hundred patients were included in each group. At the clinical examination, sensory testing was made according to a standardised procedure [20]. Neuropathic pain was defined as persisting pain in combination with sensory disturbance.

Written informed consent was obtained after detailed information about the study. Consent was obtained from the Ethics Committee of Uppsala University, Uppsala, Sweden. The study was not registered in any centralised database, but the study procedures followed the original protocol as approved from the ethics committee.

### 2.2. SNP genotyping

The genes studied are shown in Table 1.

### 2.3. Extraction of DNA

Blood samples from all participants in the study were collected in tubes containing EDTA and kept frozen at  $-20^{\circ}\text{C}$  pending analysis. Genomic DNA was extracted from each sample using the Magstration 12 GC system (Precision System Science, Chiba, Japan) and the Magazorb<sup>®</sup> DNA Common Kit-200 (Precision System Science, Chiba, Japan) as described previously [21].

The DNA concentration was determined using a NanoDrop ND-1000 spectrophotometer (NanoDrop Technologies Inc., Wilmington, DE, USA).

### 2.4. Handy Bio-Strand

BDNF (rs6265), calcium channel, voltage dependent, subunit alpha 2/delta subunit 2 (CACNA2D2) (rs5030977), OPMR1 A118G (rs1799971) and TNF- $\alpha$  (rs1800629) were genotyped using the Handy Bio-Strand technique [21]. Briefly, DNA fragments containing the SNP site were amplified using two polymerase chain reaction (PCR) steps in a reaction mixture on a Mastercycler EP Gradient S (Eppendorf AG, Germany). The first PCR was carried out using the TaKaRa LA Taq (TaKaRa Shiga, Japan) at  $95^{\circ}\text{C}$  for

**Table 2**  
Primers and probes.

	Forward	Reverse
Primers for the first PCR		
BDNF	CCGGTGAAGAAAGCCCTA	CGCCGTTACCCACTCACTAATA
CACNA2D2	AAGACGGATGGCCTCGTTA	ACATATGGATGGCCAGTTGAA
OPRM1	GAAAAGTCTCGGTGCTCCTG	GCACACGATGGAGTAGAGGG
TNF- $\alpha$	GGCTTGTCCTGCTACCC	AATCATTTCAACCAGCGGAAA
Primers for the second PCR		
BDNF	TTC CTC CAG CAG AAA GAG AAG A	GAAGCAAACATCCGAGGACA
CACNA2D2	TCC AAC ATC ACT CGG GCC AAC T	TTGTTGGCAGGCCATCCACT
OPRM1	GAA AAG TCT CGG TGC TCC TG	GCACACGATGGAGTAGAGGG
TNF- $\alpha$	CAA CGG ACT CAG CTT TCT GAA	TGGAGAAACCCATGAGCTCATC
Sequences of positive controls for Handy Bio-Strand		
BDNF	GCTCCTCTATCATGTGTTCCGAAAGT	GCTCCTCTATCAGTGTTCCGAAAGT
CACNA2D2	GGTCAGGGTAGCTCCTGCTCGGTT	GGTCAGGGTAGCCCTGCCTCGGTT
OPRM1	GTCGGACAGGTTGCCATCTAAGT	GTCGGACAGGTCGCCATCTAAGT
TNF- $\alpha$	TGAACCCCGTCTCATGCCCCCTCAA	TGAACCCCGTCCCCATGCCCTCAA
Probe sequences used for hybridisation in Handy Bio-Strand		
BDNF	Cy5-GAACACATGATAG	Cy5-AACACGTGATA
CACNA2D2	Cy5-CAGGAGCTACC	Cy5-CAGGGGCTACC
OPRM1	Cy5-ATGGCGACCTG	Cy5-ATGGCAACCTG
TNF- $\alpha$	CY5-GCATGAGGACG	Cy5-GCATGGGGACG
Non-labelled competitors for hybridisation in Handy Bio-Strand		
BDNF	AACACATGATA	GCATGAGGACG
CACNA2D2	CAGGAGCTACC	CAGGGGCTACC
OPRM1	ATGGCAACCTG	ATGGCGACCTG
TNF- $\alpha$	GCATGGGGACG	GCATGAGGACG

3 min, then 30 cycles at 95 °C for 30 s, 60 °C for 30 s and 72 °C for 1 min. The second PCR was conducted with an identical programme with the addition of a HotGoldStar DNA polymerase (Eurogentec, Seraing, Belgium). The PCR product was purified with a PCR Clean-Up Kit (Invitrogen, Carlsbad, CA) using the Magstration 12GC system, and the concentration was determined using NanoDrop (Long beach, CA, USA). Primers for the first and second PCR are shown in Table 2.

The SNP analyses for BDNF, CACNA2D2, OPRM1 and TNF- $\alpha$  were performed with Handy Bio-Strand, where the amplified PCR product was spotted on the Bio-Strand, a micro-porous nylon thread. The product on the Bio-Strand was then hybridised with allele-specific oligonucleotide competitive hybridisation (ASOCH) using the Magstration 12 GC. Cy5-Tag1 with a Cy5 oligonucleotide used as a reference. The fluorescent signal was scanned and analysed with Hysoft software (Precision System Science, Chiba, Japan). The sequences of the positive controls used to confirm the genotyping, the Cy5-labelled probes and the non-labelled competitors are shown in Table 2.

### 2.5. TaqMan SNP genotyping assay

GRIK 3 (rs6691840) and the three GCH1 SNPs (rs8007267; rs3783641; rs10483639) were determined using the TaqMan SNP genotyping assay numbers C.25956068.20; C.25800745; C.1545138 and C.3044867 respectively (Applied Biosystems, Foster City, CA, USA). Briefly, target-specific PCR primers and TaqMan MGB probes labelled with two special dyes were included in the assay. The primers and allele-specific probes were designed by Applied Biosystems. Genomic DNA (5 ng), water, TaqMan Universal PCR master mix and TaqMan genotyping assay mix were mixed to a total volume of 5  $\mu$ l in each well on a 384-well plate. Genotyping was carried out using the ABI7900HT genetic detection system (Applied Biosystems) according to the manufacturer's instructions and with the following amplification protocol: 10 min at 95 °C and 40 cycles of 15 s at 92 °C and 1 min at 60 °C.

### 2.6. PCR direct sequencing

In order to confirm data from TaqMan and Handy Bio-Strand genotyping, the OPRM1, TNF-alpha, CACNA2D2 and GRIK3 were also analysed using PCR direct sequencing. In short, amplification was conducted with one PCR at 94 °C 2 min, 94 °C 30 s, 60 °C 30 s, 68 °C 1 min 30 cycles, 4 °C hold using the AccuPrime Taq DNA polymerase (Invitrogen, Carlsbad, CA). The PCR products were mixed with Exo-SAP-IT (USB, Cleveland, OH, USA) and diluted (1:20) in water. The dilution was incubated for 30 min at 37 °C, following which Exo-SAP-IT was inactivated by heating for 20 min at 80 °C. Direct sequencing was performed at MacroGen (Seoul, South Korea).

### 2.7. Statistics

Comparison was made between the pain-free group and the group with persistent pain on an intention to analysis base.

A subgroup analysis was performed on patients who were found to have probable neuropathic pain at clinical examination [22].

Associations between SNP and PPSP were tested using the chi-square test by grouping patients with heterozygous SNP together with the smallest homozygous group. Tests for interaction were made between the genes by performing logistic regression analysis with PPSP as dependent variable and the genes as independent variables, testing also for interaction between SNP in BDNF and OPRM1 genes.

ANOVA was used to compare differences between multiple groups comparing GCH haplotypes.

## 3. Results

Patient recruitment is presented in the flow-chart (Fig. 1). One participant withdrew from the study, one could not be traced back to the original patient cohort since the personal registration number was not correctly recorded and two participants were excluded because of incoherent answers in the questionnaire. The

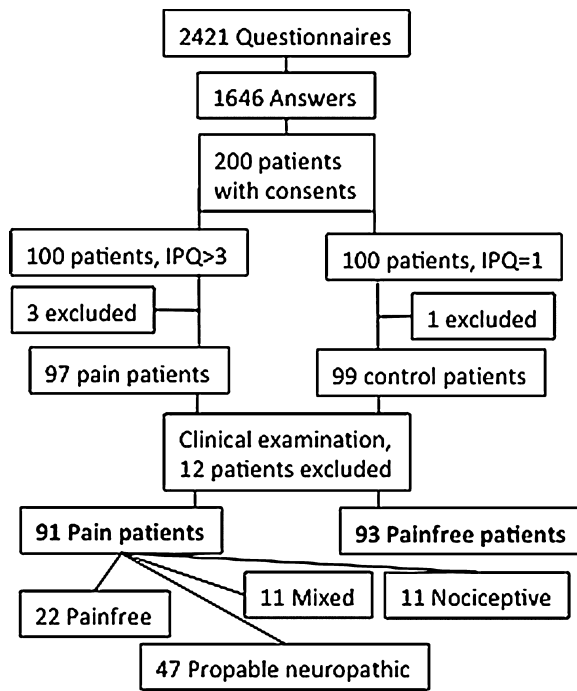


Fig. 1. Flow chart showing patient recruitment. IPQ = inguinal pain questionnaire.

distribution of men to women was 83 to 8 in the pain group and 87 to 6 in the control group. Mean age was 57.7 years (Standard Deviation [SD] 14.8 years) in the pain group and 58.0 years (SD 14.6 years) in the control group.

Median age was 58.8 years, range 21–85 years in the pain group and 59.7 years, range 21–85 years in the control group. Mean time since surgery was 49.1 months (SD 23.1 months) in the pain group and 56.5 years (21.8 years) in the control group. Laparoscopic techniques had been used in 11 cases (12.0%) in the pain group and 14 (15.0%) in the control group.

As part of the clinical examination the participants underwent sensory testing [20]. Through the sensory testing, patients with neuropathic pain were identified (Table 3). In the clinical

examination, twelve participants with other causes for their pain were identified and excluded from further analysis [20].

The nature of pain was classified as probable neuropathic in more than half of the patients with pain. Demographics of the patients included are presented in Table 3. The time from operation to examination was significantly shorter in the pain group than in the pain-free group ( $P=0.027$ ). Forty-two controls and 74 patients with pain had disturbances in sensory qualities.

The distribution of SNPs between the pain and the pain-free group is shown in Table 4.

Odds ratios (OR) for developing PPSP are shown in Table 4. We did not detect significant differences between the SNP carriers in the pain-free and pain groups.

78.7% of the patients in the probable neuropathic pain group carried the TNF- $\alpha$  G308A SNP, compared to 58.8% in the pain-free group ( $P=0.036$ ). There were no statistically significant differences in the distribution of the other SNPs studied between the pain-free and probable neuropathic pain groups (Table 5).

Interaction between the BDNF and OPRM1 SNPs did not reveal a significant odds ratio (data not shown). In the subgroup with probable neuropathic pain, the mean BDNF levels were higher in the OPRM1 A→A-group (24.52, SD 4.38) than in other OPRM1-SNP groups (22.91, SD 3.02), but significant difference was not reached ( $P=0.217$ ).

GCH haplotypes were analysed according to Lötsch et al. [23] (Tables 6 and 7). No significant differences were found between the groups pain/no pain ( $P=0.41$ ) and neuropathic pain/other pain/no pain ( $P=0.945$ ). Risk ratio for developing pain (vs no pain) with “pain protective haplotype absent”-haplotype was 1.06 and for developing neuropathic pain (vs other pain or no pain) was 1.185.

#### 4. Discussion

The present study shows a clear relationship between a specific single nucleotide polymorph on the TNF- $\alpha$  gene and the risk for PPSP following inguinal hernia surgery. Although the development of PPSP is multifactorial, the impact of genetic susceptibility was large enough to be identified even when obscured by other factors.

Over the last two decades, focus on pain as an outcome measure in both surgery and anaesthesia has increased [24]. Despite multimodal pain treatment, many patients still develop PPSP. PPSP

Table 3  
Demographics of the patients.

	Pain-free group	Pain group	Neuropathic pain
N	93	91	47
Men:women, N:N	87:6	83:8	41:6
Mean age, years $\pm$ SD	58.0 $\pm$ 14.6	57.7 $\pm$ 14.8	55.4 $\pm$ 14.4
Laparoscopic repairs, N (%)	14 (15.0)	11 (12.0)	7 (14.9)
Mean time since surgery, months $\pm$ SD	56.5 $\pm$ 21.8	49.1 $\pm$ 23.1	52.2 $\pm$ 26.1
Preoperative pain, N (%)	58 (62.4)	73 (80.3)	37 (78.7)

Table 4  
Incidence (%) and risk ratios for developing PPSP by SNP. Associations between SNP and PPSP were tested using the chi-square test by grouping patients with heterozygous SNP together with the smallest homozygous group.

	Pain-free group (N = 93)	Pain group (N = 91)	P	RR (95% CI)
TNF- $\alpha$ (GG), N (%)	55 (59.1)	66 (72.5)	0.056	1.38 (0.97–1.94)
rs1800629				
CACNA2D2 (GG), N (%)	65 (69.9)	63 (69.2)	0.922	0.98 (0.72–1.35)
rs5030977				
GRIK1 (TT), N (%)	47 (50.5)	56 (61.5%)	0.133	1.26 (0.93–1.71)
rs6691840				
BDNF (GG), N (%)	60 (64.5)	59 (64.8)	0.964	1.01 (0.74–1.37)
rs6265				
OPRM1 (AA), N (%)	65 (69.9)	65 (71.4)	0.819	1.04 (0.75–1.45)
rs1799971				

CI = confidence interval.

**Table 5**

Incidence (%) and risk for developing neuropathic pain according to SNP.

	No (more) pain (N = 114)	Neuropathic pain (N = 47)	Other type of pain (N = 23)	Pearson Chi <sup>2</sup> (P)	RR (95% CI)
TNF- $\alpha$ (GG), N (%)	67 (58.8)	37 (78.7)	17 (73.9)	0.036	1.93 (1.03–3.61)
rs1800629					
CACNA2D2 (GG), N (%)	80 (70.2)	34 (72.3)	14 (60.9)	0.603	1.14 (0.66–2.00)
rs5030977					
GRIK (TT), N (%)	59 (51.8)	28 (59.6)	16 (69.6)	0.247	1.16 (0.70–1.92)
rs6691840					
BDNF (GG), N (%)	71 (62.3)	30 (63.8)	18 (78.3)	0.340	0.96 (0.58–1.61)
rs6265					
OPRM1 (AA), N (%)	80 (70.2)	33 (70.2)	17 (73.9)	0.935	0.98 (0.57–1.68)
rs1799971					

In the group “No more pain” are included all patients who did not have pain at the time of the clinical examination, i.e. initial pain-free group, and those from the initial pain group who had become pain-free during the time between IPQ and clinical examination. CI = confidence interval.

**Table 6**

Incidence (%) of GCH haplotypes and PPSP.

GCH haplotype	Pain-free group (N = 93)	Pain group (N = 91)
Pain protective: absent, N (%)	67 (72.0)	67 (73.6)
Pain protective: heterozygous, N (%)	22 (23.7)	23 (25.3)
Pain protective: homozygous, N (%)	4 (4.3)	1 (1.1)

constitutes a considerable financial burden for society [25]. Even if the surgical trauma and environmental factors are most important in the pathogenesis behind PPSP, genetic factors must also be considered [26]. Since genetic polymorphism has been linked to susceptibility to painful conditions, such as fibromyalgia, and response to analgesia, it has been suggested that genetic factors may explain why some patients develop chronic pain and others do not [27]. The results from recent studies have provided contradictory results. In a large study of patients undergoing hernia repair, hysterectomy and thoracotomy, no significant genetic difference were seen between patients perceiving persisting pain and controls [27]. On the other hand, functional variations in the COMT and GCH1 have been associated to postherniotomy pain and related impairment [28]. More studies confirming or negating these associations are needed before definite conclusions can be drawn.

TNF- $\alpha$  is an inflammatory cytokine that plays a crucial role in the development of PPSP both at the central and peripheral level [29]. Plasma TNF- $\alpha$  levels increase after surgery. Many attempts have been made to diminish the inflammatory cascade and consequent oedema, both by indirect anti-inflammatory drugs [30,31] and cytokine antibodies [32]. Whether this reduces the risk of developing PPSP is, however still not determined. Our study shows that a single nucleotide polymorph in the TNF-alpha gene has a significant impact on the risk for developing neuropathic PPSP. It cannot, however, be excluded that the other genes studied are also involved in the development of PPSP since sufficient statistical power to detect the impact of those SNPs may have been lacking. A possible synergistic interaction between BDNF and OPRM1 was taken into account. A combination of SNPs on these genes was not associated with PPSP in the population studied. In this sample of

200 patients we could not confirm the relationship between PPSP (neuropathic pain in particular) and the GCH haplotypes. This, however, has recently been confirmed by Belfer et al. [28] in a larger study on 429 caucasian males.

Most patients in this study suffered from neuropathic pain [20]. Microglia are activated in neuropathic pain states and excrete cytokines, complement components and other transmission substances [33]. TNF- $\alpha$  is one of the cytokines known to be involved in the development of hyperalgesia and allodynia, features typical of neuropathic pain.

#### 4.1. Strengths of the study

The follow-up time was more than one year for all patients, which is sufficient to define the pain as PPSP [34]. The study sample was drawn from a well-controlled cohort, with a high coverage. The clinical outcome was based on a validated patient-reported outcome measure.

#### 4.2. Limitations of the study

Although the present study included some of the genes suggested to be involved in the pathogenesis, there are other genes that may play even more important, e.g. the catechol-O-methyl transferase/opioid receptor  $\mu$ -1, which may be crucial for the Mu opioid receptor binding potential [35].

For each gene, only one or three SNP were analysed. Although more SNP could have been analysed, the SNPs with the greatest prevalence of polymorphism and assumed to have the strongest association with PPSP were selected.

The analysis was based on one-tailed tests, without correction for multiple testing, since the SNP a priori were assumed to be associated with increased risk of PPSP. Two-tailed tests or correction for multiple testing would have eliminated the statistical significance seen in this study.

The results from this study have not been replicated in other study groups. The present study was based on a limited sample, which may not be representative of other groups with PPSP. Future extended studies are necessary to confirm the findings of this study.

**Table 7**

Incidence (%) of GCH haplotypes and type of pain.

GCH haplotype	No (more) pain (N = 114)	Neuropathic pain (N = 47)	Other type of pain (N = 23)
Pain protective absent, N (%)	82 (71.9)	36 (76.6)	16 (69.6)
Pain protective heterozygous, N (%)	28 (24.6)	11 (23.4)	6 (26.1)
Pain protective homozygous, N (%)	4 (3.5)	0 (0)	1 (4.3)

There were no significant differences between the groups (ANOVA,  $P = 0.945$ ).



## 5. Conclusions

The role of a single nucleotide polymorph on the TNF- $\alpha$  gene was found to be associated with neuropathic PPSP in this study on herniorrhaphy patients. The findings of this study should be corroborated by further studies including patients with neuropathic pain of causes other than trauma inflicted by hernia repair. Furthermore there are a considerable number of genes that have been hypothesised as influencing pain, of which we have analysed only six [35,36]. Nevertheless, our results confirm the fact that genetic variance may play a role in the development of PPSP.

## Conflict of interest

The authors declare no conflict of interest.

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